



TAHOE FOREST HOSPITAL DISTRICT

# Board Community Benefit Committee

Apr 21, 2015 at 02:00 PM - 03:30 PM

Foundation Conference Room

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# Meeting Book - 2015 Apr 21 Board Community Benefit Committee

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### 5. APPROVAL OF MINUTES OF: 03/27/2015

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### 6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

#### 6.1. Proposed Budget for Board Approved Priority Community Wellness Initiatives

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#### 6.2. Consideration of Input From The Community Health Stakeholders

No related materials



# COMMUNITY BENEFIT COMMITTEE AGENDA

Tuesday, April 21, 2015 at 2:00 p.m.  
Foundation Conference Room - Tahoe Forest Health System Foundation  
10976 Donner Pass Rd, Truckee, CA.

**1. CALL TO ORDER**

**2. ROLL CALL**

Charles Zipkin, M.D., Chair; Karen Sessler, M.D., Board Member

**3. CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA**

**4. INPUT – AUDIENCE**

This is an opportunity for members of the public to address the Committee on items which are not on the agenda. Please state your name for the record. Comments are limited to three minutes. Written comments should be submitted to the Board Clerk 24 hours prior to the meeting to allow for distribution. Under Government Code Section 54954.2 – Brown Act, the Committee cannot take action on any item not on the agenda. The Committee may choose to acknowledge the comment or, where appropriate, briefly answer a question, refer the matter to staff, or set the item for discussion at a future meeting.

**5. APPROVAL OF MINUTES OF: 03/27/2015 ..... ATTACHMENT**

**6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION**

**6.1. Proposed Budget for Board Approved Priority Community Wellness Initiatives ..... ATTACHMENT**

The Committee will review and finalize a proposed budget for approval consideration with the FY2015/2016 budget.

**6.2. Consideration of Input From The Community Health Stakeholders**

The Committee will discuss and give consideration to process by which input from community health stakeholders may be obtained.

**7. REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS**

**8. AGENDA INPUT FOR NEXT COMMITTEE MEETING**

**9. NEXT MEETING DATE**

**10. ADJOURN**

\*Denotes material (or a portion thereof) may be distributed later.

Note: It is the policy of Tahoe Forest Hospital District to not discriminate in admissions, provisions of services, hiring, training and employment practices on the basis of color, national origin, sex, religion, age or disability including AIDS and related conditions.

Equal Opportunity Employer. The meeting location is accessible to people with disabilities. Every reasonable effort will be made to accommodate participation of the disabled in all of the District's public meetings. If particular accommodations for the disabled are needed (i.e., disability-related aids or other services), please contact the Executive Assistant at 582-3481 at least 24 hours in advance of the meeting.



# COMMUNITY BENEFIT COMMITTEE

## DRAFT MINUTES

Friday, March 27, 2015 at 1:00 p.m.  
Eskridge Conference Room, Tahoe Forest Hospital  
10121 Pine Avenue, Truckee, CA

### 1. CALL TO ORDER

Meeting was called to order at 1:03pm

### 2. ROLL CALL

Board: Charles Zipkin, M.D., Chair; Karen Sessler, M.D., Board Member

Staff: Crystal Betts, Chief Financial Officer; Judy Newland, Chief Nursing/Operations Officer, Jake Dorst, Chief Information/Innovation Officer; Caroline Ford, Executive Director Wellness Neighborhood; Ted Owens, Director Community Development

*Meeting notes taken by Executive Director Wellness Neighborhood in the absence of the Clerk of the Board.*

### 3. CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA

### 4. INPUT – AUDIENCE

Heather Lutz provided input to the Board members from her experience as a community member of 12 years in Tahoe City. She raised concerns regarding adolescent alcohol use, prescription drugs, and marijuana use. She questioned how TFHD was engaged with the schools in education or other responses such as the Athlete Committed program. Ms. Ford provided responses to the questions and concerns raised, and articulated what current programs are being conducted by TFHD in conjunction with the Tahoe Truckee Unified School District.

### 5. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

#### 5.1. **Committee Charter and Goals**

The Committee's charter and board approved goals identified through the community needs assessment were reviewed and discussed.

