# 2022-01-27 Regular Meeting of the Board of Directors

Thursday, January 27, 2022 at 4:00 p.m.

ursuant to Assembly Bill 361, the Regular Meeting of the Tahoe Forest Hospital District Board of Directors for January 27, 2022 will be conducted telephonically through Zoom.

Please be advised that pursuant to legislation and to ensure the health and safety of the public by limiting human contact that could spread the COVID-19 virus, the Eskridge Conference Room will not be open for the meeting.

Board Members will be participating telephonically and will not be physically present in the Eskridge Conference Room.

If you would like to speak on an agenda item, you can access the meeting remotely: Please use this web link: https://tfhd.zoom.us/j/89523586051

If you prefer to use your phone, you may call in using the numbers listed: (346) 248 7799 or (301) 715 8592, Meeting ID: 895 2358 6051



#### Meeting Book - 2022-01-27 Regular Meeting of the Board of Directors

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22. ADJOURN



### REGULAR MEETING OF THE BOARD OF DIRECTORS AGENDA

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#### Or join by phone:

If you prefer to use your phone, you may call in using the numbers listed: (346) 248 7799 or (301) 715 8592 Meeting ID: 895 2358 6051

Public comment will also be accepted by email to <a href="mailto:mrochefort@tfhd.com">mrochefort@tfhd.com</a>. Please list the item number you wish to comment on and submit your written comments 24 hours prior to the start of the meeting.

Oral public comments will be subject to the three minute time limitation (approximately 350 words). Written comments will be distributed to the board prior to the meeting but not read at the meeting.

- 1. CALL TO ORDER
- 2. ROLL CALL
- 3. DELETIONS/CORRECTIONS TO THE POSTED AGENDA
- 4. INPUT AUDIENCE

This is an opportunity for members of the public to comment on any closed session item appearing before the Board on this agenda. Please state your name for the record. Comments are limited to three minutes. Written comments should be submitted to the Clerk of the Board 24 hours prior to the meeting to allow for distribution.

#### 5. ITEMS FOR BOARD ACTION ♦

#### 6. CLOSED SESSION

6.1. Hearing (Health & Safety Code § 32155) ♦

Subject Matter: Fourth Quarter 2021 Corporate Compliance Report

Number of items: One (1)

## Regular Meeting of the Board of Directors of Tahoe Forest Hospital District January 27, 2022 AGENDA – Continued

#### 6.2. Conference with Real Property Negotiator (Gov. Code § 54956.8) ♦

Property Parcel Numbers: 018-630-020

Agency Negotiator: Harry Weis

Negotiating Party: Truckee Donner Recreation and Park District

Under Negotiation: Price & Terms of Payment

#### 6.3. Conference with Legal Counsel; Existing Litigation (Gov. Code § 54956.9(d)(1)) ♦

The Board finds, based on advice from legal counsel, that discussion in open session will

prejudice the position of the local agency in the litigation.

Name of Case: Waal v. Tahoe Forest Hospital District

Name of Claimant: Anna Waal

Case No. ADJ13776462

#### 6.4. Hearing (Health & Safety Code § 32155)

Subject Matter: First & Second Quarter Fiscal Year 2022 Disclosure Summary Report

Number of items: One (1)

#### 6.5. Hearing (Health & Safety Code § 32155) ♦

Subject Matter: 2021 Patient Safety Report

Number of items: One (1)

#### 6.6. Hearing (Health & Safety Code § 32155) ♦

Subject Matter: 2021 Risk Management Report

Number of items: One (1)

#### 6.7. Approval of Closed Session Minutes ♦

12/16/2021 Regular Meeting

#### 6.8. TIMED ITEM - 5:30PM - Hearing (Health & Safety Code § 32155) ♦

Subject Matter: Medical Staff Credentials

#### **APPROXIMATELY 6:00 P.M.**

#### 7. DINNER BREAK

#### 8. OPEN SESSION - CALL TO ORDER

#### 9. REPORT OF ACTIONS TAKEN IN CLOSED SESSION

#### 10. <u>DELETIONS/CORRECTIONS TO THE POSTED AGENDA</u>

#### 11. INPUT – AUDIENCE

This is an opportunity for members of the public to address the Board on items which are not on the agenda. Please state your name for the record. Comments are limited to three minutes. Written comments should be submitted to the Board Clerk 24 hours prior to the meeting to allow for distribution. Under Government Code Section 54954.2 – Brown Act, the Board cannot take action on any item not on the agenda. The Board Chair may choose to acknowledge the comment or, where appropriate, briefly answer a question, refer the matter to staff, or set the item for discussion at a future meeting.

#### 12. INPUT FROM EMPLOYEE ASSOCIATIONS

This is an opportunity for members of the Employee Associations to address the Board on items which are not on the agenda. Please state your name for the record. Comments are limited to three minutes.

## Regular Meeting of the Board of Directors of Tahoe Forest Hospital District January 27, 2022 AGENDA – Continued

#### 13. CONSENT CALENDAR ♦

These items are expected to be routine and non-controversial. They will be acted upon by the Board without discussion. Any Board Member, staff member or interested party may request an item to be removed from the Consent Calendar for discussion prior to voting on the Consent Calendar.

13.1. Approval of Minutes of Meetings	
<b>13.1.1.</b> 12/16/2021 Regular Meeting	ATTACHMENT
13.2. Financial Reports	
13.2.1. Financial Report – December 2021	ATTACHMENT
13.3. Board Reports	
13.3.1. President & CEO Board Report	ATTACHMENT
13.3.2. COO Board Report	ATTACHMENT
13.3.3. CNO Board Report	ATTACHMENT
13.3.4. CIIO Board Report	ATTACHMENT
13.3.5. CMO Board Report	ATTACHMENT
13.4. Approve Fourth Quarter 2021 Corporate Compliance Report	
13.4.1. Fourth Quarter 2021 Corporate Compliance Report	ATTACHMENT
13.5. Approve Annual Resolution Authorizing Board Compensation	
<b>13.5.1.</b> Resolution 2022-02	ATTACHMENT
13.6. Approve Revised Committee Charter	
13.6.1. Governance Committee Charter	ATTACHMENT
14. ITEMS FOR BOARD ACTION ♦	
14.1. 2022 Corproate Compliance Work Plan	ATTACUNAENT
The Board of Directors will review and consider approval of 2022 Corporate Complian	ice
Work Plan.	ATT A CLIB AFRIT
14.2. Resolution 2022-03	
The Board of Directors will consider approval of a resolution recognizing and honoring	_
efforts of the valued employee and healthcare professional of the Tahoe Forest Hosp	ıtaı
District.	
15. ITEMS FOR BOARD DISCUSSION	
15.1. Trauma Program Update	. ATTACHMENT*
The Board of Directors will receive a trauma program update.	

#### The Board of Directors will review results from the Medical Staff Press Ganey Engagement

Survey.

COVID-19.

**15.4. COVID-19 Update**The Board of Directors will receive an update on hospital and clinic operations related to

The Board of Directors will receive an annual update from the Wellness Neighborhood.

15.2. Wellness Neighborhood Update ...... ATTACHMENT

15.3. Medical Staff Press Ganey Engagement Survey Results ...... ATTACHMENT

#### 16. DISCUSSION OF CONSENT CALENDAR ITEMS PULLED, IF NECESSARY

#### 17. BOARD COMMITTEE REPORTS

#### 18. BOARD MEMBERS REPORTS/CLOSING REMARKS

## Regular Meeting of the Board of Directors of Tahoe Forest Hospital District January 27, 2022 AGENDA – Continued

- 19. CLOSED SESSION CONTINUED, IF NECESSARY
- 20. OPEN SESSION
- 21. REPORT OF ACTIONS TAKEN IN CLOSED SESSION, IF NECESSARY
- 22. ADJOURN

The next regularly scheduled meeting of the Board of Directors of Tahoe Forest Hospital District is February 24, 2022 at Tahoe Forest Hospital, 10121 Pine Avenue, Truckee, CA, 96161. A copy of the board meeting agenda is posted on the District's web site (<a href="www.tfhd.com">www.tfhd.com</a>) at least 72 hours prior to the meeting or 24 hours prior to a Special Board Meeting.

Note: It is the policy of Tahoe Forest Hospital District to not discriminate in admissions, provisions of services, hiring, training and employment practices on the basis of color, national origin, sex, religion, age or disability including AIDS and related conditions. Equal Opportunity Employer. The telephonic meeting location is accessible to people with disabilities. Every reasonable effort will be made to accommodate participation of the disabled in all of the District's public meetings. If particular accommodations for the disabled are needed or a reasonable modification of the teleconference procedures are necessary (i.e., disability-related aids or other services), please contact the Clerk of the Board at 582-3481 at least 24 hours in advance of the meeting.

<sup>\*</sup>Denotes material (or a portion thereof) <u>may</u> be distributed later.

#### TAHOE FOREST HOSPITAL DISTRICT RESOLUTION NO. 2022-01

# A RESOLUTION OF THE BOARD OF DIRECTORS OF THE TAHOE FOREST HOSPITAL DISTRICT AUTHORIZING REMOTE TELECONFERENCE MEETINGS OF THE BOARD OF DIRECTORS PURSUANT TO GOVERNMENT CODE SECTION 54953, SUBDIVISION (e)

WHEREAS, TAHOE FOREST HOSPITAL DISTRICT ("District") is a hospital district duly organized and existing under the "Local Health Care District Law" of the State of California;

WHEREAS, Government Code section 54953, subdivision (e), as amended by Assembly Bill No. 361, allows legislative bodies to hold open meetings by teleconference without reference to otherwise applicable requirements in Government Code section 54953, subdivision (b)(3), so long as the legislative body complies with certain requirements, there exists a declared state of emergency, and one of the following circumstances is met:

- 1. State or local officials have imposed or recommended measures to promote social distancing.
- 2. The legislative body is holding the meeting for the purpose of determining, by majority vote, whether as a result of the emergency, meeting in person would present imminent risks to the health or safety of attendees.
- 3. The legislative body has determined, by majority vote, pursuant to option 2, that, as a result of the emergency, meeting in person would present imminent risks to the health or safety of attendees.

WHEREAS, the Governor of California proclaimed a state of emergency pursuant to Government Code section 8625 on March 4, 2020;

WHEREAS, the District previously adopted Resolution No. 2021-04 finding that the requisite conditions exist for the District to conduct teleconference meetings under Government Code section 54953, subdivision (e);

WHEREAS, the District subsequently adopted resolutions at least every 30 days finding conditions exist to continue conducting meetings by teleconference, but more than thirty days have passed since the last such resolution, Resolution No. 2021-07, was adopted; and

WHEREAS, the Board of Directors desires to hold and continue to hold its public meetings by teleconference consistent with Government Code section 54953, subdivision (e).

NOW, THEREFORE, BE IT RESOLVED the Board of Directors of the Tahoe Forest Hospital District does hereby resolve as follows:

Section 1. <u>Recitals</u>. The Recitals set forth above are true and correct and are incorporated into this Resolution by this reference.

Section 2. <u>Conditions for Initial Teleconferencing Meeting are Met</u>. The Board of Directors found on October 28, 2022 and hereby finds and declares the following, as required by Government Code section 54953, subdivision (e)(3):

- 1. The Governor of California proclaimed a state of emergency on March 4, 2020, pursuant to Government Code section 8625, which remains in effect.
- 2. The Board of Directors has determined that, as a result of the emergency, meeting in person would present imminent risks to the health or safety of attendees.

Section 3. <u>Conditions for Continued Teleconferencing Meeting are Met.</u> Although more than thirty days have passed since Resolution No. 2021-07 was adopted, this Resolution is adopted in the spirit of continuing the findings made in Resolution No. 2021-07. In keeping with Resolution No. 2021-04 and Section 2 above, the District hereby finds and declares the following, as required by Government Code section 54953(e)(3):

- 1. The District has reconsidered the circumstances of the state of emergency declared by the Governor pursuant to his or her authority under Government Code section 8625; and
- 2. The state of emergency continues to directly impact the ability of members of the District to meet safely in person.

Section 4. <u>Meeting Requirements</u>. All meetings held pursuant to Government Code section 54953, subdivision (e) shall comply with the requirements of that section and all other applicable provisions of the Ralph M. Brown Act (Government Code section 54950 et seq.).

Section 5. <u>Application</u>. This authority granted by this Resolution to conduct teleconference meetings pursuant to Government Code section 54953, subdivision (e), shall apply to all legislative bodies of the District.

Section 4. Effective Date. This Resolution shall take effect immediately upon its adoption.

PASSED AND ADOPTED at the meeting of the Tahoe Forest Hospital District Board of Directors held on the 27th day of January, 2022 by the following vote:

AYES:	
NOES:	
ABSENT:	
ABSTAIN:	
	ATTEST:
Alyce Wong Chair, Board of Directors Tahoe Forest Hospital District	Martina Rochefort Clerk of the Board Tahoe Forest Hospital District



# REGULAR MEETING OF THE BOARD OF DIRECTORS DRAFT MINUTES

Thursday, December 16, 2021 at 4:00 p.m.

Pursuant to Assembly Bill 361, the Regular Meeting of the Tahoe Forest Hospital District Board of Directors for December 16, 2021 will be conducted telephonically through Zoom. Please be advised that pursuant to legislation and to ensure the health and safety of the public by limiting human contact that could spread the COVID-19 virus, the Eskridge Conference Room will not be open for the meeting. Board Members will be participating telephonically and will not be physically present in the Eskridge Conference Room.

#### 1. CALL TO ORDER

Meeting was called to order at 4:00 p.m.

#### 2. ROLL CALL

Board: Alyce Wong, Board Chair; Mary Brown, Vice Chair; Dale Chamblin, Treasurer; Michael McGarry, Secretary

Staff in attendance: Harry Weis, President & Chief Executive Officer; Judy Newland, Chief Operating Officer; Crystal Betts, Chief Financial Officer; Dr. Shawni Coll, Chief Medical Officer; Martina Rochefort, Clerk of the Board

Other: David Ruderman, General Counsel

Absent: Bob Barnett, Board Member

#### 3. DELETIONS/CORRECTIONS TO THE POSTED AGENDA

No changes were made to the agenda.

General Counsel read the board into Closed Session. *Director Barnett joined the meeting at 4:02 p.m.* 

#### 4. INPUT AUDIENCE

No public comment was received.

Open Session recessed at 4:03 p.m.

#### 5. CLOSED SESSION

#### 5.1. Conference with Real Property Negotiator (Gov. Code § 54956.8)

Property Parcel Numbers: 094-110-025-000

Agency Negotiator: Judith Newland Negotiating Party: Daniels Matthew

Under Negotiation: Price & Terms of Payment

Discussion was held on a privileged item.

## Regular Meeting of the Board of Directors of Tahoe Forest Hospital District December 16, 2021 DRAFT MINUTES – Continued

#### **5.2.** Liability Claim (Gov. Code § 54956.95)

Claimant: Donald Ladd

Claim Against: Tahoe Forest Hospital District

Discussion was held on a privileged item.

#### 5.3. Conference with Labor Negotiator (Government Code § 54957.6)

Name of District Negotiator(s) to Attend Closed Session: Alex MacLennan Employee Organization(s): Employees Association and Employees Association of Professionals

Discussion was held on a privileged item.

#### 5.4. Conference with Labor Negotiator (Government Code § 54957.6)

Name of District Negotiator(s) to Attend Closed Session: Mary Brown Unrepresented Employee: President & Chief Executive Officer Discussion was held on a privileged item.

#### 5.5. Approval of Closed Session Minutes

11/18/2021 Regular Meeting Discussion was held on a privileged item.

#### 5.6. TIMED ITEM – 5:30PM - Hearing (Health & Safety Code § 32155)

Subject Matter: Medical Staff Credentials
Discussion was held on a privileged item.

#### 6. **DINNER BREAK**

#### 7. OPEN SESSION – CALL TO ORDER

Open Session reconvened at 6:00 p.m.

#### 8. REPORT OF ACTIONS TAKEN IN CLOSED SESSION

General Counsel noted there was no reportable action taken on item 5.1. Item 5.2. Liability Claim was denied on a 5-0 vote. Items 5.3. and 5.4. had no reportable action. Item 5.5. Closed Session Minutes was approved on a 5-0 vote. Item 5.6. Medical Staff Credentials was approved on a 5-0 vote.

#### 9. DELETIONS/CORRECTIONS TO THE POSTED AGENDA

No changes were made to the agenda.

#### 10. <u>INPUT – AUDIENCE</u>

No public comment was received.

#### 11. INPUT FROM EMPLOYEE ASSOCIATIONS

No public comment was received.

#### 12. ACKNOWLEDGMENTS

- 12.1. Joji Huerto was named December 2021 Employee of the Month.
- 12.2. Sara Wojcik was named 2021 Employee of the Year.

#### 13. MEDICAL STAFF EXECUTIVE COMMITTEE

#### 13.1. Medical Executive Committee (MEC) Meeting Consent Agenda

MEC recommended the following for approval by the Board of Directors:

#### Policies with Changes

- Use of Communication Networks, DIT-2101
- Sentinel/Adverse Event/Error or Unanticipated Outcome, AQPI-1906

Disucssion was held.

#### ACTION: Motion made by Director Brown, to approve Medical Executive Committee Consent Agenda as presented, seconded by Director McGarry. Roll call vote

taken.

