Board Community Benefit Committee

Apr 21, 2015 at 02:00 PM - 03:30 PM

Foundation Conference Room
AGENDA

5. APPROVAL OF MINUTES OF: 03/27/2015

03/27/15 Community Benefit_DRAFT Minutes

6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

   6.1. Proposed Budget for Board Approved Priority Community Wellness Initiatives

       a) Executive Summary

       b) FY16 DRAFT Proposed Budget

   6.2. Consideration of Input From The Community Health Stakeholders

No related materials
COMMUNITY BENEFIT COMMITTEE
AGENDA
Tuesday, April 21, 2015 at 2:00 p.m.
Foundation Conference Room - Tahoe Forest Health System Foundation
10976 Donner Pass Rd, Truckee, CA.

1. CALL TO ORDER

2. ROLL CALL
Charles Zipkin, M.D., Chair; Karen Sessler, M.D., Board Member

3. CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA

4. INPUT – AUDIENCE
This is an opportunity for members of the public to address the Committee on items which are not on the agenda. Please state your name for the record. Comments are limited to three minutes. Written comments should be submitted to the Board Clerk 24 hours prior to the meeting to allow for distribution. Under Government Code Section 54954.2 – Brown Act, the Committee cannot take action on any item not on the agenda. The Committee may choose to acknowledge the comment or, where appropriate, briefly answer a question, refer the matter to staff, or set the item for discussion at a future meeting.

5. APPROVAL OF MINUTES OF: 03/27/2015 ................................................................. ATTACHMENT

6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION
6.1. Proposed Budget for Board Approved Priority Community Wellness Initiatives ........ ATTACHMENT
The Committee will review and finalize a proposed budget for approval consideration with the FY2015/2016 budget.
6.2. Consideration of Input From The Community Health Stakeholders
The Committee will discuss and give consideration to process by which input from community health stakeholders may be obtained.

7. REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS
8. AGENDA INPUT FOR NEXT COMMITTEE MEETING
9. NEXT MEETING DATE
10. ADJOURN

*Denotes material (or a portion thereof) may be distributed later.

Note: It is the policy of Tahoe Forest Hospital District to not discriminate in admissions, provisions of services, hiring, training and employment practices on the basis of color, national origin, sex, religion, age or disability including AIDS and related conditions.

Equal Opportunity Employer. The meeting location is accessible to people with disabilities. Every reasonable effort will be made to accommodate participation of the disabled in all of the District’s public meetings. If particular accommodations for the disabled are needed (i.e., disability-related aids or other services), please contact the Executive Assistant at 582-3481 at least 24 hours in advance of the meeting.
1. **CALL TO ORDER**
   Meeting was called to order at 1:03pm

2. **ROLL CALL**
   Board: Charles Zipkin, M.D., Chair; Karen Sessler, M.D., Board Member
   Staff: Crystal Betts, Chief Financial Officer; Judy Newland, Chief Nursing/Operations Officer, Jake Dorst, Chief Information/Innovation Officer; Caroline Ford, Executive Director Wellness Neighborhood; Ted Owens, Director Community Development
   
   *Meeting notes taken by Executive Director Wellness Neighborhood in the absence of the Clerk of the Board.*

3. **CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA**

4. **INPUT – AUDIENCE**
   Heather Lutz provided input to the Board members from her experience as a community member of 12 years in Tahoe City. She raised concerns regarding adolescent alcohol use, prescription drugs, and marijuana use. She questioned how TFHD was engaged with the schools in education or other responses such as the Athlete Committed program. Ms. Ford provided responses to the questions and concerns raised, and articulated what current programs are being conducted by TFHD in conjunction with the Tahoe Truckee Unified School District.

5. **ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION**

5.1. **Committee Charter and Goals**
   The Committee’s charter and board approved goals identified through the community needs assessment were reviewed and discussed.
   
   **ACTION:** Motion made to recommend to the full board for approval the Committee Charter and Goals as presented. Approved unanimously.

5.2. **Committee Membership**
   Discussion will take place regarding composition of this new board committee. Discussion took place regarding representation of the Committee from the Incline Village area. Chief Nursing/Operations Officer discussed ways to assist with that representation and was requested to attend the Committee meetings to represent the Incline Village region.
   