**ACTION: Motion made to recommend to the full board for approval the Committee Charter and Goals as presented. Approved unanimously.**

#### 5.2. **Committee Membership**

Discussion will take place regarding composition of this new board committee. Discussion took place regarding representation of the Committee from the Incline Village area. Chief Nursing/Operations Officer discussed ways to assist with that representation and was requested to attend the Committee meetings to represent the Incline Village region.

Other discussion in the meeting focused on approaches to the community and to have their engagement before the Committee.

### 5.3. **Board Reviewed Priorities and Community Health Improvement Methods**

2015 TFHD Board-endorsed Community Improvement Issue Priorities were discussed.

Director Sessler discussed board level work, policy work and organizational value of issues that may grow from the Committee. Ms. Sessler also discussed the 2015 Community Health Improvement Plan and how it would be presented to the Committee before going to the full Board.

Discussion took place regarding what the key priorities are within TFHD.

### 6. **REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS**

Recommendation to full board for approval of Committee Charter and Goals.

### 7. **AGENDA INPUT FOR NEXT COMMITTEE MEETING**

The Committee will discuss a list of community representatives to be invited to a future meeting (about 6 to be invited together) in early May to present information about their organization and how TFHD might be of help to them. Dates that were suggested were: May 4, 5, or 6.

### 8. **NEXT MEETING DATE**

The next meeting was scheduled for April 21<sup>st</sup> at 2pm.

### 9. **ADJOURN**

Meeting adjourned at 2:30pm.



## Board Executive Summary

**By: Caroline Ford**  
Executive Director  
Wellness Neighborhood  
Community Health

**DATE:** April 20, 2015

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### **ISSUE:**

The presentation of the FY16 Wellness Neighborhood/Community Health priority initiatives, with budget summary, for strategic interventions in the Community Health Improvement Plan.

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### **BACKGROUND:**

The TFHD Board of Directors approved the Wellness Neighborhood/Community Health priority health issues for Fy 16 in February 2015 that will provide the strategic directions for community interventions and for TFHD services delivery. These priorities are aligned with the TFHD Triple Aim, most specifically in the area of population health, and are gauged to synchronize with the health system's transition from fee-for-service to value based care.

The priority initiatives are executed in concert with community partners and rely on advanced methods/evaluation efforts of Collective Impact to produce expanded results through the engagement of community organizations. The priority issues are: Optimizing Community Health, Substance Use and Abuse, Mental/Behavioral Health, and Access to Care and Preventive/Primary Health Services.

The strategic interventions rely on alignment of the priority health issues within community organizations to maximize the education and health improvement of populations within the region.

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### **ACTION REQUESTED:**

Feedback from the Committee is requested.

### **Alternatives:**

Fy 16  
**Wellness Neighborhood/Community Health**  
Budget Narrative

**Mission**

Develop a collaborative community-based system of care that transforms health in the high sierra region.

**Vision**

Achieve equitable, sustainable programs and partnerships that respond to local health priorities.

**Goals**

- a. Attain effective, equitable and accessible community health and wellness services through evidenced based practice;
- b. Align and strengthen existing community health services and programs internally and externally to optimize health;
- c. Integrate community systems of care that reflect preventive, primary, oral and behavioral health;
- d. Align with TFHS triple aim initiatives that expand community outreach and services in value-based care.

**Initiatives**

- Build capacity that improves community health priorities resulting in equitable health care;
- Utilize evidence based data to create programming reflective of area needs, is measurable, and optimizes health;
- Engage all age groups in the planning and transformation of the social determinants of health.

**Fy 16 Budget Priorities**

Optimizing Community Health

Substance Use and Abuse

Mental/Behavioral Health

Access to Care and Preventive/Primary Health Services

### **Strategic 2015 Initiatives:**

Utilize the results of the 2014 TFHS Community Health Needs Assessments whose data and information guides community-based interactive goal driven initiatives for the Community Health Improvement Plan;

Build community non-profit capacity that improves community health priorities resulting in equitable health care;

Partner with a lead community non-profit foundation to establish shared backbone support for collective impact approaches with mission-driven organizations;

Expand service delivery programs targeted at selective high need health burdens within the region focused on populations with disparities due to ethnicity, age, geography and income;

Focus on improvements of the social determinants of health impacting health priorities, policy, programming, and organizational collaborations through a community grants program in partnership with lead philanthropy and non-profit organizations.