Barnett - AYE

McGarry - AYE

Chamblin - AYE

Brown - AYE

Wong – AYE

#### 14. CONSENT CALENDAR

#### 14.1. Approval of Minutes of Meetings

**14.1.1.** 11/15/2021 Special Meeting

**14.1.2.** 11/18/2021 Regular Meeting

#### 14.2. Financial Reports

**14.2.1.** Financial Report – November 2021

#### 14.3. Board Reports

- 14.3.1. President & CEO Board Report
- 14.3.2. COO Board Report
- 14.3.3. CNO Board Report
- 14.3.4. CIIO Board Report
- 14.3.5. CMO Board Report
- 14.3.6. CHRO Board Report

#### 14.4. Approve Board Policies

- 14.4.1. CEO Succession Plan, ABD-28
- 14.4.2. Post-Issuance Compliance Procedures for Outstanding Tax-Exempt Bonds,

**ABD-23** 

- **14.4.3.** Fiscal Policy, ABD-11
- 14.4.4. Financial Assistance Program Full Charity Care and Discount Charity Care Policies, ABD-09
- 14.4.5. Credit and Collection Policy, ABD-08

#### 14.5. Approve Resolution for Continued Remote Teleconference Meetings

**14.5.1.** Resolution 2021-07

### **ACTION:** Motion made by Director McGarry, to approve the Consent Calendar as

presented, seconded by Director Barnett. Roll call vote taken.

Barnett - AYE

McGarry - AYE

Chamblin - AYE

#### Regular Meeting of the Board of Directors of Tahoe Forest Hospital District

#### December 16, 2021 DRAFT MINUTES – Continued

Brown - AYE Wong - AYE

#### 15. ITEMS FOR BOARD DISCUSSION

#### 15.1. 2021 Cancer Center Quality Report

Dr. Melissa Kaime presented an annual quality report from the District's Gene Upshaw Memorial Tahoe Forest Cancer Center.

#### 16. ITEMS FOR BOARD ACTION

#### 16.1. Resolution 2021-08

The Board of Directors reviewed and considered approval of a resolution authorizing execution and delivery of a loan and security agreement, promissory note, and certain action in connection therewith for the California Health Facilities Financing Authority Nondesignated Public Hospital Bridge Loan Program. Discussion was held.

No public comment was received.

**ACTION:** Motion made by Director Brown, to approve Resolution 2021-08 authorizing execution and delivery of a loan and security agreement, promissory note, and certain action in connection therewith for the California Health Facilities Financing Authority Nondesignated Public Hospital Bridge Loan Program as presented, seconded by Director Chamblin. Roll call vote taken.

> Barnett - AYE McGarry - AYE Chamblin - AYE **Brown - AYE** Wong – AYE

#### 16.2. President & CEO Employment Agreement

The Board of Directors reviewed and considered approval of a new Employment Agreement for the President & CEO. Director Brown reviewed the changes to include a new annual base salary of \$657,494, an updated incentive compensation target of 30% of base salary, a one time signing bonus of \$30,000 and an increased auto allowance of \$900 per month.

ACTION: Motion made by Director Brown, to approve Employment Agreement as presented, seconded by Director McGarry. Roll call vote taken.

> Barnett - AYE McGarry - AYE Chamblin – AYE **Brown - AYE** Wong – AYE

#### 17. DISCUSSION OF CONSENT CALENDAR ITEMS PULLED, IF NECESSARY

Not applicable.

#### 18. BOARD OFFICER ELECTION

## Regular Meeting of the Board of Directors of Tahoe Forest Hospital District December 16, 2021 DRAFT MINUTES – Continued

#### 18.1. Election of 2022 Board Officers

Director Chamblin proposed all officers to remain in their current officer positions. Discussion was held.

ACTION: Motion made by Director Chamblin, to elect Alyce Wong as Board Chair,

seconded by Director Brown. Roll call vote taken.

Barnett – AYE McGarry – AYE Chamblin – AYE Brown – AYE Wong – AYE

ACTION: Director Wong nominated Mary Brown as Vice Chair, Michael McGarry as

Secretary and Dale Chamblin as Treasurer. Directors Brown, McGarry and

Chamblin accepted. Roll call vote taken.

Barnett – AYE
McGarry – AYE
Chamblin – AYE
Brown – AYE
Wong – AYE

#### 19. BOARD COMMITTEE REPORTS

Director Chamblin provided an update from the December Finance Committee meeting.

#### 20. BOARD MEMBERS REPORTS/CLOSING REMARKS

Thank you to Karen Baffone for her work as CNO and Executive Director of Population Health.

#### 21. CLOSED SESSION CONTINUED, IF NECESSARY

Not applicable.

#### 22. OPEN SESSION

Not applicable.

#### 23. REPORT OF ACTIONS TAKEN IN CLOSED SESSION, IF NECESSARY

Not applicable.

#### 24. ADJOURN

Meeting adjourned at 7:00 p.m.

#### TAHOE FOREST HOSPITAL DISTRICT DECEMBER 2021 FINANCIAL REPORT INDEX

PAGE	DESCRIPTION
2 - 3	FINANCIAL NARRATIVE
4	STATEMENT OF NET POSITION
5	NOTES TO STATEMENT OF NET POSITION
6	CASH INVESTMENT REPORT
7	SIX MONTHS ENDING DECEMBER 2021 STATEMENT OF NET POSITION KEY FINANCIAL INDICATORS
8	TFHD STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION
9 - 10	TFHD NOTES TO STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION
11	SIX MONTHS ENDING DECEMBER 2021 STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION KEY FINANCIAL INDICATORS
12	IVCH STATEMENT OF REVENUE AND EXPENSE
13 - 14	IVCH NOTES TO STATEMENT OF REVENUE AND EXPENSE
15	STATEMENT OF CASH FLOWS
16 - 29	TFH VOLUMES AND GRAPHS

#### **Board of Directors**

Of Tahoe Forest Hospital District

#### **DECEMBER 2021 FINANCIAL NARRATIVE**

The following is the financial narrative analyzing financial and statistical trends for the six months ended December 31, 2021.

#### **Activity Statistics**

- ☐ TFH acute patient days were 489 for the current month compared to budget of 455. This equates to an average daily census of 15.8 compared to budget of 14.7.
- □ TFH Outpatient volumes were below budget in the following departments by at least 5%: Emergency Department visits, Hospice visits, Surgery cases, Oncology Lab, Diagnostic Imaging, Mammography, Medical and Radiation Oncology procedures, Nuclear Medicine, Ultrasound, CAT scan, PET CT, Drugs Sold to Patients, Respiratory Therapy, Gastroenterology cases, and Outpatient Speech Therapy.

#### **Financial Indicators**

- □ Net Patient Revenue as a percentage of Gross Patient Revenue was 55.82% in the current month compared to budget of 49.93% and to last month's 50.81%. Year-to-Date Net Patient Revenue as a percentage of Gross Patient Revenue was 51.81% compared to budget of 49.82% and prior year's 49.14%.
- □ EBIDA was \$4,469,115 (11.0%) for the current month compared to budget of \$2,539,005 (6.2%), or \$1,930,110 (4.8%) above budget. Year-to-Date EBIDA was \$22,717,186 (9.3%) compared to budget of \$14,065,929 (5.8%) or \$8,651,257 (3.5%) above budget.
- □ Net Income was \$3,964,474 for the current month compared to budget of \$2,205,473 or \$1,759,001 above budget. Year-to-Date Net Income was \$19,320,023 compared to budget of \$12,047,349 or \$7,272,674 above budget.
- □ Cash Collections for the current month were \$22,608,578, which is 122% of targeted Net Patient Revenue.
- □ EPIC Gross Accounts Receivables were \$93,320,009 at the end of December compared to \$97,211,553 at the end of November.

#### **Balance Sheet**

- □ Working Capital is at 21.0 days (policy is 30 days). Days Cash on Hand (S&P calculation) is 243.6 days. Working Capital cash decreased a net \$3,857,000. Accounts Payable decreased \$1,888,000 and Accrued Payroll & Related Costs increased \$1,349,000. The District remitted \$3,365,000 to Noridian for the TFH FY21 Medicare As Filed Cost Report settlement and completed the purchase of the three condominium suites at Martis Outlook. Cash Collections were above target by 22%.
- □ Net Patient Accounts Receivable increased approximately \$304,000 and cash collections were 122% of target. EPIC Days in A/R were 72.2 compared to 74.3 at the close of November, a 2.10 days decrease.
- □ Estimated Settlements, Medi-Cal & Medicare increased a net \$1,019,000. The District recorded its monthly estimated receivables due from the Medi-Cal Rate Range, Hospital Quality Assurance Fee, and Medi-Cal PRIME/QIP programs and remitted \$535,000 to the State to participate in the Calendar Year 2021 NDPH IGT program.
- □ Accounts Payable decreased \$1,888,000 due to the timing of the final check run in December.
- Accrued Payroll & Related Costs increased \$1,349,000 as a result of three additional accrued payroll days in December.
- □ Estimated Settlements, Medi-Cal & Medicare decreased a net \$4,343,000. The District remitted funds to Noridian for payment on the TFH FY21 As Filed Medicare Cost Report and continues repayment of the Medicare Accelerated Payments received in FY20.

#### December 2021 Financial Narrative

#### **Operating Revenue**

- □ Current month's Total Gross Revenue was \$40,618,788 compared to budget of \$40,974,990 or \$356,202 below budget.
- □ Current month's Gross Inpatient Revenue was \$8,255,036, compared to budget of \$8,020,420 or \$234,616 above budget.
- □ Current month's Gross Outpatient Revenue was \$32,363,753 compared to budget of \$32,954,570 or \$590,818 below budget.
- Current month's Gross Revenue Mix was 37.2% Medicare, 16.8% Medi-Cal, .0% County, 2.1% Other, and 43.9% Commercial Insurance compared to budget of 37.1% Medicare, 16.6% Medi-Cal, .0% County, 2.7% Other, and 43.6% Commercial Insurance. Year-to-Date Gross Revenue Mix was 38.4%, 16.7% Medi-Cal, .0% County, 2.4% Other, and 42.5% Commercial Insurance compared to budget of 37.4% Medicare, 16.2% Medi-Cal, .0% County, 2.6% Other, and 43.8% Commercial Insurance. Last month's mix was 38.3% Medicare, 17.5% Medi-Cal, .0% County, 2.4% Other, and 41.8% Commercial Insurance.
- □ Current month's Deductions from Revenue were \$17,945,794 compared to budget of \$20,516,376 or \$2,570,582 below budget. Variance is attributed to the following reasons: 1) Payor mix varied from budget with a .12% increase in Medicare, a .24% increase to Medi-Cal, County at budget, a .65% decrease in Other, and Commercial Insurance was above budget .29%, 2) Revenues were below budget .90%, and 3) the District received \$1,496,000 from the Medicare program for underpayment on Inpatient Claims through November 2021.

DESCRIPTION	December 2021 Actual	December 2021 Budget	Variance	BRIEF COMMENTS
Salaries & Wages	7,470,600	8,094,399	623,799	
Employee Benefits	2,459,203	2,322,044	(137,159)	Increased use of Paid Leave/Sick Leave offset, in part, the positive variance in Salaries & Wages.
Benefits – Workers Compensation	95,941	102,419	6,478	
Benefits – Medical Insurance	1,504,310	1,408,155	(96,155)	
Medical Professional Fees	1,488,211	1,280,716	(207,495)	Radiology Physician fees and Medical & Radiation Oncology Physician Incentive Bonuses created a negative variance in Medical Professional Fees.
				Legal services provided to Administration, Physician Group Fair Market Valuations, and consulting fees for Human Resources created a negative variance in Other Professional
Other Professional Fees	295,778	206,966	(88,812)	Fees.  Drugs Sold to Patients revenues were below budget 7.72%
Supplies	2,719,342	3,049,943	330,601	and Implant supplies were below budget, creating a positive variance in Supplies.
Purchased Services	2,116,070	1,997,791	(118,279)	Outsourced coding services, facility wide maintenance projects, along with increased use of the Employee Wellness Bank created a negative variance in Purchased Services.
Other Expenses	1,094,781	854,015	(240,766)	Negative variances in Physician Recruitment fees, Insurance, Equipment Rent, and Utilities created a negative variance in Other Expenses.
Total Expenses	19,244,235	19,316,448	72,213	•

#### TAHOE FOREST HOSPITAL DISTRICT STATEMENT OF NET POSITION DECEMBER 2021

DECEMBER 2	2021						
		Dec-21		Nov-21		Dec-20	
ASSETS							
CURRENT ASSETS							
* CASH	\$	12,639,565	\$	16,496,850	\$	67,401,974	1
PATIENT ACCOUNTS RECEIVABLE - NET	Ψ	41,588,138	Ψ	41,284,097	Ψ	27,941,225	2
OTHER RECEIVABLES		12,002,910		11,406,642		10,979,644	_
GO BOND RECEIVABLES		2,462,591		2,043,055		2,458,135	
ASSETS LIMITED OR RESTRICTED		9,490,052		9,872,747		8,038,530	
INVENTORIES		4,273,342		4,283,492		3,827,658	
PREPAID EXPENSES & DEPOSITS		2,714,193		2,756,471		2,718,879	
ESTIMATED SETTLEMENTS, M-CAL & M-CARE		14,553,732		13,535,094		13,121,288	3
TOTAL CURRENT ASSETS		99,724,524		101,678,449		136,487,333	_
NON CURRENT ASSETS							
ASSETS LIMITED OR RESTRICTED:							
* CASH RESERVE FUND  * CASH INVESTMENT FUND		54,384,201		54,384,201		74,384,021	1
CASH INVESTIMENT FOND		79,954,890		79,944,775		4 700 504	1
MUNICIPAL LEASE 2018		725,156		725,033		1,736,531	
TOTAL BOND TRUSTEE 2017 TOTAL BOND TRUSTEE 2015		20,532		20,532 689,981		20,531	
TOTAL BOND TRUSTEE 2015 TOTAL BOND TRUSTEE GO BOND		827,081 5,764		5,764		827,041 5,764	
GO BOND TAX REVENUE FUND		757,106		757,106		945,655	
DIAGNOSTIC IMAGING FUND		3,343		3,343		3,343	
DONOR RESTRICTED FUND		1,137,882		1,137,882		1,137,882	
WORKERS COMPENSATION FUND		8,615		24,749		(1,275)	
TOTAL		137,824,570		137,693,366		79,059,493	=1
LESS CURRENT PORTION		(9,490,052)		(9,872,747)		(8,038,530)	
TOTAL ASSETS LIMITED OR RESTRICTED - NET		128,334,518		127,820,619		71,020,963	-
		· · ·				, ,	-
NONCURRENT ASSETS AND INVESTMENTS:							
INVESTMENT IN TSC, LLC		(1,990,588)		(1,840,310)		(1,940,357)	
PROPERTY HELD FOR FUTURE EXPANSION		924,072		909,072		909,072	
PROPERTY & EQUIPMENT NET		174,326,991		173,499,882		176,449,767	
GO BOND CIP, PROPERTY & EQUIPMENT NET		1,822,064		1,820,826		1,828,443	
TOTAL ASSETS		403,141,581		403,888,537		384,755,221	=
DEFENDED OUTELOW OF DECOLIDATE							
DEFERRED OUTFLOW OF RESOURCES:		200 702		222.025		200 404	
DEFERRED LOSS ON DEFEASANCE ACCUMULATED DECREASE IN FAIR VALUE OF HEDGING DERIVATIV	\/E	329,702 1,217,157		332,935 1,242,989		368,491 1,658,300	
DEFERRED OUTFLOW OF RESOURCES ON REFUNDING	VE	4,987,490		5,011,195		5,271,946	
GO BOND DEFERRED FINANCING COSTS		486,504		488,825		514,354	
DEFERRED FINANCING COSTS		143,558		144,598		156,042	
		,		,		.00,0.2	=
TOTAL DEFERRED OUTFLOW OF RESOURCES	\$	7,164,411	\$	7,220,542	\$	7,969,133	
		, ,				, ,	-
LIABILITIES							
CURRENT LIABILITIES							
ACCOUNTS PAYABLE	\$	7,521,732	\$	9,409,538	\$	6,630,560	4
ACCRUED PAYROLL & RELATED COSTS		17,443,443		16,094,479		21,051,683	5
INTEREST PAYABLE		505,295		424,832		519,335	
INTEREST PAYABLE GO BOND		1,380,701		1,104,560		1,415,096	
ESTIMATED SETTLEMENTS, M-CAL & M-CARE		14,870,377		19,213,158		22,425,422	6
HEALTH INSURANCE PLAN		2,403,683		2,403,683		2,275,881	
WORKERS COMPENSATION PLAN		3,180,976		3,180,976		2,173,244	
COMPREHENSIVE LIABILITY INSURANCE PLAN		1,704,145		1,704,145		1,362,793	
CURRENT MATURITIES OF GO BOND DEBT		1,945,000		1,945,000		1,715,000	
CURRENT MATURITIES OF OTHER LONG TERM DEBT TOTAL CURRENT LIABILITIES	_	3,952,678		3,952,678		3,828,809	-
TOTAL CURRENT LIABILITIES		54,908,030		59,433,049		63,397,824	-
NONCURRENT LIABILITIES							
OTHER LONG TERM DEBT NET OF CURRENT MATURITIES		24,909,856		25,108,611		28,919,702	
GO BOND DEBT NET OF CURRENT MATURITIES		95,472,478		95,490,433		97,632,945	
DERIVATIVE INSTRUMENT LIABILITY		1,217,157		1,242,989		1,658,300	
		.,=,		1,2 12,000	_	1,000,000	-
TOTAL LIABILITIES		176,507,520		181,275,082		191,608,771	
		, - ,		, -,		,,	
NET ASSETS							
NET INVESTMENT IN CAPITAL ASSETS		232,660,590		228,696,115		199,977,700	
RESTRICTED	_	1,137,882		1,137,882		1,137,882	_
TOTAL NET POSITION	\$	233,798,472	\$	229,833,998	\$	201,115,582	=

<sup>\*</sup> Amounts included for Days Cash on Hand calculation

#### TAHOE FOREST HOSPITAL DISTRICT NOTES TO STATEMENT OF NET POSITION DECEMBER 2021

- 1. Working Capital is at 21.0 days (policy is 30 days). Days Cash on Hand (S&P calculation) is 243.6 days. Working Capital cash decreased a net \$3,857,000. Accounts Payable decreased \$1,888,000 (See Note 4) and Accrued Payroll & Related Costs increased \$1,349,000 (See Note 5). The District remitted \$3,365,000 to Noridian for the TFH FY21 Medicare As Filed Cost Report settlement and completed the purchase of the three condominium suites at Martis Outlook. Cash Collections were above target 22% (See Note 2).
- 2. Net Patient Accounts Receivable increased \$304,000. Cash collections were 122% of target. EPIC Days in A/R were 72.2 compared to 74.3 at the close of November, a 2.10 days decrease.
- 3. Estimated Settlements, Medi-Cal & Medicare increased a net \$1,019,000. The District recorded its monthly estimated receivables due from the Medi-Cal Rate Range, Hospital Quality Assurance Fee, and Medi-Cal PRIME/QIP programs and remitted \$535,000 to the State to participate in the Calendar Year 2021 NDPH IGT program.
- 4. Accounts Payable decreased \$1,888,000 due to the timing of the final check run in December.
- 5. Accrued Payroll & Related Costs increased \$1,349,000 as a result of three additional accrued payroll days in December.
- Estimated Settlements, Medi-Cal & Medicare decreased a net \$4,343,000. The
  District remitted funds to Noridian for payment on the TFH FY21 As Filed Medicare
  Cost Report and continues repayment of the Medicare Accelerated Payments
  received in FY20.