   Other discussion in the meeting focused on approaches to the community and to have their engagement before the Committee.
5.3. **Board Reviewed Priorities and Community Health Improvement Methods**

2015 TFHD Board-endorsed Community Improvement Issue Priorities were discussed.

Director Sessler discussed board level work, policy work and organizational value of issues that may grow from the Committee. Ms. Sessler also discussed the 2015 Community Health Improvement Plan and how it would be presented to the Committee before going to the full Board.

Discussion took place regarding what the key priorities are within TFHD.

6. **REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS**

Recommendation to full board for approval of Committee Charter and Goals.

7. **AGENDA INPUT FOR NEXT COMMITTEE MEETING**

The Committee will discuss a list of community representatives to be invited to a future meeting (about 6 to be invited together) in early May to present information about their organization and how TFHD might be of help to them. Dates that were suggested were: May 4, 5, or 6.

8. **NEXT MEETING DATE**

The next meeting was scheduled for April 21st at 2pm.

9. **ADJOURN**

Meeting adjourned at 2:30pm.
Board Executive Summary

By: Caroline Ford
Executive Director
Wellness Neighborhood
Community Health

DATE: April 20, 2015

ISSUE:

The presentation of the FY16 Wellness Neighborhood/Community Health priority initiatives, with budget summary, for strategic interventions in the Community Health Improvement Plan.

BACKGROUND:

The TFHD Board of Directors approved the Wellness Neighborhood/Community Health priority health issues for FY 16 in February 2015 that will provide the strategic directions for community interventions and for TFHD services delivery. These priorities are aligned with the TFHD Triple Aim, most specifically in the area of population health, and are gauged to synchronize with the health system’s transition from fee-for-service to value based care.

The priority initiatives are executed in concert with community partners and rely on advanced methods/evaluation efforts of Collective Impact to produce expanded results through the engagement of community organizations. The priority issues are: Optimizing Community Health, Substance Use and Abuse, Mental/Behavioral Health, and Access to Care and Preventive/Primary Health Services.

The strategic interventions rely on alignment of the priority health issues within community organizations to maximize the education and health improvement of populations within the region.

ACTION REQUESTED:

Feedback from the Committee is requested.

Alternatives:
Mission
Develop a collaborative community-based system of care that transforms health in the high sierra region.

Vision
Achieve equitable, sustainable programs and partnerships that respond to local health priorities.

Goals
a. Attain effective, equitable and accessible community health and wellness services through evidenced based practice;
b. Align and strengthen existing community health services and programs internally and externally to optimize health;
c. Integrate community systems of care that reflect preventive, primary, oral and behavioral health;
d. Align with TFHS triple aim initiatives that expand community outreach and services in value-based care.

Initiatives
- Build capacity that improves community health priorities resulting in equitable health care;
- Utilize evidence based data to create programming reflective of area needs, is measurable, and optimizes health;
- Engage all age groups in the planning and transformation of the social determinants of health.

Fy 16 Budget Priorities
Optimizing Community Health
Substance Use and Abuse
Mental/Behavioral Health
Access to Care and Preventive/Primary Health Services
Strategic 2015 Initiatives:
Utilize the results of the 2014 TFHS Community Health Needs Assessments whose data and information guides community-based interactive goal driven initiatives for the Community Health Improvement Plan;

Build community non-profit capacity that improves community health priorities resulting in equitable health care;

Partner with a lead community non-profit foundation to establish shared backbone support for collective impact approaches with mission-driven organizations;

Expand service delivery programs targeted at selective high need health burdens within the region focused on populations with disparities due to ethnicity, age, geography and income;

Focus on improvements of the social determinants of health impacting health priorities, policy, programming, and organizational collaborations through a community grants program in partnership with lead philanthropy and non-profit organizations.

