

STEWARDSHIP REPORT

2022

EXCELLENCE. COMPASSION. IMPACT.



TAHOE FOREST
HEALTH SYSTEM
FOUNDATION

Getting TO Know

THE TAHOE FOREST HEALTH SYSTEM

Who is Tahoe Forest Health System?

The vision for the Tahoe Forest Health System is simple: to be the best rural healthcare organization in the nation. Our not-for-profit healthcare district serves over five counties. We are a designated UC Davis Rural Center for Excellence, recognized for our commitment to providing top quality care for our community members. We are also a proud affiliate of the UC Davis Comprehensive Cancer Center, a network that unites five hospital-based Cancer Centers dedicated to providing exceptional cancer treatment in rural settings. Our goal is to guarantee comprehensive healthcare for our region.

Tahoe Forest Health System's Commitment to Competitive Healthcare Pricing

The Tahoe Forest Health System is a freestanding, rural health care system that provides a core service to our community, and is independent from larger, more costly health care organizations. No patient is precluded from receiving services, regardless of insurance status. Our commitment to serving every person in our region is unwavering.

Tahoe Forest Health System has covered **\$93.4 Million** in patient charity care and uncollectable debt for our patients over the last **7 Years**



Tahoe Forest Health System Reinvests

Despite operating at a higher than average cost-of-living index compared to the rest of California — which increases construction and labor costs — we are committed to reinvesting in the communities we serve by expanding medical office space, technology, and patient parking. In addition, TFHS is dedicated to expanding its medical staff. Seven years ago, we had 115 medical staff providers and today, we have 172. Meeting the needs of our growing population is a priority.



Tahoe Forest Health System has invested **\$99.7 Million** in building space and state-of-the-art equipment for our patients over the last **7 Years**



In 1951, the Dick Joseph Family donated the land on which the Tahoe Forest Hospital now resides.

Who is Tahoe Forest Health System Foundation?

The Tahoe Forest Health System Foundation is the charitable arm of our organization, dedicated to channeling contributions from our community members into investments that support essential healthcare for all residents. The Foundation is committed to supporting renowned healthcare services with state-of-the-art equipment critical to comprehensive hospital operations, and ensuring that the public has continued access to high quality care.

Expanding Philanthropic Support

The Tahoe Forest Health System Foundation Board of Directors and staff are dedicated to building lasting relationships with our current and prospective donors. Our mutual pledge to advance Tahoe Forest Health System's commitment to the health and wellness of every person in our community takes precedence. There are many ways for donors to give, and they can do so in a way that aligns with their charitable giving goal.

The Impact of Your Gift

The Tahoe Forest Health System Foundation utilizes gifts from donors to enhance the patient care experience. By supporting the Foundation, our donors make a substantial impact in helping maintain the excellent level of patient care services. Charitable gifts allow our Hospital to remain a thriving and vital community resource. The Foundation's important work guarantees that exceptional, local healthcare will always exist in the Tahoe Truckee community.

100% of Every Dollar given to the
Tahoe Forest Health System Foundation
goes to the area of support **Designated**
by the Donor



DID *You* KNOW?

With help from our generous community of donors, the Tahoe Forest Health System Foundation was able to elevate patient care by purchasing and committing to fund the following lifesaving initiatives.



\$500,000 was designated from the **TFHS Foundation's Area of Greatest Need** by our Board of Directors to support the new **3T MRI** project for **Tahoe Forest Hospital's Diagnostic Imaging Department**



The **TFHS Foundation** supported our **Emergency Services Department** with **\$42,000** in funding to provide three pieces of advanced equipment:

- The **GE Panda Baby Warmer** supports our smallest patients by offering integrated blood oxygen level monitoring and immediate access to emergency resuscitation equipment for high-risk infants
- Purchased with grant monies awarded by the Martis Valley Community Foundation, we provided our **Emergency Room's Level III Trauma Center** with a special crisis response **Trauma Gurney**, allowing for unobstructed patient access and integrated imaging ability
- The **TFHS Foundation** provided a **Nitrous Oxide Pain Management System** in partnership with the Martis Camp Community Foundation, offering patients a safe, immediate, and non-habit forming pain management option



\$123,000 from the **TFHS Foundation's Oncology Support Services** helped cancer patients by funding patient and family care services



The **TFHS Foundation** transferred **\$8,000** from the **Cancer Center General Fund** toward the purchase of **Sophisticated Televisions** for each infusion bay



TFHS continues to receive support from a **\$600,000** federal grant awarded by the Department of Health and Human Services to enhance **Behavioral Health Services** for Tahoe Truckee community members



**In 2022, Tahoe Forest
Health System Foundation
received \$1,088,241
from nearly 800 unique
and generous donors.**



YOUR *Gift* AT WORK

Your generosity and continued support positively affects the quality of healthcare offered in our community. Tahoe Forest Health System provides exceptional patient care to residents, seasonal homeowners, and High Sierra visitors in many significant ways.