#### Tahoe Forest Hospital District Cash Investment December 31, 2021

WORKING CAPITAL US Bank US Bank/Kings Beach Thrift Store US Bank/Truckee Thrift Store US Bank/Payroll Clearing Umpqua Bank Total	\$ 11,521,585 25,801 76,618 - 1,015,562	0.01%	\$	12,639,565
BOARD DESIGNATED FUNDS US Bank Savings Chandler Investment Fund Total	\$ - 79,954,890	0.18%	\$	79,954,890
Building Fund Cash Reserve Fund Local Agency Investment Fund	\$ - 54,384,201	0.20%	\$	54,384,201
Municipal Lease 2018 Bonds Cash 2017 Bonds Cash 2015 GO Bonds Cash 2008			\$ \$ \$	725,156 20,532 827,081 762,870
DX Imaging Education Workers Comp Fund - B of A	\$ 3,343 8,615			
Insurance Health Insurance LAIF Comprehensive Liability Insurance LAIF Total	 <u>-</u>		\$	11,958
TOTAL FUNDS			\$	149,326,253
RESTRICTED FUNDS Gift Fund US Bank Money Market Foundation Restricted Donations Local Agency Investment Fund TOTAL RESTRICTED FUNDS	\$ 8,361 27,309 1,102,212	0.00% 0.20%	\$	1,137,882
TOTAL ALL FUNDS			\$	150,464,136

#### TAHOE FOREST HOSPITAL DISTRICT STATEMENT OF NET POSITION KEY FINANCIAL INDICATORS DECEMBER 2021

	Current Status	Desired Position	Target	Bond Covenants	FY 2022 Jul 21 to Dec 21	FY 2021 Jul 20 to June 21	FY 2020 Jul 19 to June 20	FY 2019 Jul 18 to June 19	FY 2018 Jul 17 to June 18	FY 2017 Jul 16 to June 17	FY 2016 Jul 15 to June 16
Return On Equity: Increase (Decrease) in Net Position Net Position	<u></u>	Î	FYE 8.5% Budget 2nd Qtr 5.2%		8.3%	12.3%	17.1%	13.1%	5.1%	14.4%	10.9%
EPIC Days in Accounts Receivable (excludes SNF) Gross Accounts Receivable 90 Days  Gross Accounts Receivable 365 Days			FYE 63 Days		72 73	65 67	89 73	69 71	68 73	55 55	57 55
Days Cash on Hand Excludes Restricted: Cash + Short-Term Investments (Total Expenses - Depreciation Expense)/ by 365	<u>:</u>		Budget FYE 197 Days Budget 2nd Qtr 209 Projected 2nd Qtr 222 Days	60 Days  A- 237 Days  BBB- 132 Days	244	272	246	179	176	191	201
EPIC Accounts Receivable over 120 days ( <u>ex</u> cludes payment plan, legal and charitable balances)		Û	13%		36%	26%	31%	35%	22%	17%	19%
EPIC Accounts Receivable over 120 days ( <u>in</u> cludes payment plan, legal and charitable balances)		Ţ.	18%		38%	32%	40%	42%	25%	18%	24%
Cash Receipts Per Day (based on 60 day lag on Patient Net Revenue)	<b>:</b>		FYE Budget \$636,201 End 2nd Qtr Budget \$634,584		\$641,885	\$603,184	\$523,994	\$473,890	\$333,963	\$348,962	\$313,153
Debt Service Coverage: Excess Revenue over Exp + Interest Exp + Depreciation Debt Principal Payments + Interest Expense	<u> </u>	1	Without GO Bond 6.59 With GO Bond 3.67	1.95	9.44 5.04	8.33 4.49	9.50 5.06	20.45	9.27 2.07	6.64 3.54	6.19 2.77

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## TAHOE FOREST HOSPITAL DISTRICT STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION DECEMBER 2021

ACTUAL	CORREINI	MONTH	1			YEAR TO DATE					DEC 2020
ACTUAL	BUDGET	1	VAR\$	VAR%	OPERATING REVENUE	ACTUAL	BUDGET	VAR\$	VAR%		
\$ 40,618,788	\$ 40,974,990	\$ (	(356,202)	-0.9%	Total Gross Revenue	\$ 244,095,026	\$ 243,152,415 \$	942,611	0.4%	1	\$ 223,056,278
					Gross Revenues - Inpatient						
\$ 3,714,801			90,800	2.5%	Daily Hospital Service		\$ 20,415,800 \$	1,743,105	8.5%		\$ 20,537,855
4,540,235	4,396,419		143,816	3.3%	Ancillary Service - Inpatient	26,783,290	26,198,559	584,731	2.2%		25,686,864
8,255,036	8,020,420		234,616	2.9%	Total Gross Revenue - Inpatient	48,942,195	46,614,359	2,327,836	5.0%	1	46,224,719
32,363,753 32,363,753	32,954,570 32,954,570		(590,818) (590,818)	-1.8% -1.8%	Gross Revenue - Outpatient Total Gross Revenue - Outpatient	195,152,831 195,152,831	196,538,056 196,538,056	(1,385,225) (1,385,225)	-0.7% -0.7%	1	176,831,559 176,831,559
02,000,700	02,001,010	,	(000,010)	1.070	Deductions from Revenue:	100,102,001	100,000,000	(1,000,220)	0.770	·	170,001,000
16,382,567	18,294,286	1,	,911,719	10.4%	Contractual Allowances	111,228,213	108,851,146	(2,377,067)	-2.2%	2	101,530,465
-	-		-	0.0%	Managed Care Reserve	-	-	-	0.0%	2	1,000,000
1,506,109	1,460,610		(45,499)	-3.1%	Charity Care	8,684,265	8,659,602	(24,663)	-0.3%	2	7,648,292
-	-		-	0.0%	Charity Care - Catastrophic Events	-	-		0.0%	2	
(210,882)	761,480		972,362	127.7%	Bad Debt	(2,550,147)	4,517,049	7,067,196	156.5%	2	3,272,787
268,000	· -		(268,000)	0.0%	Prior Period Settlements	275,234	· · · -	(275,234)	0.0%	2	
17,945,794	20,516,376		,570,582	12.5%	Total Deductions from Revenue	117,637,565	122,027,797	4,390,232	3.6%		113,451,544
87,597	111,059		23,462	21.1%	Property Tax Revenue- Wellness Neighborhood	451,570	667,932	216,362	32.4%		522.010
952,759	1,285,780	(	(333,021)	-25.9%	Other Operating Revenue	6,206,941	7,650,674	(1,443,733)	-18.9%	3	6,129,204
23,713,350	21,855,453	1,	,857,897	8.5%	TOTAL OPERATING REVENUE	133,115,972	129,443,224	3,672,748	2.8%		116,255,948
					OPERATING EXPENSES						
7,470,600	8,094,399		623,799	7.7%	Salaries and Wages	43,327,572	47,491,616	4,164,044	8.8%	4	40,371,624
2,459,203	2,322,044		(137,159)	-5.9%	Benefits	14,507,614	14,010,734	(496,880)	-3.5%	4	13,280,432
95,941	102,419		6,478	6.3%	Benefits Workers Compensation	527,383	614,514	87,131	14.2%	4	532,22
1,504,310	1,408,155		(96,155)	-6.8%	Benefits Medical Insurance	7,883,517	8,448,930	565,413	6.7%	4	6,649,30
1,488,211	1,280,716		(207,495)	-16.2%	Medical Professional Fees	7,891,621	7,468,297	(423,324)	-5.7%	5	6,806,946
295,778	206,966	,	(88,812)	-42.9%	Other Professional Fees	1,251,845	1,260,799	8,954	0.7%	5	1,075,109
2,719,342	3,049,943		330,601	10.8%	Supplies	17,679,195	18,473,525	794,330	4.3%	6	16,225,488
2,116,070	1,997,791		(118,279)	-5.9%	Purchased Services	11,507,824	11,696,873	189,049	1.6%	7	10,744,00
1,094,781	854,015		(240,766)	-28.2%	Other	5,822,214	5,912,007	89,793	1.5%	8	4,746,62
19,244,235	19,316,448		72,213	0.4%	TOTAL OPERATING EXPENSE	110,398,785	115,377,295	4,978,510	4.3%	-	100,431,759
4,469,115	2,539,005	1,	,930,110	76.0%	NET OPERATING REVENUE (EXPENSE) EBIDA	22,717,186	14,065,929	8,651,257	61.5%		15,824,189
					NON-OPERATING REVENUE/(EXPENSE)						
688,389	664,927		23,462	3.5%	District and County Taxes	4,204,345	3,987,983	216,362	5.4%	9	3,810,415
419,536	419,536		(0)	0.0%	District and County Taxes - GO Bond	2,517,214	2,517,214	(0)	0.0%		2,504,110
59,924	48,233		11,691	24.2%	Interest Income	327,531	285,910	41,621	14.6%	10	426,442
- /	-		-	0.0%	Interest Income-GO Bond	-	-	-	0.0%		
44,853	136,564		(91,711)	-67.2%	Donations	456,154	819,387	(363,233)	-44.3%	11	323,616
(150,278)	(60,000)		(90,278)	-150.5%	Gain/(Loss) on Joint Investment	(329,694)	(360,000)	30,306	8.4%	12	(799,998
(16,505)	-		(16,505)	0.0%	Gain/(Loss) on Market Investments	(164,262)	-	(164,262)	0.0%	13	
-	-		-	0.0%	Gain/(Loss) on Disposal of Property	-	-	-	0.0%	14	
_	-		-	0.0%	Gain/(Loss) on Sale of Equipment	1,800	-	1,800	0.0%	14	
-	_		-	100.0%	COVID-19 Emergency Funding	(1,092,739)	-	(1,092,739)	100.0%	15	178,48
(1,164,048)	(1,164,048)		0	0.0%	Depreciation	(6,984,288)	(6,984,288)	0	0.0%		(6,926,852
(102,302)	(102,604)		302	0.3%	Interest Expense	(622,218)	(622,200)	(18)	0.0%		(672,634
(284,210)	(276,140)		(8,070)	-2.9%	Interest Expense-GO Bond	(1,711,006)	(1,662,587)	(48,419)	-2.9%		(1,750,406
(504,640)	(333,532)	(	(171,108)	-51.3%	TOTAL NON-OPERATING REVENUE/(EXPENSE)	(3,397,163)	(2,018,581)	(1,378,582)	-68.3%		(2,906,824
	\$ 2,205,473	\$ 1,	,759,001	79.8%	INCREASE (DECREASE) IN NET POSITION	\$ 19,320,023	\$ 12,047,349 \$	7,272,674	60.4%		\$ 12,917,36
\$ 3,964,474											
\$ 3,964,474					NET POSITION - BEGINNING OF YEAR	214,478,449					
\$ 3,964,474					NET POSITION - BEGINNING OF YEAR  NET POSITION - AS OF DECEMBER 31, 2021	214,478,449 \$ 233,798,472					

# TAHOE FOREST HOSPITAL DISTRICT NOTES TO STATEMENT OF REVENUE, EXPENSES, AND CHANGES IN NET POSITION $\underline{\text{DECEMBER 2021}}$

				Variance from	Budget
				Fav / <un< th=""><th>fav&gt;</th></un<>	fav>
			<u>D</u>	EC 2021	YTD 2022
1)	Gross Revenues  Acute Patient Days were above budget 7.48% or 34 days. Swing Bed days were	Gross Revenue Inpatient	\$	234,616 \$	2,327,836
	above budget 850.00% or 51 days. Inpatient Ancillary revenues were above budget	Gross Revenue Outpatient	Ψ	(590,818)	(1,385,225)
	3.30% due to the increase in Acute and Swing Patient Days.	Gross Revenue Total	\$	(356,202) \$	942,611
	Outpatient volumes were below budget in the following departments: Emergency Department visits, Hospice visits, Surgery cases, Oncology Lab, Diagnostic Imaging, Mammography, Medical and Radiation Oncology procedures, Nuclear Medicine, Ultrasound, Cat Scans, PET CT, Drugs Sold to Patients, Gastroenterology cases, Respiratory Therapy, and Outpatient Speech Therapy.				
2) ]	Total Deductions from Revenue				
	The payor mix for December shows a .12% increase to Medicare, a .24%	Contractual Allowances	\$	1,911,719 \$	(2,377,067)
	increase to Medi-Cal, .65% decrease to Other, County at budget, and a .29%	Managed Care		- (45, 400)	- (0.4.000)
	increase to Commercial when compared to budget. We saw a positive variance in contractuals due to revenues coming in below budget and the District received a	Charity Care Charity Care - Catastrophic		(45,499)	(24,663)
	lump sum from the Medicare program in the amount of \$1,496,000 for underpayment	Bad Debt		972,362	7,067,196
	of inpatient claims through November 2021.	Prior Period Settlements		(268,000)	(275,234)
	A P A A FILLO A FILLO A FILLO A FILLO	Total	\$	2,570,582 \$	4,390,232
	An adjustment was made to the IVCH FY21 Medicare As Filed Cost Report to capture additional amounts due to the program, creating a negative variance in Prior Period Settlements.				
3) (	Other Operating Revenue	Retail Pharmacy		(36,806)	(409,058)
_	Retail Pharmacy revenues were below budget 11.11%.	Hospice Thrift Stores		(10,548)	2,955
		The Center (non-therapy)		(2,011)	22,871
	Truckee Thrift Store revenues were below budget 13.49%.	IVCH ER Physician Guarantee Children's Center		(103,908)	(188,941)
	IVCH ER Physician Guarantee is tied to collections which came in below budget in	Miscellaneous		24,785 (183,698)	62,799 (899,859)
	December.	Oncology Drug Replacement		-	-
	Radiology Physician Guarantee revenues were below budget, creating a negative variance in Miscellaneous.	Grants Total	\$	(20,833) (333,021) \$	(34,500) (1,443,733)
4) <u>s</u>	Salaries and Wages	Total	\$	623,799 \$	4,164,044
	Employee Benefits	PL/SL	\$	(244,918) \$	(146,329)
-	Negative variance in PL/SL was offset by positive variances in Salaries and Wages.	Nonproductive		80,653	(558,630)
	Positive variance in Other is related to Employer Payroll Taxes due to Salaries and	Pension/Deferred Comp Standby		(10,971)	(5,457)
	Wages falling below budget.	Other		38,076	213,536
		Total	\$	(137,159) \$	(496,880)
<u>!</u>	Employee Benefits - Workers Compensation	Total	\$	6,478 \$	87,131
<u> </u>	Employee Benefits - Medical Insurance	Total	\$	(96,155) \$	565,413
5\ [	Professional Fees	Miscellaneous	\$	(180,307) \$	(178,425)
J) <u>I</u>	The Radiology Group still remains contracted versus joining the physician employment	The Center (includes OP Therapy)	φ	(180,307) \$ 645	(176,425)
	model which created a negative variance in Miscellaneous.	Medical Staff Services		(3,113)	(78,339)
		Oncology		358	(57,882)
	IVCH Speech and Occupational Therapy volumes were below budget 26.54%, creating	TFH/IVCH Therapy Services		20,096	(49,912)
	a positive variance in TFH/IVCH Therapy Services.	TFH Locums IVCH ER Physicians		(11,634) 39,054	(18,624) (12,908)
	IVCH ER Physician fees came in below budget in December.	Home Health/Hospice		(8,316)	(12,900)
	The state of the s	Multi-Specialty Clinics Administration		(26,396)	(9,901)
	Services provided for a Clinic Performance Improvement project created a negative	Financial Administration		(4,500)	(9,792)
	variance in Multi-Specialty Clinics Administration.	Corporate Compliance		(11,860)	(8,526)
	Fair Manual Valuations for Assethania and Dadiation Oscalar assets a	Administration		(20,333)	(8,043)
	Fair Market Valuations for Anesthesia and Radiation Oncology created a negative variance in Corporate Compliance.	Sleep Clinic Truckee Surgery Center		-	(1,618) -
	variance in corporate compilation.	Patient Accounting/Admitting		-	-
	Legal services created a negative variance in Administration.	Respiratory Therapy		-	-
		Marketing		(6,162)	16,750
	Consulting fees provided for a Senior Leadership Compensation Review and a Vendor	Information Technology		(8,479)	18,170
	Search Project created a negative variance in Human Resources.	Managed Care Human Resources		6,667	40,323 41,713
	Medical and Radiation Oncology Incentive Bonuses created a negative variance in	Multi-Specialty Clinics		(14,601) (67,427)	41,713 77,129
	Multi-Specialty Clinics.	Total	\$	(296,307) \$	

# TAHOE FOREST HOSPITAL DISTRICT NOTES TO STATEMENT OF REVENUE, EXPENSES, AND CHANGES IN NET POSITION $\underline{\text{DECEMBER 2021}}$