## **Community Health Improvements 2015**

### **Optimizing Community Health:**

Expansion of Lay Health Worker “Promotores” system of care (Chronic Disease + Behavioral Health)

TFHS Care Coordination established for Chronic Disease case management and Behavioral Health

Nutrition education/intervention (spectrum of ages from birth-chronic disease-health maintenance-food scarcity) including G2H (Gardens2Hospital) + food policy initiatives

Community Health Outreach expansion of *Rethink Healthy!* Programming + activities (year-long education series, services etc.)

Establishing Community Advisory Groups associated with health initiatives

Collective Impact partnership with TT Community Foundation as backbone organizations

Healthy Communities Institute data and website support + expansion for enhanced community understanding of health determinants

Expanded programming with TTUSD/Nv & Placer Counties addressing adolescent health (Access to Care)

Establish partnership in schools and community organizations supporting Athlete Committed (Access to Care)

Community grants initiatives leveraged with area foundations directed to health priority targets



## **Substance Use and Abuse:**

Alcohol Edu within TTUSD

SBIRT (Screening, Brief Intervention, Referral & Treatment) within TFHS EDs

Program expansion supporting Mountain Gateway Center targeting at-risk youth

Partnership expansion with TTFWDD + multi-agency responses to alcohol and drug education and intervention

Programs targeting regional safe prescribing (surveillance - prescribing)

Partnership expansion with Nv. County Court + regional agencies establishing DUI court in Truckee

Physician partnership on community initiatives

Counseling services (contained in Mental/Behavioral Health)

## **Mental/Behavioral Health:**

TFHS Care Coordination established for Behavioral Health

Establish targeted Integrated Behavioral Health clinical services (Tele-psychiatry, adolescent/adult services)

Mountain Gateway Center at-risk youth

Family Resource Center Behavioral Health curriculum expansion to Promotores

Mental Health services fund with FRCs for persons-in-need

Grief counseling (adolescent/adult) partnership with FRCs + community organizations

Depression Screening (obstetrics-pediatrics-adult-seniors) within TFHS

Youth Suicide Prevention expansion to community for outreach activities and focus

Mental Health in the Mts education series

Crisis Response Team (coordination/planning) collaboration with law enforcement and Nv./Placer Counties HHS

Determine capacity for community-based non-profit mental health agency presence

Mental Health Services Directory

Mental Health First Aid Community + Know the Signs trainings

## **Access to Care and Preventive/Primary Health Services:**

School Health Initiative

TNT (Truckee/North Tahoe) adolescent youth initiative

BeFIT + school based health education initiatives

Athlete Committed

Affordable Preventive Health Screenings + expansion of screening opportunities/health education

Investigation/consideration of Placer County Primary Care Clinic-Kings Beach-primary care/dental/behavioral expansion

Dental Health expansion through support for dental screening/treatment with targeted populations

Satellite primary/preventive services-offsite

Senior programming for prevention, chronic disease screening/self-management

Certified Diabetic Education expansion

Chronic Disease Care Coordination (Optimize Community Health)

Health Fairs, Community Outreach

Community Health Education

DRAFT

### Optimizing Community Health

Priority Issue	Personnel	Material/Supplies	Subcontracts	CH Staff	Administration	Edu/Training
FRCs-Promotores	\$ 28,800		\$ 230,000	\$ 1,200		
Care Coord.-Chronic Disease	\$ 81,000	\$ 1,050	\$ 2,500			\$ 7,500
Nutrition Intervention			\$ 2,500	\$ 36,250		
<i>Rethink Healthy!</i>		\$ 3,000		\$ 35,500		
Est. Community Advisory Grp						
Collective Impact-Eval			\$ 20,000			
Healthy Comm. Website			\$ 13,200			
Athlete Committed-TTUSD		\$ 2,000		\$ 10,000		
Community Grants			\$ 57,500			
<b>TOTALS: \$ 532,000</b>	<b>\$ 109,800</b>	<b>\$ 6,050</b>	<b>\$ 325,700</b>	<b>\$ 82,950</b>		<b>\$ 7,500</b>