Community Health Improvements 2015

Optimizing Community Health:
Expansion of Lay Health Worker “Promotores” system of care (Chronic Disease + Behavioral Health)
TFHS Care Coordination established for Chronic Disease case management and Behavioral Health
Nutrition education/intervention (spectrum of ages from birth-chronic disease-health maintenance-food scarcity) including G2H (Gardens2Hospital) + food policy initiatives
Community Health Outreach expansion of Rethink Healthy! Programming + activities (year-long education series, services etc.)
Establishing Community Advisory Groups associated with health initiatives
Collective Impact partnership with TT Community Foundation as backbone organizations
Healthy Communities Institute data and website support + expansion for enhanced community understanding of health determinants
Expanded programming with TTUSD/Nv & Placer Counties addressing adolescent health (Access to Care)
Establish partnership in schools and community organizations supporting Athlete Committed (Access to Care)
Community grants initiatives leveraged with area foundations directed to health priority targets
Substance Use and Abuse:
Alcohol Edu within TTUSD
SBIRT (Screening, Brief Intervention, Referral & Treatment) within TFHS EDs
Program expansion supporting Mountain Gateway Center targeting at-risk youth
Partnership expansion with TTFWDD + multi-agency responses to alcohol and drug education and intervention
Programs targeting regional safe prescribing (surveillance - prescribing)
Partnership expansion with Nv. County Court + regional agencies establishing DUI court in Truckee
Physician partnership on community initiatives
Counseling services (contained in Mental/Behavioral Health)

Mental/Behavioral Health:
TFHS Care Coordination established for Behavioral Health
Establish targeted Integrated Behavioral Health clinical services (Tele-psychiatry, adolescent/adult services)
Mountain Gateway Center at-risk youth
Family Resource Center Behavioral Health curriculum expansion to Promotores
Mental Health services fund with FRCs for persons-in-need
Grief counseling (adolescent/adult) partnership with FRCs + community organizations
Depression Screening (obstetrics-pediatrics-adult-seniors) within TFHS
Youth Suicide Prevention expansion to community for outreach activities and focus
Mental Health in the Mts education series
Crisis Response Team (coordination/planning) collaboration with law enforcement and Nv./Placer Counties HHS
Determine capacity for community-based non-profit mental health agency presence
Mental Health Services Directory
Mental Health First Aid Community + Know the Signs trainings
Access to Care and Preventive/Primary Health Services:
School Health Initiative
   TNT (Truckee/North Tahoe) adolescent youth initiative
   BeFIT + school based health education initiatives
   Athlete Committed
Affordable Preventive Health Screenings + expansion of screening opportunities/health education
Investigation/consideration of Placer County Primary Care Clinic-Kings Beach-primary care/dental/behavioral expansion
Dental Health expansion through support for dental screening/treatment with targeted populations
Satellite primary/preventive services-offsite
Senior programming for prevention, chronic disease screening/self-management
Certified Diabetic Education expansion
Chronic Disease Care Coordination (Optimize Community Health)
Health Fairs, Community Outreach
Community Health Education
### Optimizing Community Health

<table>
<thead>
<tr>
<th>Priority Issue</th>
<th>Personnel</th>
<th>Material/Supplies</th>
<th>Subcontracts</th>
<th>CH Staff</th>
<th>Administration</th>
<th>Edu/Training</th>
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<td>Athlete Committed-TTUSD</td>
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### Substance Use and Abuse

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<td>Alcohol Edu</td>
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<td>Heart to Hand; At-Risk Youth</td>
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<td>DUI Court Partnership</td>
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## Mental/Behavioral Health

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<td>Mt. Gateway Center (see above)</td>
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<td>FRC-Behavioral Health Training</td>
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<td>Direct Services-FRC (Promot budgets)</td>
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<td>Grief Counseling (within clinical services expansion)</td>
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<td>Depression Screening</td>
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<td>Youth Suicide Prevention Expan.</td>
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<td>Determine capacity community-based mental health non-profit agency</td>
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### Access to Care-Preventive/Primary Health Services

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<td>Satellite Primary/Prev. off-site</td>
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<td>Senior Prog.-Chronic Dis. Self-Management, prevention</td>
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<td>Certified Diabetes Ed. training</td>
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<td>Chronic Disease Care Coord. (See Optimize goal)</td>
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<td>Health Fairs + Comm. Ed.</td>
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