				Variance from					
				Fav / <ur< th=""><th></th></ur<>					
			<u>L</u>	DEC 2021	YTD 2022				
6) 5	Supplies	Pharmacy Supplies	\$	148,266 \$	(163,492)				
-	Drugs Sold to Patients revenues were below budget by 7.72%, creating a positive	Food		(11,981)	15,566				
	variance in Pharmacy Supplies.	Office Supplies		2,760	15,920				
		Minor Equipment		30,258	53,828				
	Implant costs were below budget, creating a positive variance in Patient & Other Medical	Other Non-Medical Supplies		51,413	150,556				
	Supplies.	Patient & Other Medical Supplies		109,885	721,953				
	оприст.	Total	\$	330,601					
7) <u>F</u>	Purchased Services	Medical Records	\$	(77,048) \$					
	Increased use of our outsourced coding company to clear claims from work queues in	Department Repairs		(90,197)	(159,136)				
	EPIC created a negative variance in Medical Records.	Human Resources		(25,959)	(43,033)				
		Information Technology		(754)	(15,328)				
	Facility wide maintenance projects created a negative variance in Department Repairs	Pharmacy IP		(906)	2,569				
		The Center		(440)	5,406				
	Employee Wellness Bank usage created a negative variance in Human Resources.	Community Development		2,477	11,388				
	-y	Home Health/Hospice		(1,363)	35,363				
	Outsourced billing and collections services came in below budget, creating a positive	Diagnostic Imaging Services - All		7,768	39,813				
	variance in Patient Accounting.	Laboratory		14,144	100,615				
	variance in Fatient Accounting.	Multi-Specialty Clinics		8,875	105,731				
		Patient Accounting		60,032	111,579				
		Miscellaneous	_	(14,908)	155,859				
		Total	\$	(118,279) \$	189,049				
8)	Other Expenses	Miscellaneous	\$	(210,109) \$	(312,432)				
-,	Physician Recruitment expenses and Construction Labor allocation created a negative	Insurance	•	(42,194)	(143,879)				
	variance in Miscellaneous.	Human Resources Recruitment		(9,493)	(59,949)				
	variance in Misochaneous.	Equipment Rent		(39,584)	(57,867)				
	Oursen tank and MDI rentals areated a negative variance in Equipment Dept				,				
	Oxygen tank and MRI rentals created a negative variance in Equipment Rent.	Utilities		(19,739)	(30,969)				
	N ( 10 /D	Multi-Specialty Clinics Bldg Rent		217	(13,886)				
	Natural Gas/Propane expenses were above budget, creating a negative variance in	Multi-Specialty Clinics Equip Rent		(1,713)	(4,497)				
	Utilities.	Physician Services		-	91				
		Dues and Subscriptions		8,467	20,768				
		Marketing		31,624	151,686				
		Outside Training & Travel		21,549	263,673				
		Other Building Rent		20,209	277,055				
		Total	\$	(240,766) \$	89,793				
9) <u>[</u>	District and County Taxes	Total	\$	23,462	216,362				
40\	Interest Income	T	•	44.004	44.004				
10)	Interest Income	Total	\$	11,691	41,621				
	Chandler Investments Interest Income exceeded budget in December.								
11)	Donations	IVCH	\$	(75,596) \$	(261,864)				
,	<del>Donationo</del>		Ψ	. , , .	, , ,				
		Operational	_	(16,115)	(101,369)				
		Total	\$	(91,711) \$	(363,233)				
12)	Gain/(Loss) on Joint Investment	Total	\$	(90,278) \$	30,306				
,	<u> </u>	Total	Ψ	(30,270)	30,300				
	A true-up of losses in the Truckee Surgery Center for November created a negative variance in Gain/(Loss) on Joint Investment.								
	variance in Gam/(Loss) on John investment.								
13)	Gain/(Loss) on Market Investments	Total	\$	(16,505) \$	(164,262)				
10)		Total	Ψ	(10,505) 4	(104,202)				
	The District booked the market value of losses in its holdings with Chandler Investments.								
14)	Gain/(Loss) on Sale or Disposal of Assets	Total	\$	- \$	1,800				
•				•	, , , , , , , , , , , , , , , , , , , ,				
15)	COVID-19 Emergency Funding	Total	\$	- \$	(1,092,739)				
40	Demonstration Francisco		_						
16)	Depreciation Expense	Total	\$	- \$	<u>-</u>				
17\	Interest Expense	Total	\$	302 \$	G (18)				
.,,	<u></u>	. o.ai	Ψ	JU2 \$	, (10)				

# TAHOE FOREST HOSPITAL DISTRICT STATEMENT OF REVENUES, EXPENSES, AND CHANGES IN NET POSITION KEY FINANCIAL INDICATORS DECEMBER 2021

	Current Status	Desired Position	Target	FY 2021 Jul 21 to Dec 21	FY 2021 Jul 20 to June 21	FY 2020 Jul 19 to June 20	FY 2019 Jul 18 to June 19	FY 2018 Jul 17 to June 18	FY 2017 Jul 16 to June 17	FY 2016 Jul 15 to June 16
Total Margin: Increase (Decrease) In Net Position Total Gross Revenue	·	Î	FYE 3.8% 2nd Qtr 5.0%	7.9%	5.8%	8.5%	5.7%	2.6%	7.4%	5.5%
Charity Care: Charity Care Expense Gross Patient Revenue	<b>:</b>	$\Box$	FYE 3.6% 2nd Qtr 3.6%	3.6%	3.4%	4.0%	3.8%	3.3%	3.1%	3.4%
Bad Debt Expense:  Bad Debt Expense  Gross Patient Revenue	<b>:</b>	$\bigcup$	FYE 1.9% 2nd Qtr 1.9%	-1.0%	1.2%	1.4%	.1%	.1%	0%	2%
Incline Village Community Hospital: EBIDA: Earnings before interest, Depreciation, amortization  Net Operating Revenue <expense> Gross Revenue</expense>	$\odot$	Î	FYE 7.4% 2nd Qtr 8.1%	11.4%	13.7%	.1%	11.5%	4.8%	7.9%	11.3%
Operating Expense Variance to Budget (Under <over>)</over>	©	Î	-0-	\$4,978,510	\$(8,685,969)	\$(9,484,742)	\$(13,825,198)	\$1,061,378	\$(9,700,270)	\$(7,548,217)
EBIDA: Earnings before interest, Depreciation, amortization  Net Operating Revenue <expense> Gross Revenue</expense>	<u>:</u>	Î	FYE 4.7% 2nd Qtr 5.8%	9.3%	7.8%	6.2%	7.1%	4.5%	7.9%	7.3%

#### INCLINE VILLAGE COMMUNITY HOSPITAL STATEMENT OF REVENUE AND EXPENSE DECEMBER 2021

	CURRENT	MONTH		DECEMBER 2021		YEAR	TO DATE			PRIOR YTD DEC 2020
ACTUAL	BUDGET	VAR\$	VAR%	OPERATING REVENUE	ACTUAL	BUDGET	VAR\$	VAR%		
\$ 2,525,563	\$ 2,573,288	\$ (47,725)	-1.9%	Total Gross Revenue	\$ 15,393,777	\$ 14,651,781	\$ 741,996	5.1%	1	\$ 13,416,513
				Gross Revenues - Inpatient						
\$ -		\$ (9,646)	-100.0%	Daily Hospital Service	\$ -	\$ 28,478		-100.0%		\$ 32,152
-	5,555	(5,555)	-100.0%	Ancillary Service - Inpatient	3,744	17,360	(13,616)	-78.4%		19,342
-	15,201	(15,201)	-100.0%	Total Gross Revenue - Inpatient	3,744	45,838	(42,094)	-91.8%	1	51,494
2,525,563	2,558,087	(32,524)	-1.3%	Gross Revenue - Outpatient	15,390,033	14,605,943	784,090	5.4%		13,365,019
2,525,563	2,558,087	(32,524)	-1.3%	Total Gross Revenue - Outpatient	15,390,033	14,605,943	784,090	5.4%	1	13,365,019
				Deductions from Revenue:						
1,049,040	1,002,424	(46,616)	-4.7%	Contractual Allowances	5,993,526	5,704,638	(288,888)	-5.1%	2	5,301,974
129,109	120,894	(8,215)	-6.8%	Charity Care	756,166	686,656	(69,510)	-10.1%	2	581,886
(0.490)	64,305	73,785	0.0% 114.7%	Charity Care - Catastrophic Events  Bad Debt	(124 994)	- 365,243	- 490,127	0.0% 134.2%	2 2	- 200,426
(9,480) 268,000	04,305	(268,000)	0.0%	Prior Period Settlements	(124,884) 268,000	300,243	(268,000)	0.0%	2	200,426
1,436,669	1,187,623	(249,046)	-21.0%	Total Deductions from Revenue	6,892,808	6,756,537	(136,271)	-2.0%	2	6,084,286
1,430,003	1,107,023	(243,040)	-21.070	Total Deductions from Nevertue	0,032,000	0,730,337	(130,271)	-2.070	_	0,004,200
12,767	121,494	(108,727)	-89.5%	Other Operating Revenue	341,486	546,965	(205,479)	-37.6%	3	491,348
1,101,661	1,507,159	(405,498)	-26.9%	TOTAL OPERATING REVENUE	8,842,454	8,442,209	400,245	4.7%		7,823,575
				OPERATING EXPENSES						
499,244	562,179	62,936	11.2%	Salaries and Wages	2,776,659	2,924,880	148,221	5.1%	4	2,389,858
174,696	157,142	(17,554)	-11.2%	Benefits	907,771	883,021	(24,750)	-2.8%	4	761,917
2,740	6,364	3,624	56.9%	Benefits Workers Compensation	16,727	38,184	21,457	56.2%	4	9,147
84,086	78,711	(5,375)	-6.8%	Benefits Medical Insurance	440,593	472,266	31,673	6.7%	4	364,814
253,422	292,175	38,753	13.3%	Medical Professional Fees	1,453,065	1,458,659	5,594	0.4%	5	1,342,926
2,504	2,252	(252)	-11.2%	Other Professional Fees	13,660	13,511	(149)	-1.1%	5	11,818
47,456	65,178	17,722	27.2%	Supplies	307,105	403,986	96,881	24.0%	6	325,315
79,961	72,727	(7,234)	-9.9%	Purchased Services	469,590	461,667	(7,923)	-1.7%	7 8	387,500
113,939 1,258,047	96,902 1,333,630	(17,037) 75,583	-17.6% 5.7%	Other TOTAL OPERATING EXPENSE	708,136 7,093,306	593,508 7,249,682	(114,628) 156,376	-19.3% 2.2%	0	470,464 6,063,759
	173,529	(329,914)	-190.1%		1,749,148	1,192,527	556,621	46.7%		
(156,385)	173,529	(329,914)	-190.1%	NET OPERATING REV(EXP) EBIDA	1,749,140	1,192,521	556,621	40.7 %		1,759,816
				NON-OPERATING REVENUE/(EXPENSE)						
-	75,596	(75,596)	-100.0%	Donations-IVCH	191,714	453,578	(261,864)	-57.7%	9	78,963
-	-	· -	0.0%	Gain/ (Loss) on Sale	1,000	-	1,000	0.0%	10	-
-	-	-	100.0%	COVID-19 Emergency Funding	(806,125)	-	(806,125)	100.0%	11	3,064
(75,434)	(75,434)	-	0.0%	Depreciation	(452,604)	, ,		0.0%	12	(405,917)
(75,434)	162	(75,596)	46664.2%	TOTAL NON-OPERATING REVENUE/(EXP)	(1,066,015)		(1,066,989)			(323,890)
\$ (231,819)	\$ 173,691	\$ (405,510)	-233.5%	EXCESS REVENUE(EXPENSE)	\$ 683,133	\$ 1,193,501	\$ (510,368)	-42.8%		\$ 1,435,926
-6.2%	6.7%	-12.9%		RETURN ON GROSS REVENUE EBIDA	11.4%	8.1%	3.2%			13.1%

# INCLINE VILLAGE COMMUNITY HOSPITAL NOTES TO STATEMENT OF REVENUE AND EXPENSE DECEMBER 2021

				Fav <unf< th=""><th colspan="3">ıfav&gt;</th></unf<>	ıfav>		
Acute Patient Days were below budget by 2 at 0 and Observation Days were at budget at 0.				EC 2021	YTD 2022		
Note   Professional Revenue   Note   Reproduces   Professional Research   Nogative variance in PL/SL was offset by a positive variance in Salaries and Wages.   Nogative variance in PL/SL was offset by a positive variance in Salaries and Wages.   Note   Reproduces   Reproduces   Note   Not	Acute Patient Days were below budget by 2 at 0 and Observation Days	•	\$	, .	,		
	•	·	\$	(47,725) \$	741,996		
We saw a shift in our payor mix with a 61% increase in Medicare, a 2.42% increase in Medical, at 128% decrease in Commercial insurance, a 1.77% decrease in Other, and County was at budget. Contractual Allowances were above budget due to the shift in Payor mix from Commercial to Medicaid. (a) 128% decrease in Commercial to Medicaid. (b) 200 (200 (200 (200 (200 (200 (200 (200	Surgery cases, Diagnostic Imaging, Cat Scans, Speech Therapy, and						
We saw a shift in our payor mix with a 61% increase in Medicare, a 2.42% increase in Medical, at 128% decrease in Commercial insurance, a 1.77% decrease in Other, and County was at budget. Contractual Allowances were above budget due to the shift in Payor mix from Commercial to Medicaid. (a) 128% decrease in Commercial to Medicaid. (b) 200 (200 (200 (200 (200 (200 (200 (200	2) Total Deductions from Revenue						
Contractual Allowances were above budget due to the shift in Payor mix from Commercial to Medicaid.   Prior Period Settlement   \$280,000   \$2	a 2.42% increase in Medicaid, a 1.26% decrease in Commercial	Charity Care	\$		, ,		
Prior Period Settlement   288,000   268,000   104	•			-	-		
Total	<del>-</del>			,			
An adjustment was made to the FY21 Medicare As Filed Cost Report to capture additional amounts due to the program, creating a negative variance in Prior Perolo Stettements.    VCH ER Physician Guarantee   \$ (103,908) \$ (188,941) \$ (16,538) \$ (108,727) \$ (205,479) \$ (16,538) \$ (16,706) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (108,727) \$ (205,479) \$ (205,4	Payor this from Commercial to Medicald.		\$				
NCH ER Physician Guarantee is tied to collections which came in below budget in December.   Niscellaneous   (4.819)   (1.5.58)   (	to capture additional amounts due to the program, creating a negative			(=15,015)	(133,=1.1)		
Miscellaneous   Total   Capabil	3) Other Operating Revenue						
Total   \$ (108.727) \$ (205.479)	•	•	\$				
Pub	budget in December.		•				
Employee Benefits   PL/SL   \$ (17,143) \$ (53,231)		Total	Φ	(100,727) \$	(205,479)		
Negative variance in PL/SL was offset by a positive variance in Salaries and Wages.	4) <u>Salaries and Wages</u>	Total	\$	62,936 \$	148,221		
Standby			\$	(17,143) \$	(53,231)		
Employee Benefits - Workers Compensation         Total         9,319 (14,023)         10,219           Employee Benefits - Workers Compensation         Total         \$ 3,624 (17,554)         21,457           Employee Benefits - Medical Insurance         Total         \$ (5,375)         \$ 31,673           5) Professional Fees         IVCH ER Physicians         \$ 39,054 (12,908)         1(2,908)           IVCH ER Physician fees came in below budget for December.         Sleep Clinic         39,054 (253)         (16,018)           Speech and Occupational Therapy volumes were below budget 26.54%, creating a positive variance in Therapy Services.         Administration         2 250         2,250           Therapy Services         9,427 (25,301)         8,518         3,850 (25,375)         9,354         1,050           6) Supplies         Patient & Other Medical Supplies         (16,706) (18,704)         2,250         1,044           Non-Patient Chargeable Lab supplies, COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Supplies         1,007 (2,552)         1,034         2,252           Supplies.         Minor Equipment         2,630 (13,344)         2,630 (13,344)         2,630 (13,344)         2,630 (13,344)           Food         1,471 (23,24)         7,423         7,423         7,423         7,423         7,423         7,423<		•		4 204	-		
Nonproductive   Total   Tota	and wages.	-			,		
Total					, ,		
Non-Patient Chargeable Lab supplies COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Supplies Rouse Soled to Patients revenues were below budget 26.23%, creating Drugs Sold to Patients revenues were below budget 26.23%, creating Pharmacy Supplies Rouse Research in Patient & Other Medical Supplies Rouse Research in Patients Rouse		•	\$				
Non-Patient Chargeable Lab supplies   Patient & Other Medical Supplies   Non-Patient Chargeable Lab supplies   Non-Patient Chargeable Lab supplies   COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Supplies   Office Supplies   Office Supplies   Office Supplies   Covid to Patients revenues were below budget 26.23%, creating   Pharmacy Supplies   28,812   122,425	Employee Benefits - Workers Compensation	Total	\$	3,624 \$	21,457		
Non-Patient Chargeable Lab supplies   Patient & Other Medical Supplies   Non-Patient Chargeable Lab supplies   Non-Patient Chargeable Lab supplies   COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Supplies   Office Supplies   Office Supplies   Office Supplies   Covid to Patients revenues were below budget 26.23%, creating   Pharmacy Supplies   28,812   122,425	Employee Benefits - Medical Insurance	Total	\$	(5.375) \$	31 673		
IVCH ER Physician fees came in below budget for December.   Sleep Clinic   - (1,618)	Employee Boneike Interest inte	Total		(σ,στο) φ	01,010		
Foundation (253) (150)   Speech and Occupational Therapy volumes were below budget 26.54%, creating a positive variance in Therapy Services.   Administration   -   -   -     Miscellaneous   (750)   2,250     Therapy Services   9,427   8,518     Multi-Specialty Clinics   (8,977)   9,354     Total   38,501   \$ 5,445     Non-Patient Chargeable Lab supplies, COVID tests, and Biofire   Minor Equipment   2,630   (13,344)     reagents created a negative variance in Patient & Other Medical Supplies   1,007   (2,552)     Supplies   Supplies   508   1,364     Food   1,471   7,423     Drugs Sold to Patients revenues were below budget 26.23%, creating   Pharmacy Supplies   28,812   122,425     Foundation   (253)   (150)     Administration   -   -   -     Miscellaneous   (750)   2,250     Therapy Services   9,427   8,518     Multi-Specialty Clinics   (8,977)   9,354     Total   \$ 38,501   \$ 5,445     Multi-Specialty Clinics   (8,977)   9,354     Total   \$ 38,501   \$ 5,445     Multi-Specialty Clinics   (8,977)   9,354     Multi-Specialty Clinics   (8,977)   9,354     Total   \$ 38,501   \$ 5,445     Multi-Specialty Clinics   (8,977)   9,354     Multi-Specialty Clinics	5) <u>Professional Fees</u>	IVCH ER Physicians	\$	39,054 \$	(12,908)		
Speech and Occupational Therapy volumes were below budget 26.54%, creating a positive variance in Therapy Services.	IVCH ER Physician fees came in below budget for December.	Sleep Clinic		-	(1,618)		
6) Supplies         Patient & Other Medical Supplies         (16,706)         (18,434)           Non-Patient Chargeable Lab supplies, COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Supplies         Non-Medical Supplies         1,007         (2,552)           Supplies.         Office Supplies         1,471         7,423           Drugs Sold to Patients revenues were below budget 26.23%, creating         Pharmacy Supplies         28,812         122,425				(253)	(150)		
Therapy Services   9,427   8,518   Multi-Specialty Clinics   (8,977)   9,354   Total   \$ 38,501   \$ 5,445	•			(750)	-		
Multi-Specialty Clinics   (8,977)   9,354     Total     38,501   5,445     Supplies   Patient & Other Medical Supplies   (16,706)   (18,434)     Non-Patient Chargeable Lab supplies, COVID tests, and Biofire   Minor Equipment   2,630   (13,344)     reagents created a negative variance in Patient & Other Medical   Non-Medical Supplies   1,007   (2,552)     Supplies.   Office Supplies   508   1,364     Food   1,471   7,423     Drugs Sold to Patients revenues were below budget 26.23%, creating   Pharmacy Supplies   28,812   122,425	creating a positive variance in Therapy Services.			` ,	,		
Following         Total         \$ 38,501         \$ 5,445           6) Supplies         Patient & Other Medical Supplies         \$ (16,706)         \$ (18,434)           Non-Patient Chargeable Lab supplies, COVID tests, and Biofire reagents created a negative variance in Patient & Other Medical Non-Medical Supplies         2,630         (13,344)           Supplies.         Office Supplies         1,007         (2,552)           Supplies.         508         1,364           Food         1,471         7,423           Drugs Sold to Patients revenues were below budget 26.23%, creating         Pharmacy Supplies         28,812         122,425							
Patient & Other Medical Supplies \$ (16,706) \$ (18,434)  Non-Patient Chargeable Lab supplies, COVID tests, and Biofire Minor Equipment 2,630 (13,344)  reagents created a negative variance in Patient & Other Medical Non-Medical Supplies 1,007 (2,552)  Supplies. Office Supplies 508 1,364  Food 1,471 7,423  Drugs Sold to Patients revenues were below budget 26.23%, creating Pharmacy Supplies 28,812 122,425			\$				
Non-Patient Chargeable Lab supplies, COVID tests, and Biofire Minor Equipment 2,630 (13,344) reagents created a negative variance in Patient & Other Medical Non-Medical Supplies 1,007 (2,552) Supplies. Office Supplies 508 1,364 Food 1,471 7,423 Drugs Sold to Patients revenues were below budget 26.23%, creating Pharmacy Supplies 28,812 122,425			<u> </u>	σο,σσ. φ	5,1.5		
reagents created a negative variance in Patient & Other Medical         Non-Medical Supplies         1,007         (2,552)           Supplies.         Office Supplies         508         1,364           Food         1,471         7,423           Drugs Sold to Patients revenues were below budget 26.23%, creating         Pharmacy Supplies         28,812         122,425	6) <u>Supplies</u>	Patient & Other Medical Supplies	\$	(16,706) \$	(18,434)		
Supplies.         Office Supplies         508         1,364           Food         1,471         7,423           Drugs Sold to Patients revenues were below budget 26.23%, creating         Pharmacy Supplies         28,812         122,425		• •		2,630			
Food 1,471 7,423 Drugs Sold to Patients revenues were below budget 26.23%, creating Pharmacy Supplies 28,812 122,425	reagents created a negative variance in Patient & Other Medical	Non-Medical Supplies					
Drugs Sold to Patients revenues were below budget 26.23%, creating Pharmacy Supplies 28,812 122,425	Supplies.						
a positive variance in Pharmacy Supplies.			•				
	a positive variance in Friannacy Supplies.	ı Olai	Φ	11,122 \$	30,001		