### Substance Use and Abuse

Priority Issue	Personnel	Material/Supplies	Subcontracts	CH Staff	Administration	Edu/Training
Alcohol Edu			\$ 7,500			
SBIRT					\$ 3,000	
Heart to Hand; At-Risk Youth			\$ 7,000			
TTFWDD-Multi Agency			\$ 5,000			
Rx Safe Prescribing					\$ 3,000	
DUI Court Partnership	\$ 2,700			\$ 6,250		
Comm. Phy. Engagement					\$ 5,000	
<b>TOTALS: \$ 39,450</b>	<b>\$ 2,700</b>		<b>\$ 19,500</b>	<b>\$ 6,250</b>	<b>\$ 11,000</b>	

### Mental/Behavioral Health

Priority Issue	Personnel	Material/Supplies	Subcontracts	CH Staff	Administration	Edu/Training
Care Coord. Behavioral Health	\$ 37,500					
Clinical Services Delivery (Tele-Psy, Psy, Peer Coun, LMFC-Adult&Child) Mt. Gateway Center (see above)			\$ 118,200			
FRC-Behavioral Health Training						\$ 2,500
Direct Services-FRC (Promot.budget)						
Grief Counseling (within clinical services expansion)						
Depression Screening					\$ 5,000	
Youth Suicide Prevention Expan.			\$ 20,000			
Mental Health in the Mts. series						\$ 2,000
Crisis Response Team (within clinical services delivery)						
Determine capacity community-based mental health non-profit agency			\$ 3,500			
Mental Health Directory			\$ 2,500			
Mental Health First Aid						\$ 4,000
<b>TOTALS: \$ 195,200</b>	<b>\$ 37,500</b>		<b>\$144,200</b>		<b>\$ 5,000</b>	<b>\$ 8,500</b>

**Access to Care-Preventive/Primary Health Services**

Priority Issue	Personnel	Material/Supplies	Subcontracts	CH Staff	Administration	Edu/Training
School Health Initiatives (TNT Wellness Cnts, BeFit)	\$ 2,754	\$ 3,000	\$ 80,000	\$ 33,000		
Affordable Lab Screening + exp.	\$ 12,800			\$ 5,000	\$ 20,000	
Primary Care Clinic Expansion					\$ 20,000	
Dental Health Expansion (Adult & child DDS + Hygienists + equip + supplies)		\$ 16,500	\$ 56,000			
Satellite Primary/Prev. off-site				\$ 10,000		
Senior Prog.-Chronic Dis. Self-Management, prevention					\$ 10,000	
Certified Diabetes Ed. training						\$ 3,000
Chronic Disease Care Coord. (See Optimize goal)						
Health Fairs + Comm. Ed.		\$ 17,900	\$ 4,500	\$ 3,840		
Community Health Education		\$ 4,000		\$ 12,000		
<b>TOTALS: \$ 314,294</b>	<b>\$ 15,554</b>	<b>\$ 41,400</b>	<b>\$140,500</b>	<b>\$ 63,840</b>	<b>\$ 50,000</b>	<b>\$ 3,000</b>

<i>Fy 16 WN/CH Operating + Initiatives</i>	Personnel	Material/Supplies	Subcontracts	CH Staff	Administration	Edu/Training
Priority Initiatives	\$ 165,554	\$ 47,450	\$629,900	\$ 153,040	\$ 66,000	\$ 19,000
Admin + all other programming	\$ 90,000	\$ 38,450		\$ 127,269	\$ 190,905	\$ 9,900
<b>TOTALS: \$1,537,468</b>	<b>\$ 255,554</b>	<b>\$ 85,900</b>	<b>\$629,900</b>	<b>\$ 280,309</b>	<b>\$ 256,905</b>	<b>\$ 28,900</b>