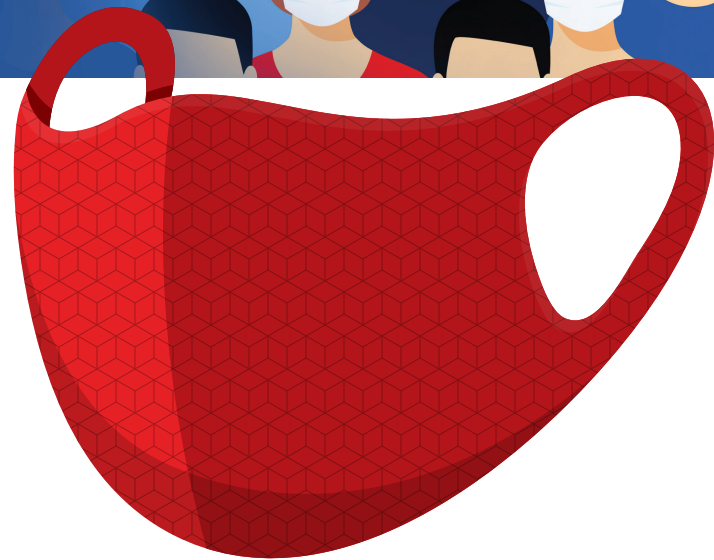
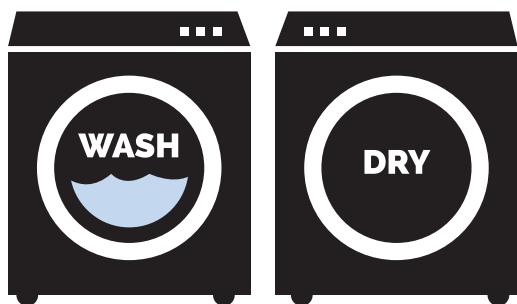


Dear patients,

If you are a recipient of a **handmade cloth mask**, for best performance and your safety, wash it every day that you use it.

WASH your mask either:

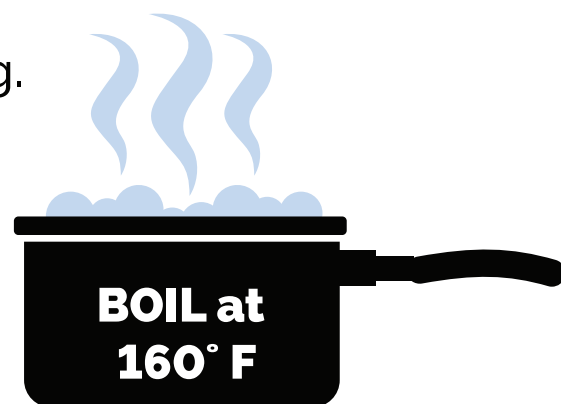
1. In a washing machine and dryer



.....**OR**.....

2. In a pot of boiling water on the stove

- You can use the same water every day, as it remains clean after boiling. The COVID-19 causing virus will die at **160 degrees Fahrenheit** and boiling temperature is about **190+ degrees Fahrenheit**. A rolling boil should suffice.



For your convenience, TFHS has pre-washed the cloth masks we give out to patients.



TAHOE FOREST
HEALTH SYSTEM

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