Variance from Budget

# INCLINE VILLAGE COMMUNITY HOSPITAL NOTES TO STATEMENT OF REVENUE AND EXPENSE DECEMBER 2021

		Fav <ur< th=""><th colspan="3">nfav&gt;</th></ur<>			nfav>		
		D	EC 2021		YTD 2022		
7) Purchased Services	Laboratory	\$	(9,798)	\$	(41,361)		
Lab Send Out volumes were above budget 105.13%, creating a negative	Miscellaneous		(1,058)		(17,585)		
variance in Laboratory.	Multi-Specialty Clinics		231		(8,891)		
	Engineering/Plant/Communications		(365)		(6,764)		
Repairs to the Air Handling unit created a negative variance in Department	Surgical Services		-		-		
Repairs.	Pharmacy		500		1,806		
	Diagnostic Imaging Services - All		(906)		3,485		
	Department Repairs		(2,041)		4,019		
	EVS/Laundry		6,929		11,583		
	Foundation		(726)		45,785		
	Total	\$	(7,234)	\$	(7,923)		
8) Other Expenses	Miscellaneous	\$	(8,419)	\$	(84,605)		
Transfer of Laboratory Labor costs for IVCH tests resulted in the TFH	Utilities		(8,359)		(34,567)		
Lab created a negative variance in Miscellaneous.	Insurance		(1,129)		(13,256)		
	Marketing		(4,530)		(12,192)		
Telephone and Electricity costs exceeded budget, creating a negative	Equipment Rent		(14)		(1,566)		
variance in Utilities.	Physician Services		-		-		
	Multi-Specialty Clinics Bldg. Rent		100		600		
IVCH Logo Pharmacy bags used at local pharmacies created a negative	Other Building Rent		374		2,443		
variance in Marketing.	Dues and Subscriptions		1,313		7,358		
	Outside Training & Travel		3,626		21,158		
	Total	\$	(17,037)	\$	(114,628)		
9) <u>Donations</u>	Total	\$	(75,596)	\$	(261,864)		
10) Gain/(Loss) on Sale	Total	\$	-	\$	1,000		
11) COVID-19 Emergency Funding		•		•	(000 (0=)		
	Total	\$	-	\$	(806,125)		
12) <u>Depreciation Expense</u>	Total	\$	-	\$	-		

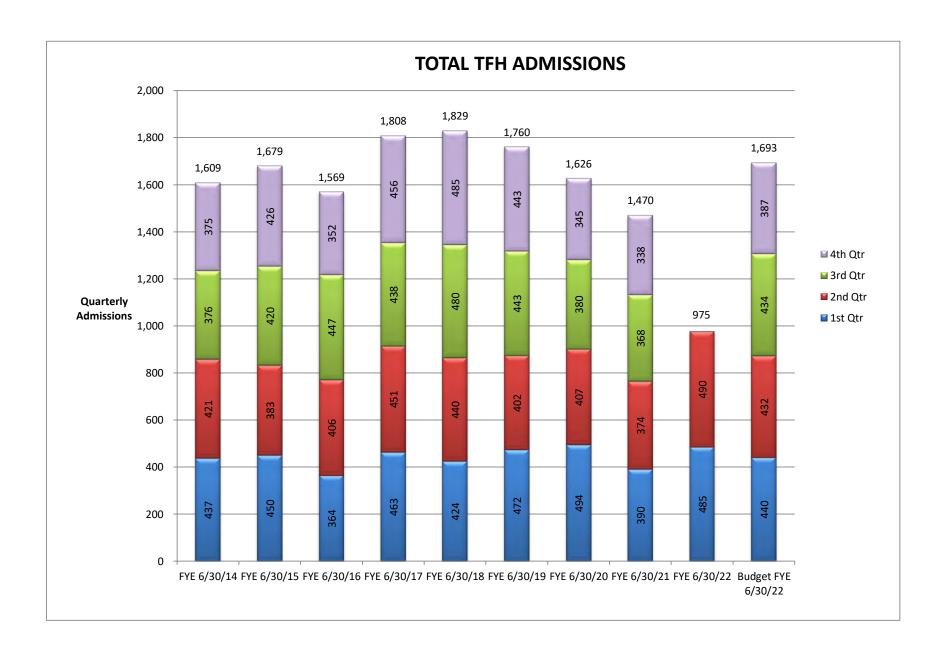
Variance from Budget

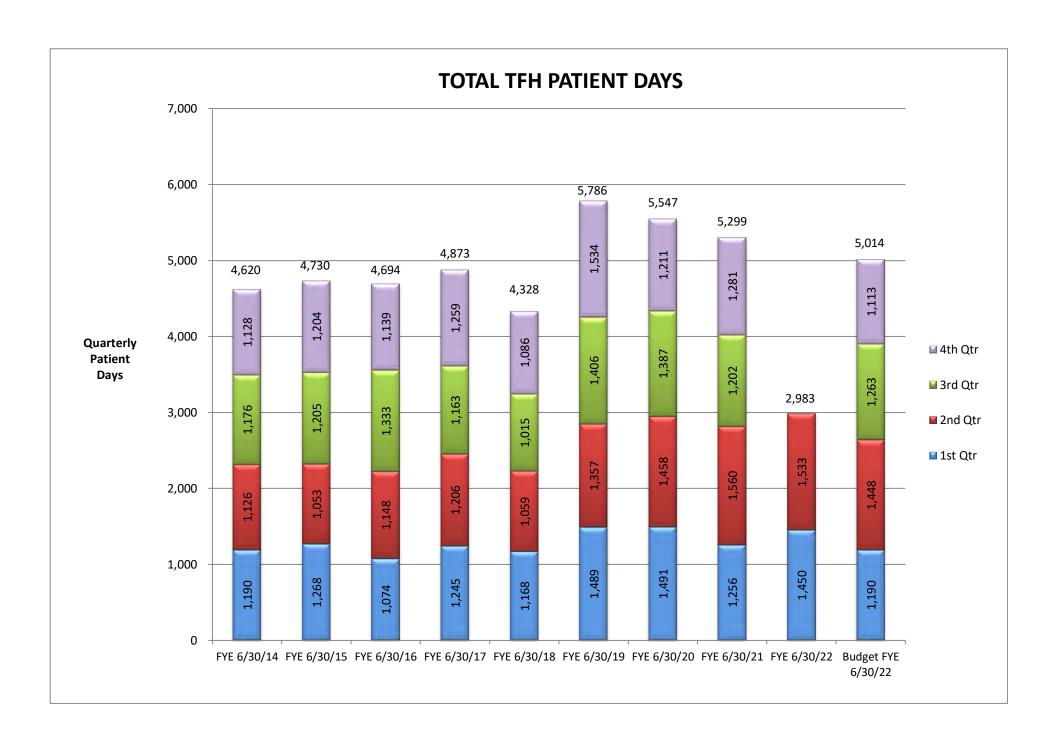
#### TAHOE FOREST HOSPITAL DISTRICT STATEMENT OF CASH FLOWS

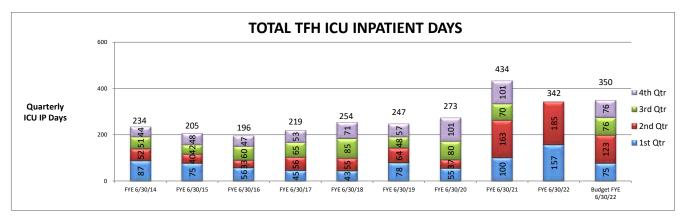
					LIVILI		<u> </u>					
	AUDITED	UDITED BUDGET PRO		PROJECTE	PROJECTED ACTUAL PROJECTED			ACTUAL	ACTUAL	PROJECTED	PROJECTED	
	FYE 2021		FYE 2022	FYE 2022		DEC 2021	DEC 2021	DIFFERENCE	1ST QTR	2ND QTR	3RD QTR	4TH QTR
	-							-				
Net Operating Rev/(Exp) - EBIDA	\$ 35,256,409		\$ 22,035,877	\$ 30,774,7	80	\$ 4,469,115	\$ 2,539,004	\$ 1,930,111	\$ 15,154,229	\$ 7,650,554	\$ 4,890,449	\$ 3,079,498
Interest Income	604,065		509,726	477,5	1	26,629	-	26,629	98,018	94,530	143,111	141,852
Property Tax Revenue	8,358,581		8,320,000	8,355,5	2	-	-	-	453,496	102,016	4,600,000	3,200,000
Donations	647,465		1,320,000	1,137,0	25	207,531	110,000	97,531	145,778	331,247	330,000	330,000
Emergency Funds	(3,567,509)		-	(1,092,7	39)	-	-	-	101,692	(1,194,431)	-	-
Debt Service Payments	(4,874,705)		(5,016,439)	(4,928,0	9)	(352,763)	(353,188)	425	(1,631,219)	(1,058,056)	(1,179,259)	(1,059,565)
Property Purchase Agreement	(744,266)		(811,927)	(811,9	27)	(67,661)	(67,661)	-	(202,982)	(202,982)	(202,982)	(202,982)
2018 Municipal Lease	(1,574,216)		(1,717,326)	(1,717,3		(143,111)	(143,111)	_	(429,332)	(429,332)	(429,332)	(429,332)
Copier	(58,384)		(63,840)	(61,5		(4,895)	(5,320)	425	(15,223)	(14,449)	(15,960)	(15,960)
2017 VR Demand Bond	(989,752)		(778,177)	(692,0		( ,, , , , ,	(5,525)	-	(572,390)	(, ,	(119,694)	(10,000)
2015 Revenue Bond	(1,508,087)		(1,645,169)	(1,645,1		(137,097)	(137,097)	0	(411,292)	(411,294)	(411,292)	(411,292)
Physician Recruitment	(145,360)		(320,000)	(356,6		(101,001)	(30,000)	30,000	(,202)	(96,668)	(164,000)	(96,000)
Investment in Capital	(140,000)		(020,000)	(000,0	,0,		(00,000)	00,000		(50,000)	(104,000)	(50,000)
Equipment	(1,993,701)		(6,619,450)	(6,619,4	:0)	(278,803)	(1,222,850)	944,047	(1,413,396)	(377,325)	(3,037,428)	(1,791,301)
Municipal Lease Reimbursement	1,638,467		(0,010,400)	(0,010,4	-	(270,000)	(1,222,000)	-	(1,410,000)	(011,020)	(0,007,120)	(1,701,001)
IT/EMR/Business Systems	(188,744)		(1,315,027)	(1,315,0	7)	_	(83,157)	83,157	_	_	(722,564)	(592,463)
Building Projects/Properties	(7,418,233)		(29,614,464)	(29,614,4		(1,703,223)	(3,943,403)	2,240,180	(2,380,089)	(3,749,159)	(12,179,614)	(11,305,602)
building Projects/Properties	(7,410,233)		(23,014,404)	(23,014,4	,4)	(1,703,223)	(3,343,403)	2,240,100	(2,300,009)	(3,743,133)	(12,179,014)	(11,303,002)
Change in Accounts Receivable	(6,284,269)	N1	(2.149.377)	(2,053,4	88)	(304,040)	(2,468,257)	2,164,217	(3,723,682)	(1,916,033)	1.776.505	1.809.772
Change in Settlement Accounts	2,737,636		(22,397,159)	(20,910,2	′	(5,361,420)	(3,638,049)	(1,723,371)	(161,535)	(13,234,421)	(3,309,585)	(4,204,716)
Change in Other Assets	(92,357)		(2,400,000)	(2,630,9		(91,818)	(200,000)	108,182	(1,167,873)	(263,085)	(600,000)	(600,000)
Change in Other Liabilities	3,980,506		(893,000)	(4,540,7		(458,378)	(1,400,000)	941,622	1,967,766	(8,458,498)	(250,000)	2,200,000
Change in Other Elabilities	0,000,000		(000,000)	(4,040,7	,_,	(400,070)	(1,400,000)	041,022	1,007,700	(0,100,100)	(200,000)	2,200,000
Change in Cash Balance	28,658,251		(38,539,313)	(33,317,0	54)	(3,847,170)	(10,689,900)	6,842,730	7,443,183	(22,169,328)	(9,702,384)	(8,888,525)
Beginning Unrestricted Cash	132.985.091		161.643.342	161,643,3	10	150,825,826	150,825,826		161.643.342	169,086,525	146,917,197	137,214,812
Ending Unrestricted Cash	161,643,342		123,104,029	128,326,2		146,978,656	140,135,926	6,842,730	161,043,342	146,917,197	137,214,812	128,326,288
Ending Uniestricted Cash	161,643,342		123,104,029	120,320,2	00	140,970,000	140,135,926	0,042,730	109,000,323	146,917,197	137,214,012	120,320,200
Operating Cash	142,591,148		123,104,029	128,326,2		132,737,311	125,894,581	6,842,730	152,247,265	132,675,852	126,723,467	128,326,288
			123,104,029	120,320,2	00			0,042,730				120,320,200
Medicare Accelerated Payments	19,052,193		-		-	14,241,345	14,241,345	-	16,839,260	14,241,345	10,491,345	-
Expense Per Day	595,409		629,671	616,0	31	603,375	630,432	(27,057)	585,887	603,375	614,819	616,031
1			5_5,51			700,000	,	(=:,==:,	,	222,212	,,	,
Days Cash On Hand	271		196	2	8	244	222	21	289	243	223	208
Days Cash On Hand - Operating Cash Only	239		196		8	220	200	20	260	220	206	208
-,									 =		=	

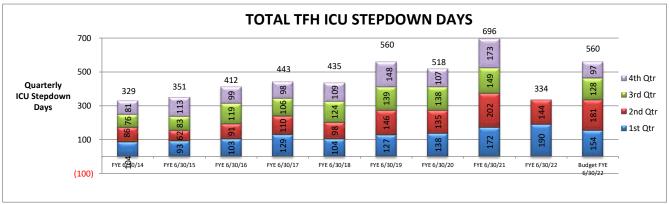
#### Footnotes:

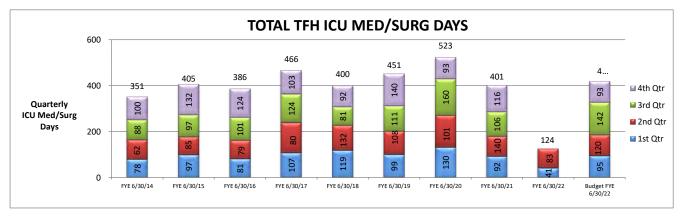
- N1 Change in Accounts Receivable reflects the 30 day delay in collections.
- N2 Change in Settlement Accounts reflect cash flows in and out related to prior year and current year Medicare and Medi-Cal settlement accounts.
- N3 Change in Other Assets reflect fluctuations in asset accounts on the Balance Sheet that effect cash. For example, an increase in prepaid expense immediately effects cash but not EBIDA.
- N4 Change in Other Liabilities reflect fluctuations in liability accounts on the Balance Sheet that effect cash. For example, an increase in accounts payable effects EBIDA but not cash.