In 2022 at Tahoe Forest Health System, there were:



172,037

Tahoe Forest Health System Clinic visits by adult, child, and infant patients



14,074

Emergency Room visits by community members needing immediate, compassionate care



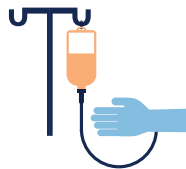
13,326

Diagnostic Imaging procedures performed by skilled technicians at the Tahoe Forest Hospital



13,020

Orthopedic Clinic patient visits



3,895

Gene Upshaw Memorial Tahoe Forest Cancer Center patients served with compassion at our state-of-the-art facility



337

Babies born at our **Joseph Family Center for Women and Newborn Care**

CHOOSE *Your* AREA OF IMPACT

There are a variety of ways for you to support the Tahoe Forest Health System. Every gift benefits the welfare of those in our Tahoe Truckee community. Each donation goes directly toward the Health System's projects and programs that YOU care about. If you are interested in contributing to the Foundation today, please read on to learn more about your giving options.

Area of Greatest Need

When you designate your gift to Area of Greatest Need, the Foundation Board of Directors will direct your donation toward the Hospital's most significant need. In our undertaking to offer the best patient care experience possible, having access to comprehensive services and programs, as well as state-of-the-art technology and diagnostic equipment, is a vital necessity.

Recently, the Tahoe Forest Health System Foundation provided **\$500,000** in funding for the new **3T MRI** for the Hospital's **Diagnostic Imaging Department**



Gene Upshaw Memorial Tahoe Forest Cancer Center

The Gene Upshaw Memorial Tahoe Forest Cancer Center offers unmatched cancer care, equipment, and technology on par with most urban health care systems. They provide medical evaluation, diagnosis, treatment, PET/CT scans, ultrasound, digital mammography, chemotherapy infusion, and pharmacy/lab services. Additionally, physical therapy, family support programs, and psychosocial services are also offered. Gifts to the Cancer Center support further enhancement of services and the advancement of specialized equipment, both of which have a profound impact on the lives of our patients.

Emergency Department

The Tahoe Forest Health System Emergency Room is a full-service emergency department. Gifts to Emergency Services directly supports equipment and supply needs that assist with the functionality of the department. This crucial technology is more important than ever for our Level 3 Trauma Center.



The Tahoe Forest Emergency Room
is **Open 24 Hours a Day,**
7 Days a Week



TAHOE FOREST
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- **Gifts of Cash**

Gifts of cash, by check, or credit card are the most direct ways to give to TFHS Foundation. As a not-for-profit 501(c)(3) organization, your gift is tax deductible to the full extent allowed by law.

- **Gifts of Securities**

After being held for a minimum of one year, stock that has increased in value is one of the most popular assets used for charitable giving. Donating appreciated securities is a simple gift that can offer a greater tax benefit than an equivalent in cash. Using appreciated securities entitles you to a charitable deduction for the fair market value of the donated asset, and you avoid paying the capital gains tax you would pay if you sold the appreciated securities.

- **Gifts From a Retirement Plan**

If you are required to take a minimum distribution from a retirement account, a Qualified Charitable Distribution can be made from an IRA to the TFHS Foundation. This will allow you to lower your gross income and possibly reduce your income or estate tax by transferring the additional taxable income to TFHS Foundation.

- **Gifts From a Donor Advised Fund**

A Donor Advised Fund, or DAF, is like a charitable investment account. You are generally eligible to take an immediate tax deduction when you contribute assets from a DAF. You can recommend grants to TFHS Foundation from this type of tax-free investment fund.

- **Gift From a Matching Gift Program**

Double your donation to TFHS Foundation. Many employers sponsor matching gift programs that will match charitable contributions made by their employees. The match ratio is often 1:1, so by taking advantage of such a program, you can effectively double the impact of your gift.



GIVING *Tomorrow*

If you are interested in supporting the long-term vision of the Health System, you can make a plan to give a gift to TFHS Foundation in the future so that we can continue to provide life-saving services for all community members. There are numerous estate planning techniques available that can maximize your testamentary charitable gifting and mitigate tax exposure. Please consult your tax advisor or estate planner for more information about tax deductions for charitable donations, and review a few of the options below:

- **Will or Trust Bequests**

These gifts are made by including a provision in your will or trust document. TFHS Foundation receives your gift after your passing, at which time your estate can take the income and estate tax deductions.

- **Charitable Lead Trust**

A charitable lead trust would pay TFHS Foundation for a certain number of years, after which the trust principal will pass back to you, your family members, or other heirs. It can be an excellent estate planning vehicle if you own assets that you expect will substantially appreciate in value. It can help you keep an asset in the family while enjoying some tax benefits.

- **Charitable Remainder Trust**

A charitable remainder trust is the mirror image of the charitable lead trust. Trust income is payable to you, your family members, or other heirs for a period of years, then the principal would come to TFHS Foundation. A charitable remainder trust can be beneficial because it provides you with a stream of current income.

Donors who notify the Foundation of their intent to include TFHS Foundation in their will or trust are instated as a **TFHSF Legacy Partner in Health** member. The Foundation would like to thank and recognize (based on donor preference) supporters for their intention to give while they are still living.

Scan me!



Make a life-saving gift
to the Tahoe Forest
Health System Foundation *Today!*



Scan me!



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