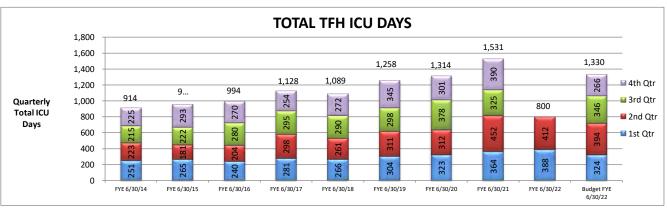


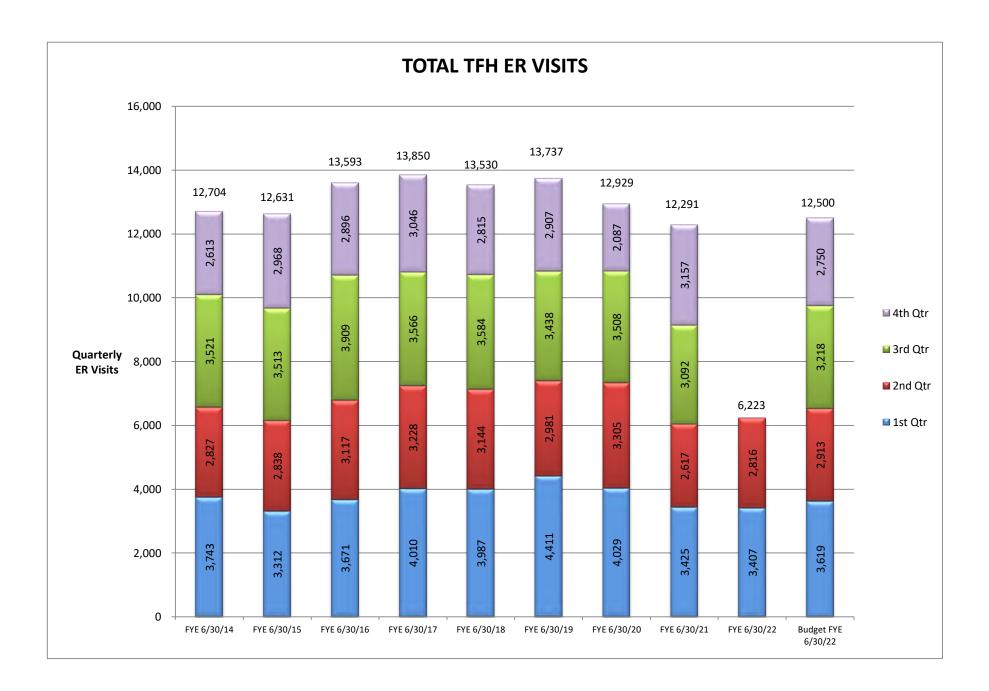


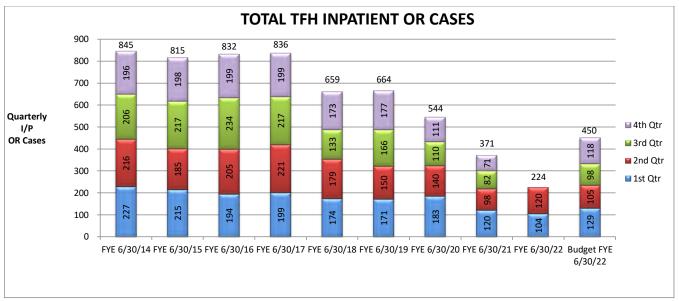


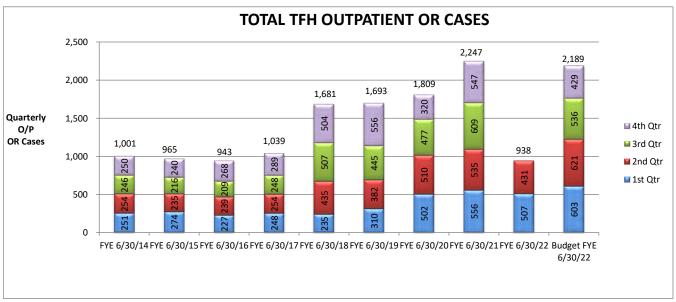


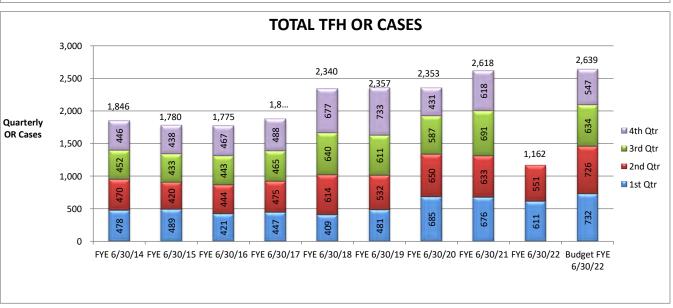


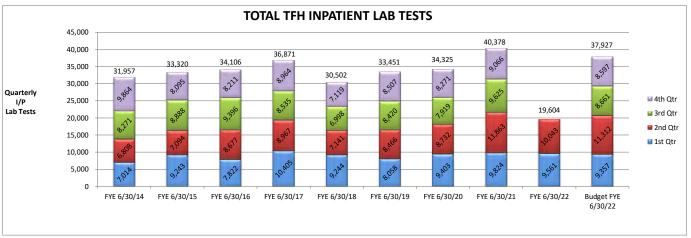


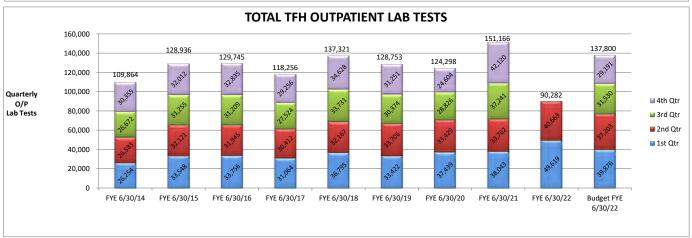


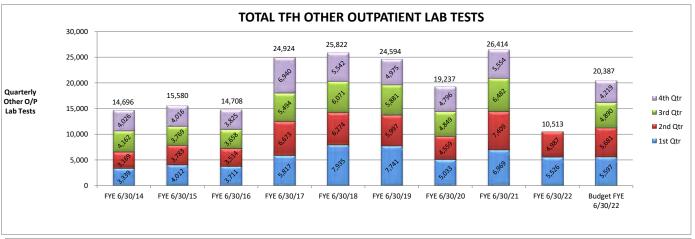


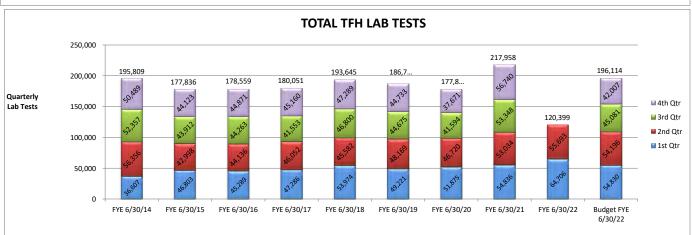


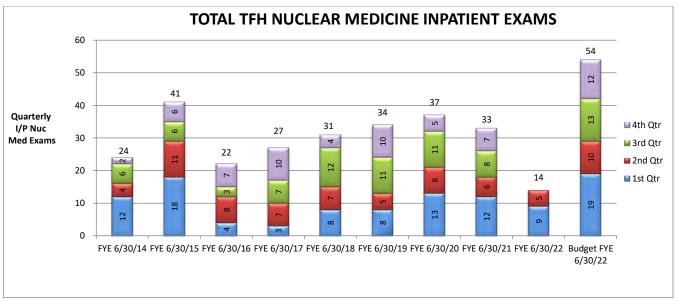


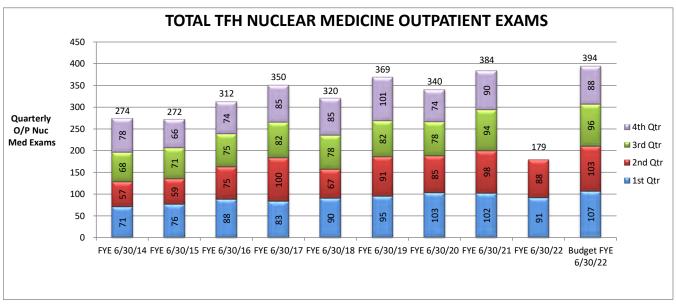


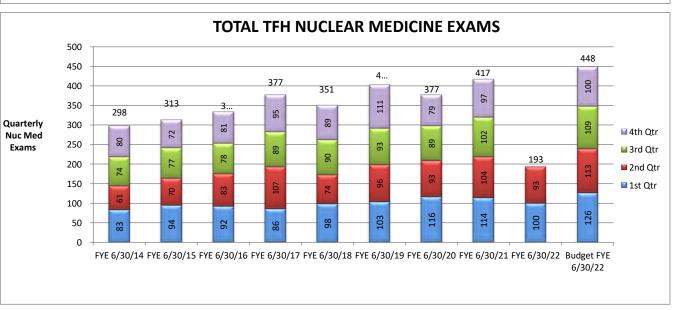


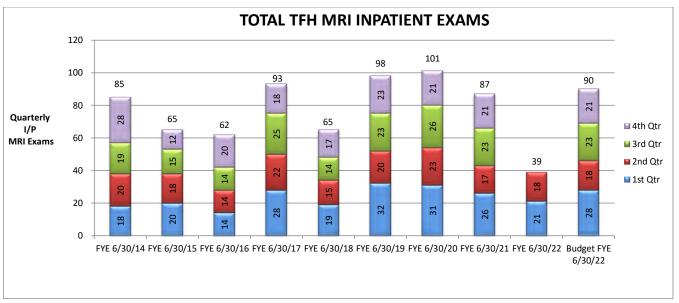


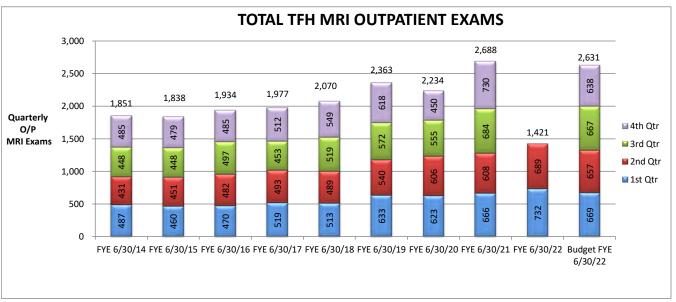


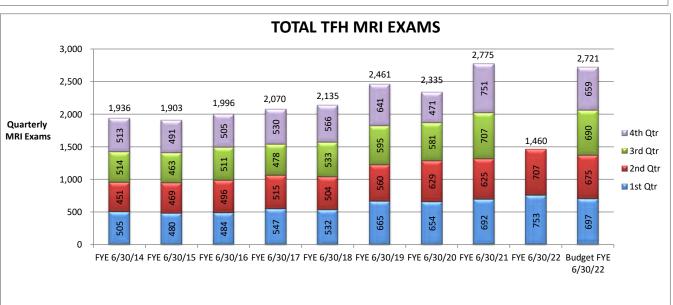


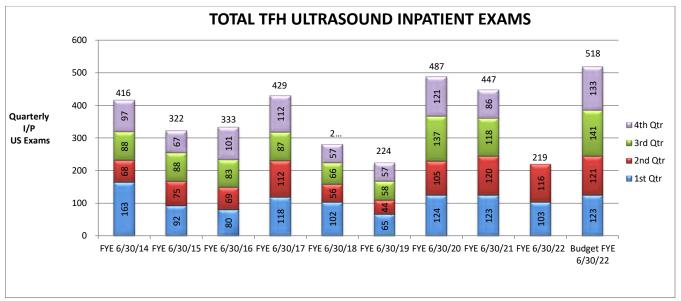


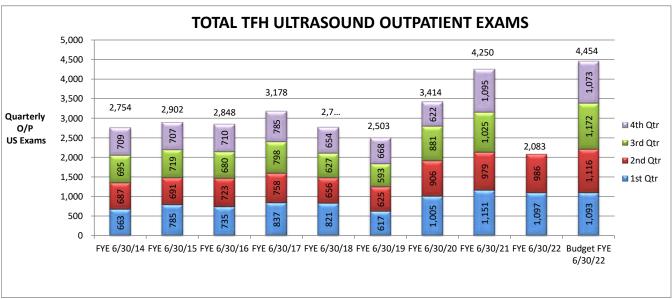


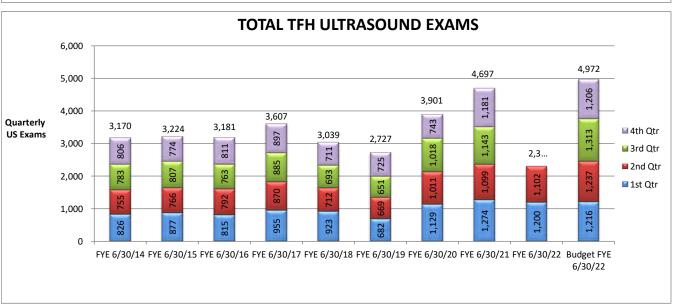


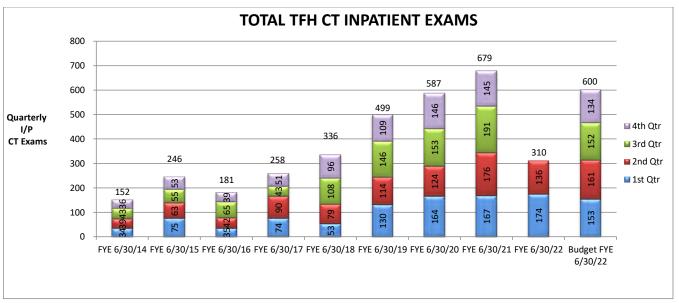


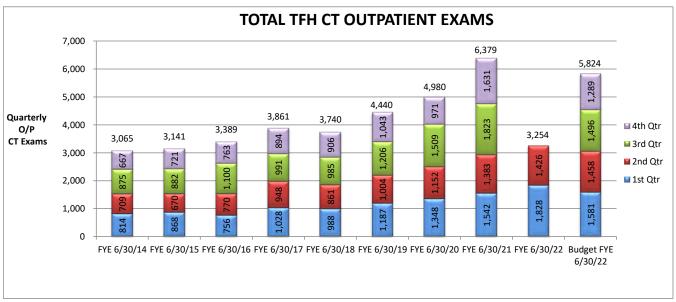


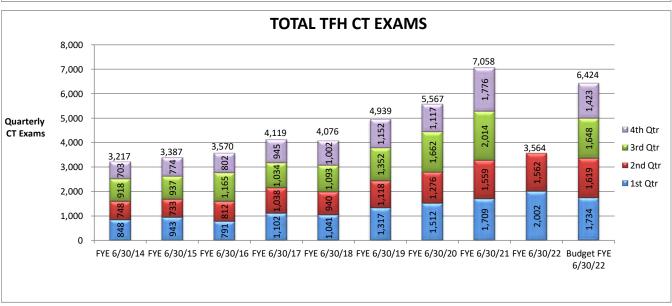


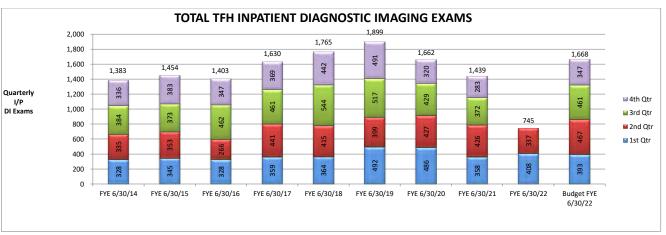


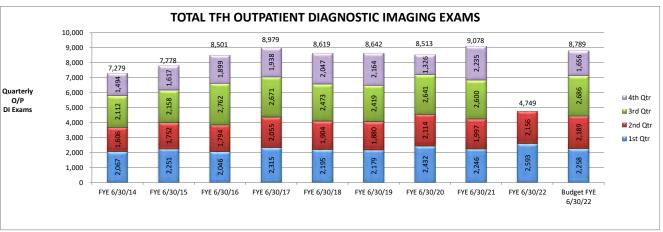


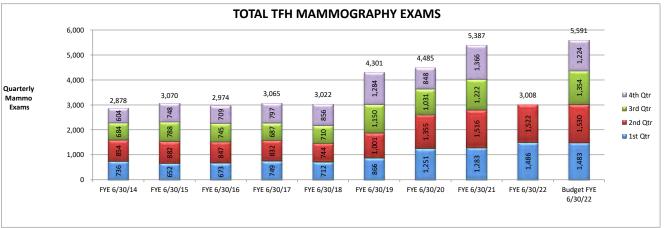


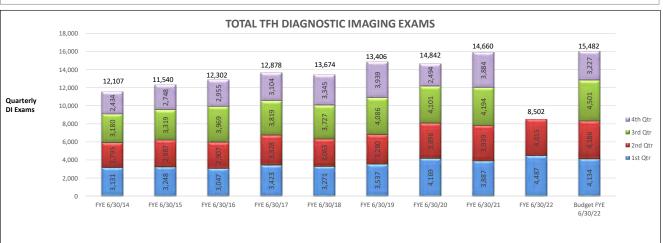


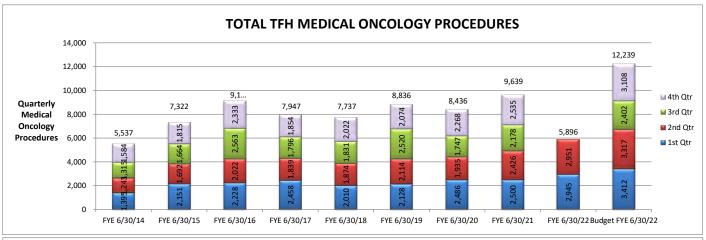


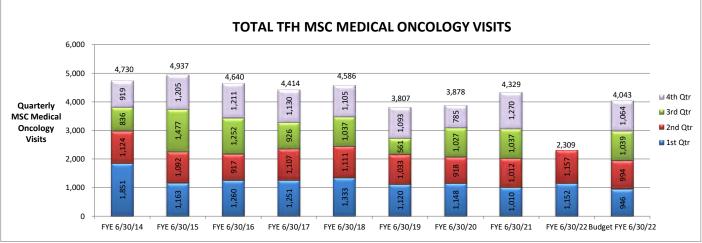


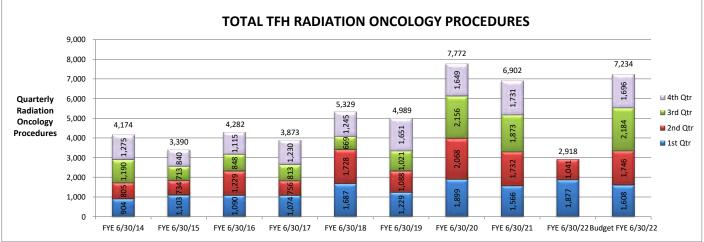


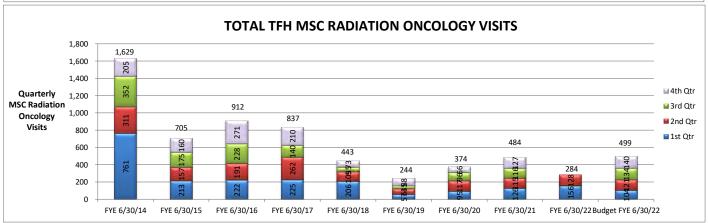


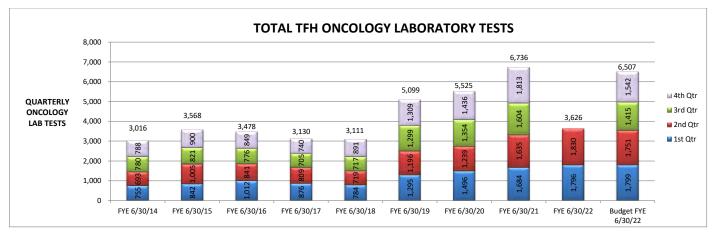


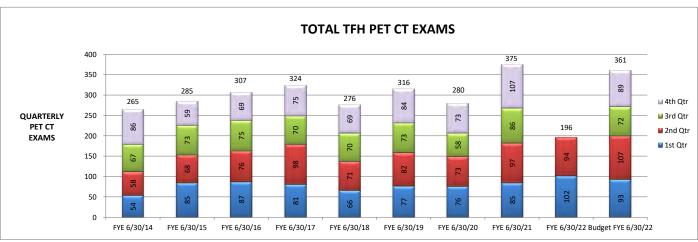


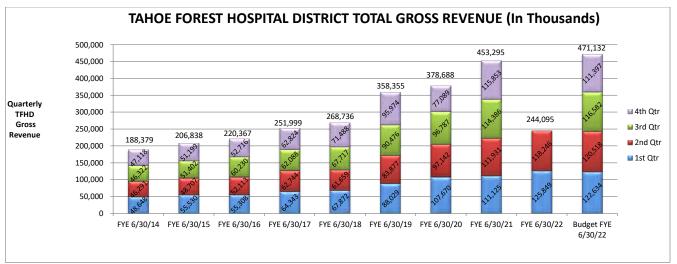


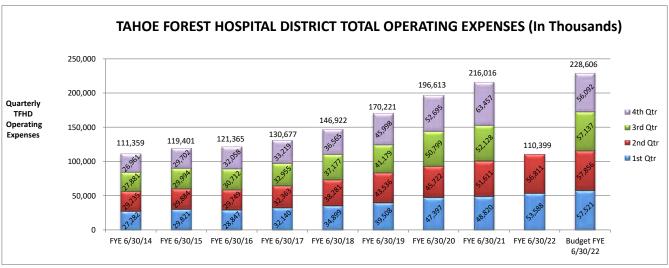


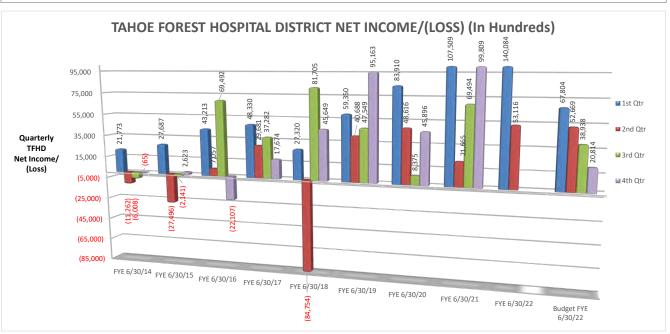














## **Board Informational Report**

By: Harry Weis
President and CEO

**DATE: January 17, 2022** 

As we have shared in earlier months this fiscal year, we are seeing much smaller year over year growth percentages versus previous year over year exceptional growth rates. Now after six months we estimate our overall, year over year growth is about 5%. This is more manageable and more in line with many companies across the US.

We continue to be very constrained as to physician office space. We have acquired three business condos out near the Airport and Soaring Ranch and there we will place primary care, lab and at least one specialty care service. This area is an important underserved region for us.

We also continue to work on the 2<sup>nd</sup> floor of our 3 story medical office building and are making new plans for additional improvements on the 3<sup>rd</sup> floor to serve a higher volume of patients and meet our needs better. We are looking to have physical health and mental health nicely coordinated and where and how we could add dental services.

We had two retirements in GI services so these are key positons we are looking to fill as quickly as possible with new high quality team members.

We are actively working on short-term increases to parking for our team and patients. This is critical while we wait for the longer term approvals of our Master Plan. Our team has been present in various town meetings for several weeks now and we have an important meeting this week as well.

Patient, access, experience and year over year quality improvements are vitally important for us and are receiving a lot of attention.

Our team has been incredibly busy over the past several weeks as we've seen locally and nationally a huge surge in the number of COVID 19 positive lab tests and in some regions/hospitals they are really full of ill patients. Many hospitals across America have workforce shortages too, as the virus spreads to healthcare workers.

We are continuing our careful search for a full time Chief Medical Officer (CMO). Dr. Coll remains our part time CMO. I've brought in Dr. Gary Gray as a CMO Consultant to increase our resources to help in a variety of physician services matters and in quality as well as working on team engagement and alignment.

We want to thank Karen Baffone for her many years of service and her retirement as our CNO on January 14. Louis Ward will arrive full time no later than January 31 to start as COO here and will work with Judy Newland as she transitions to retirement.

We have a larger variety of resources in place than almost any company out there to help our team through these tough and stressful times and we are actively moving forward with more items to help our team short and longer term.

Our Strategic Plan is moving nicely forward as we refresh our Mission, Vision, Values, Priorities and Objectives for the next three years.

Our Master Plan, which is an important subset of our Strategic Plan is also a very busy part of our work activities as we work to obtain approvals on the next critical phases, we need to complete as quickly as possible.

New federal regulations that went into effect on January 1<sup>st</sup> have caused us to have to increase staffing to meet the "no surprise" rules and the "transparency rules. So these administrative burdens, which are unfunded mandates aren't making healthcare more affordable.

We are also active on a variety of state regulations, as there are a number of concerning contemplated actions that can make healthcare tougher and more challenging to be sustainable for the future.



## **Board COO Report**

By: Judith B. Newland DATE: January 27, 2022

**Quality:** Pursue Excellence in Quality, Safety and Patient Experience Focus on our culture of safety

We continue to respond to the changing CDC and state COVID vaccination, testing and safety guidelines and our community's needs. The following are activities that have occurred this past month:

- a. The State of California issued a mandate that all workers who work in or provide services in health care facilities, who are eligible for a booster, have the booster completed by February 1, 2022. This includes TFHS employees, physicians and contracted staff. Exemptions for qualifying medical condition or sincerelyheld religious belief, observance, or practice conflicts with the vaccine requirement must submit required documentation of these exemptions.
- b. The State of California also mandated that if an employee, physician or contracted staff are currently eligible for a booster, they need to complete COVID testing 1-2 times per week based on their location of work. This order was sent December 22<sup>th</sup> and must be in full implementation by January 7th. TFHS is currently providing testing for eligible booster employees, physicians or contracted staff at TFH, IVCH, and Pioneer Center
- c. The Gateway Vaccine Clinic continues to provide vaccines and boosters for our community members. Adults 18 and over can receive Pfizer, Moderna or J&J vaccine, 5-17 year olds can receive Pfizer only vaccines. Children 5-11 years of age are not eligible for the booster. The Gateway Vaccine Clinic is open Thursday Sunday with expanded hours of 8am 5:30pm. Vaccinations can be made My Turn. This includes our health care workers.
- d. Incline Village Community Hospital has a limited number of Moderna vaccines for boosters. When available IVCH is able to provide Moderna boosters to community members.

The Strategic Planning process for FY23 – FY25 continues. The Strategic Planning Task Force (SPTF) met January 6, 2022 and reviewed the drafted Mission Statement, Vision, Values, Board Guiding Principle, and strategic priorities and objectives. The SPTF approved the draft Mission, Vision, Board Guiding Principle, strategic priorities and objectives. A recommended change to values was made and the Administrative Council (AC) was given the task to review the recommendation and update. The AC met January 10 and reviewed the recommended value change and updated it as requested. The AC will continue to meet weekly to work on components of the strategic plan.

**Service: Optimize Deliver Model to Achieve Operational and Clinical Efficiency** <u>Implement a focused master plan</u>

Report provided by Dylan Crosby, Director Facilities and Construction Management

#### **Active Moves:**

NA

Tahoe Forest Hospital District • 10121 Pine Avenue • Truckee, CA 96161 • 530/587-6011 Incline Village Community Hospital • 880 Alder Avenue • Incline Village, Nevada 89451-8215 • 775/833-4100

#### **Planned Moves:**

Tahoe Access March 2022

#### **Active Projects:**

**Project:** ECC Interior Upgrades

**Background:** In late 2018, District staff initiated a project to renovate and upgraded the portion of the skilled nursing facility built in 1985. The goals of the project were to upgrade existing finishes and provide a warm and welcoming environment for the residents. In addition, the project sought to correct potential accreditation issues due to the age of the building.

<u>Summary of Work:</u> Remodel all patient rooms including new; case work, wardrobes, sink, counter, lighting, televisions, flooring, paint and doors. Remodel Dinning and Activity rooms with new flooring, paint, blinds and replacement of existing counters and sinks.

<u>Update Summary:</u> Phase 3 has been approved by HCAI. Phase 4 is now underway which include patient rooms in the East-West Corridor.

Start of Construction: March 29<sup>th</sup>, 2021

Project Budget: \$957,410

**Estimated Completion:** April 2022

**Project:** Tahoe Forest Nurse Call Replacement

<u>Background:</u> In 2018, TFH completed phase 1 of the Nurse Call replacement system, which included Med Surg, ICU and Briner Imaging. This project, phase 2, will replace the remainder of the antiquated systems and condense the nurse calls at TFHD to a single more reliable system.

<u>Summary of Work:</u> Remove and replace existing Nurse Call Systems in Ambulatory Surgery, Emergency, Diagnostic Imaging, Respiratory and Extended Care Center Departments.

<u>Update Summary:</u> Construction has initiated in the corridors, 10/12/21. Procurement has been delayed due to chip shortages necessary for manufacturing the duty and patient stations.

<u>Start of Construction:</u> March 2022 <u>Estimated Completion:</u> June 2022

**Project:** Incline Sterile Processing Remodel & Exterior Shop Remodel

<u>Background:</u> Incline Village Community Hospital Sterile Processing Department ("IVCH SPD") – In preparation to offer endoscopy procedures at IVCH, this service is in need of reconfiguration and equipment upgrades to process the future instruments.

IVCH Exterior Shop Remodel "IVCH-Shop" - The exterior storage shop at IVCH is in disrepair and is not readily used due to its condition. This project is to renovate and upgrade the exterior shop to utilize for storage and relocate Engineer outside of the Hospital to provide space for patient care services.

The projects were bid together to provide economies of scale.

<u>Summary of Work:</u> IVCH-SPD: Create a temporary decontamination room to allow for continuity of operations during the construction timeline. Once completed, renovate the existing decontamination room and add the additional utilities needed to support the new equipment.

IVCH-Shop: Renovate shop to provide improved utility and storage as well as space to move engineering outside of the Hospital.

<u>Update Summary:</u> Construction underway. Sterile Processing: Construction of new decontam room is underway. Shop: Completed

**Start of Construction:** August 2021 **Estimated Completion:** March 2022

#### **Projects in Implementation:**

**Project:** Underground Storage and Day Tank Replacement.

<u>Background:</u> The existing Diesel underground storage is 30 years old in need of replacement. Staff analyzed if an above ground tank would be suitable, due to site constrained it was determined that a replacement underground tank would best serve the hospital.

<u>Summary of Work:</u> Removal of the existing Underground storage tank, day tank and day tank structure (not compliant). Excavate and install a new 15,000-gallon underground tank in the ambulance bay. A new day tank will be installed in the 500 KW generator room.

<u>Update Summary:</u> Staff are coordinating with contractor on procurement and notice to proceed (planned for Spring on 2022).

**Start of Construction:** May 2022

**Estimated Completion:** December 2022

**Project:** Medical Office Building Renovation

<u>Background:</u> Outpatient clinical services are in need of additional space to meet the healthcare need of the community. To provide efficient, flexible space staff intend to renovate the entire second floor of the Medical office building and create a single use suite that can be utilized for primary care and specialty services. MOB suite 360 is also planned to be renovated to utilize the additional space that has since become available.

<u>Summary of Work:</u> Relocate Occupation Health, Out Patient Lab and Primary Care services in suite 360. Demo all suites. Construct new use-flexible outpatient OSHPD 3 spaces for outpatient clinical services.

<u>Update Summary:</u> Demolition is completed. The minor use permit has been approved, 12/1/21. Project has been submitted to the building department for review and permit, 11/9/21.

**Start of Construction:** Winter 2021 **Estimated Completion:** Summer 2022

**Project:** MRI Replacement

<u>Background:</u> The existing MRI mechanical equipment is at end of life and the existing MRI itself does not provide the function needed to provide the necessary quality of care.

<u>Summary of Work:</u> Renovate the existing MRI suite to provide for two changing rooms and a gurney hold area. Order and install new 3T Siemens MRI.

<u>Update Summary:</u> The Temporary MRI plan has been approved by HCAI (previously OSHPD). MRI plans have been returned with comments from HCAI, re-submittal has been submitted

**Start of Construction:** April 2022 **Estimated Completion:** Fall 2022

#### **Projects in Planning:**

**Project:** Site Improvements Phase 2

<u>Background:</u> In order to meet the increased parking demand on campus, staff pursued surface parking lots to meet the immediate need, prior to the submittal of the Master Plan

<u>Summary of Work:</u> Project includes two site improvements for parking; these sites include Pat and Ollies and Gateway West lot. Scope includes regrading, surface improvements, landscaping and storm water improvements.

<u>Update Summary:</u> Project is pending Town of Truckee approval. Staff are working with the Town to go before the Planning Commission.

<u>Start of Construction:</u> Summer 2022 <u>Estimated Completion:</u> Winter 2022

**Project:** Incline Village Community Hospital Site Improvements

Background: Demand for parking at Incline Village Community Hospital has exceeded its capacity.

<u>Summary of Work:</u> In the Tahoe Basin the Truckee Regional Planning Agency, "TRPA" regulates the amount of disturbed land each individual parcel can have, Incline is at its capacity. Partnered with JKAE staff have planned a transfer of development rights as the first step in increasing the available parking onsite.

<u>Update Summary:</u> Design has concluded. Washoe County and TRPA have approved permit. Staff are working on transfer of development rights and preparation of bid documents.

**Start of Construction:** Summer 2022 **Estimated Completion:** Winter 2022

**Project:** Tahoe Forest Hospital Seismic Improvement

<u>Background:</u> In 2012, Tahoe Forest Hospital completed an expansive seismic improvement job to extend the allowance of acute care service in many of the Hospital buildings up to and beyond the 2030 deadline determined by Senate Bill 1953. This project is Phase one of three in a compliance plan to meet the full 2030 deadline.

<u>Summary of Work:</u> Upgrade four buildings (the 1978, 1990, 1993 and Med Gas) to Non-Structural Performance Category "NPC" 4 status. Renovate the Diagnostic Imaging reception, waiting room and X-Ray to increase capacity and receive new equipment. Renovate Emergency Department beds 8-15 to provide addition patient privacy. Renovate Emergency Department beds 4-7 to private rooms. Aesthetic upgrades of the 1978 and 1990 buildings including but not limited to flooring, ceilings, signage and painting.

1978 Building – Diagnostic Imaging, portions of Emergency Department

1990 Building – Portions of the Surgical Department

1993 Building – Portions of the Dietary Department

Med Gas Building – Primary Med Gas distribution building.

<u>Update Summary</u> Schematic Design has been approved. Staff are working with Design Builder on Design Development effort.

**Start of Construction:** Summer 2022 **Estimated Completion:** Summer 2023

**Project:** Levon Parking Structure

<u>Background:</u> Demand for parking Tahoe Forest Hospital has far exceeded its capacity. This project is to create a staff parking structure to meet the current and future needs of staff and importantly provide accessible parking for our patients.

<u>Summary of Work:</u> Project intent is to concurrently work on this project thru the entitlements effort on the Tahoe Forest Master Plan effort. This project being dependent on the Master Plan approval. This project will provide upwards of 225 parking stalls and various biking parking opportunities to support the parking need of the Tahoe Forest campus. The use intent is for this structure to service staff being located off Levon Ave, the Hospital service corridor.

<u>Update Summary:</u> Prequalification and shortlist has concluded. Request for Proposals is out to the shortlisted Design-Builders. With contract execution scheduled for March 2022.

**Start of Construction:** Spring 2023 **Estimated Completion:** Winter 2023

**<u>Project:</u>** Incline Village Community Hospital X-Ray and CT Replacement

<u>Background:</u> Incline Village Community Hospital has been provided a grant opportunity to support the replacement of the X-Ray and CT at the Hospital. Various components of the X-Ray are end of service and end of support. The CT is approaching end of service. The new CT will be replaced with a new 128 slice machine, existing 16 slices.

<u>Summary of Work:</u> Provide temporary accommodations to ensure hospital can provide X-Ray and CT services during the project. Replace X-Ray and CT equipment and modify space for code compliance and improved staff and patient workflow.

<u>Update Summary:</u> Request for Qualifications is being bid and Criteria for the Future Request for Proposals is in development.

<u>Start of Construction:</u> Fall 2022 <u>Estimated Completion:</u> Winter 2023



## **Board CNO Report**

By: Jan Iida, RN, MSN, CEN DATE: January 2022

**Chief Nursing Officer** 

#### Service: Optimize delivery model to achieve operational and clinical efficiency

- Continue to move forward with the Stork Project in Obstetrics for implementation.
- Developing a staffing model that would provide adequate staffing for the implementation OB unit responsibility of this program (C- Sections)
- Implementation to begin of new smart IV pumps
- Continue expand the role of the RNFA in surgical services
- Started work on order sets for Hypo/hyperglycemia and insulin pumps.
- We have signed contract with Blue Sky as the vendor for tele-stroke program.
  - Credentialing of tele-neurologists process should be completed in approximately 4 months (there are approximately 300 affiliations that Blue Sky has with other organizations).

#### Quality: Provide clinical excellence in clinical outcomes

Concurrent chart audits

- Discharge instructions
- Pain documentation
- Restraints
- Star rating performance related to readmissions
- Case management continues to work on the CAH splint

#### **Growth: Meets the needs of the community**

- Moderna Vaccination are available at IVCH Booster
- IVCH ED staff collection of COVID swabs M-F



## **Board CIIO Report**

By: Jake Dorst
Chief Information & Innovation Officer

DATE: January 27, 2022

- Preparing to execute on RL6 implementation for safety event reporting
- Completed security review for Baxter infusion pumps
- Identified road map for Epic integration of Point of Care imaging systems ultrasound (ED, Sports medicine, and next fiscal year Ortho and urgent care)
- Secure chat within epic and its use within the haiku epic mobile application
- Radiologist professional billing has gone live
- Anesthesia professional billing expected no later than May-1
- Reno facility go/no-go February move decision is pending 1/18
- Final preparation for EPIC upgrade Jan 19<sup>th</sup>
- Stork has kicked off we have a proposed go live of April 5, that we expect to move back to May or June dependent on which monthly upgrade window our build lands in.
- We have signed a letter of intent with Pioneer Rx pharmacy system for the retail pharmacy. We are current in a final detail scoping. We expect to have a contract/sales order during the week 1/17
- We are waiting on SOW from Mercy for the MOB Ste 110 urgent care build. Expectation of doors-open is currently Oct 1 2022
- TFHD has identified the initial potential workflows that may be applicable for Amitech Robotic Process Automation (RPA). Both exist in CFO departments. We do not have a full proposal or a contract. Scope discussion continues
- No surprises act has gone live and is operating. Training and support are ongoing
- Financial Assistance module SOW (charity care and self-pay, financial aid) is expected shortly
- Solution for statement efficiency optimization with Ability has been identified. go live date TBD
- Upgrade prep and rollout. Education/material reviewed in detail, tested out, verified with Mercy. Worked out concerns with Mercy on any Upgrade items. Mass amounts of communication of the Upgrade materials-where to find, what is specifically on it, Downtime times and support for during and after Upgrade on Jan 19<sup>th</sup>
- Stork OB module from Epic preparations and planning. Credentialed trainers verified and SOW is moving
- Numerous Mercy changes verified and vetted through IT departments and Clinical departments prior to rollout
  - Examples are: Covid testing, medications, BPA's, Insurance changes, SmartPhrase, Bed planning tool, APP Note writing updates etc.
- Many new hire trainings
- Large efforts looking into the details of MIPS and Interoperability Performance measures and data for our Quality department

- Also Process Improvement measures to help reflect better scores were rolled out to providers and fixes were made in the background with Mercy
- PE Management tool and Order Set for ED providers.
- Rectified a couple long standing issues within Epic, due to workflow conflicts:
  - o Failed Faxes in Case Management and HIM inboxes
  - Treatment Plans in Inboxes
  - LPL issues within the Problem List
  - Provider result sign off and communications within Inboxes
- Provider Efficiency rollout with Dr Coll. To aid in Provider Burnout efforts
- Complete re-vamp of the Epic Education Intranet page
- Large Epic rollout for the No Surprises Act
- Working on looking deeper into the Onboarding process here at TF, especially with Epic training
- Cyber Incident Response planning kick off with Critical Insight (Current IT Security Vendor)
- 2022/2023 Strategic Session with CIO & IT Director. Planning implementation of a suite of productivity and security tools including, hosted and unified communications systems, Office 365, improved remote clinical capabilities and greater security protections
- Reno facility network switches installed. Still awaiting firewall and access point gear delayed due to supply chain challenges. Circuit schedule to be switch on next week. Still targeting mid-February move
- Actively evaluating current call tree and phone protocols to improved patient and customer experience when contacting our facilities. Taking a structured approach to ensure a strong understanding of each departments/clinic challenges
- Defined, and enforcing, standard RFP Process to ensure solutions and vendors meet clearly defined requirements as established by key stakeholders. Decision made on scored output. This helps reduce cost and/or ensure TFHD investments are better aligned to our needs
- Evaluated 3 vendor solutions surround Privileged Access Management (PAM). This solution will help to restrict the organizations privileged access within an isolated Active Directory Environment.
  - Isolating these accounts reduce the chances the accounts will be stolen and increases administrative visibility to use
- Most recent critical security threat continues to evolve (Log4J). TFHD Security Operations
  maintains close contact with our security partners. Patching/configurations take place regularly
  and systems tested
- Network perimeter penetration testing to take place on March 1<sup>st</sup>. Results will be reported out once results are received
- Simplified Remote Worker on-boarding process to expedite continued operational capabilities during increased remote workforce caused due to Covid
- 781 Helpdesk Tickets Opened 721 Closed in SLA (Helpdesk down to 1 employee at this time)



## **Board CMO Report**

By: Shawni Coll, D.O., FACOG

Chief Medical Officer

DATE: January 18, 2022

## People: Strengthen a highly-engaged culture that inspires teamwork

Build Trust

 Actively working on a plan to address the opportunities found in our Press Ganey Medical Staff Survey.

Attract, develop, and retain strong talent and promote great careers

 We are actively interviewing new primary care physicians to help support our community's healthcare needs.

#### Service: Optimize delivery model to achieve operational and clinical efficiency

Develop integrated, standardized and innovative processes across all services

 Working closely with our consultant, Dr. Gary Grey, to optimize physician service lines.

Use technology to improve efficiencies

 Rolling out a EHR optimization pilot program at the end of this month. If successful, will offer to all ambulatory physicians and APPs.

Implement a focused master plan

Developing a 3 to 5-year plan on space needs for the physicians and APPs.
 Utilizing each space with the most efficiency.

#### Quality: Provide clinical excellence in clinical outcomes

Focus on our culture of safety

Quality Team is actively recruiting for a new position, Patient Safety Officer. This
person will be responsible for the enterprise-wide patient safety plan, Beta
HEART program, and Reliability Management Team.

Identify and promote best practice and evidence-based medicine

- CMT (COVID Management Team) continues to review new data and revise treatment plan based on the newest evidence for treatment of COVID and specifically the Omicron variant.
- We have met with all stakeholders for each of the CMS Star ratings to identify areas to focus to improve our CMS Star rating score.

#### **Growth: Meets the needs of the community**

Explore and engage potential collaborations and partnerships

 We have resigned an agreement with Washoe County Schools to provide athletic trainer support to some of their sports team



## **Board Informational Report**

By: Jim Hook, Corporate

Compliance Consultant, The Fox

Group

**DATE:** January 27, 2022

### 2021 Compliance Program 4th Quarter and Annual Report (Open Session)

The Compliance Committee is providing the Board of Directors (BOD) with a report of the 4<sup>th</sup> Quarter 2021 Compliance Program activities (Open Session). This report includes the annual report for 2021. This report assists the BOD to meet its obligations to be knowledgeable about the content and operation of the seven components of the Compliance Program.

### 2021 Corporate Compliance Program 4<sup>th</sup> Quarter and Annual Report

#### **OPEN SESSION**

Period Covered by Report: January 1, 2021 – December 31, 2021

Completed by: James Hook, Compliance Officer, The Fox Group

#### 1. Written Policies and Procedures

1.1. The District's Corporate Compliance Policies and Procedures are reviewed and updated as needed.

#### 2. Compliance Oversight / Designation of Compliance Individuals

2.1. Corporate Compliance Committee Membership as of December 31, 2021:

Jim Hook, The Fox Group – Compliance Consultants

Judy Newland, RN – Chief Operating Officer

Karen Baffone RN- Chief Nursing Officer

Harry Weis – Chief Executive Officer

Crystal Betts - Chief Financial Officer

Jake Dorst – Chief Information and Innovation Officer

Alex MacLennan - Chief Human Resources Officer

Matt Mushet – In-house Legal Counsel

Scott Baker, Vice President of Physician Services

Theresa Crowe, RN, Privacy Officer and Risk Manager

Bernice Zander, HIM Director

#### 3. Education & Training

- 3.1. All employees are assigned HIPAA Privacy and Security Rule training, and Compliance Program training, via Health Stream.
- 3.2. Code of Conduct and Health Stream compliance and privacy training for new Medical staff members and physician employees are completed as part of initial orientation.

#### 4. Effective Lines of Communication/Reporting

- 4.1. A Compliance log is maintained for all calls to the Compliance Hotline and other reports made to the Compliance Department. No reports were made directly to the Compliance Department in the 4<sup>th</sup> Quarter of 2021. Four reports were made during 2021.
- 4.2. HIPAA violations are reported to the Privacy Officer. The Privacy Officer maintains a log of reported events and investigations. Eight reports were made to the Privacy Officer in the 4<sup>th</sup> Quarter of 2021. A total of 40 reports were made in 2021.
- 4.3. The Compliance Department published one article in the Pacesetter in the 4<sup>th</sup> Quarter of 2021, and a total of eight articles in 2021.

### 2021 Corporate Compliance Program 4<sup>th</sup> Quarter and Annual Report

#### **OPEN SESSION**

#### 5. Enforcing Standards through well-publicized Disciplinary Guidelines

5.1. For all of 2021, existing employees completed 99.7% of HIPPA and Corporate Compliance modules.

One hundred percent of new hires completed HIPPA and Corporate Compliance Health Stream courses in the 4<sup>th</sup> Quarter of 2021. Overall completion by new hires for the year is also 100%.

5.2. All new staff hires, and newly privileged physicians, receive criminal background checks and are checked against the OIG and GSA list of exclusions prior to hiring/appointment. Members of the Medical Staff are checked against the OIG/GSA exclusion lists each month. All employees are screened against the OIG/GSA exclusion list every quarter. All vendors are checked continuously using the vendor credentialing program.

#### 6. Auditing & Monitoring

- 6.1. One audit was completed during the 4<sup>th</sup> Quarter of 2021 as part of the 2021 Corporate Compliance Work Plan.
  - 6.1.1. External CPT/ICD-10 Coding Audit: overall results for two audit periods (Apr-May 2021 and July 2021) were 95% accuracy of 30,478 CPT codes assigned. Accuracy improved between the two periods after 1-to-1 training and "drop-in" sessions for providers. All claims were corrected prior to claims submission.
- 6.2. Eight additional audits were completed in the first three quarters of 2021, and were reported previously.
- 6.3. Nine of ten audits on the 2021 Corporate Compliance Workplan were completed in 2021.

#### 7. Responding to Detected Offenses & Corrective Action Initiatives

Four investigations of suspected and actual compliance issues incidents were initiated. Some investigations revealed no violations; others required remediation and refunds to payers. Remediation measures included: additional staff training, changes in processes, and updated policies and procedures were implemented to prevent further violations.

**8. Routine Compliance Support:** The Compliance Department provides routine support to important TFHD initiatives, such as the terms and conditions of physician compensation arrangements, and questions about billing, and compliance with other laws and regulations.

#### **RESOLUTION NO. 2022-02**

# RESOLUTION OF THE BOARD OF DIRECTORS OF TAHOE FOREST HOSPITAL DISTRICT ADOPTING A POLICY FOR COMPENSATION AND REIMBURSEMENT FOR MEMBERS OF THE BOARD OF DIRECTORS

**WHEREAS**, Tahoe Forest Hospital District (the "District") is a local health care district duly formed and organized under the laws of the State of California;

WHEREAS, under the Local Health Care District Law (Health & Safety Code, § 32000 et seq.) the Board of Directors for the District serves without compensation unless it adopts a resolution authorizing payment of up to \$100 per meeting, up to six meetings per calendar month, as compensation to each Board Member for attendance; and

**WHEREAS**, Health and Safety Code section 32103 requires the Board of Directors, if it desires to compensate Board Members for more than five meetings per calendar month, to annually adopt a written policy describing why more than five meetings per month are necessary for the effective operation of the District.

**NOW, THEREFORE, BE IT RESOLVED**, by the Board of Directors of the Tahoe Forest Hospital District that:

**SECTION 1.** The Recitals above are true and correct and fully incorporated herein by this reference.

**SECTION 2.** The District hereby authorizes payment of up to \$100 per meeting, not to exceed six meetings a calendar month, as compensation to each Board Member for attendance, pursuant to the terms of the Compensation and Reimbursement Policy attached hereto as Exhibit A and incorporated herein by this reference.

**SECTION 3.** The District hereby adopts the Compensation and Reimbursement Policy attached hereto as Exhibit A.

**PASSED AND ADOPTED** at a regular meeting of the Board of Directors of the Tahoe Forest Hospital District duly called and held in the District this 27th day of January, 2022 by the following vote:

AYES: NOES:	
NOES.	
ABSTAIN:	
ABSENT:	
	APPROVED:
	Chair, Board of Directors
	Tahoe Forest Hospital District
ATTEST:	
Martina Rochefort, Clerk of the Board	
Tahoe Forest Hospital District	

Current Status: Active PolicyStat ID: 9201436



 Origination Date:
 05/2000

 Last Approved:
 01/2021

 Last Revised:
 01/2020

 Next Review:
 01/2024

Department: Board - ABD
Applicabilities: System

# **Board Compensation and Reimbursement, ABD-03**

### **PURPOSE:**

To provide compensation and reimbursement to the Board of Directors, consistent with legislative regulations, for the performance of the duties of their office.

### **POLICY:**

- A. As permitted by Health and Safety Code section 32103, of the Local Health Care District Law, and required by the Political Reform Act, the payment of One Hundred Dollars (\$100.00) per meeting not to exceed six (6) meetings a month, is authorized as compensation to each member of the Board of Directors. Each member of the Board of Directors shall further be allowed his/her actual necessary traveling and incidental expenses incurred in the performance of official business of the District.
- B. Pursuant to Health and Safety Code section 32103, subdivision (a), the District finds that more than five meetings per month are necessary for the effective operation of the District because the District operates in a competitive market, often necessitating meetings to effectively resolve time-sensitive matters outside and in addition to its normal meeting schedule. Time-sensitive matters include, but are not limited to, the creation of new or expansion of existing health facilities, programs, or services; the acquisition or leasing of real property; and the consideration of appeals of actions, decisions, or recommendations of the Medical Staff affecting the professional privileges of its membership, which are governed by strict timelines pursuant to statute, local policy and bylaws. In addition, the Board of Directors operates with various standing committees that maintain flexible schedules to ensure prompt consideration of emerging issues. Finally, the District prioritizes fostering and growing community and regional relations, as demonstrated in the 2019-2021 Strategic Plan, which requires Board Members to attend meetings of governmental agencies and community organizations to represent the District. In the past, Board Members have needed to participate in more than five meetings in a calendar month to address significant matters, including but not limited to hiring a Chief Executive Officer. This policy permits the District flexibility to address these important matters promptly when they arise, while compensating Board Members for time spent supporting the District.
- C. For the purpose of compensation, a meeting is defined as:
  - 1. Regular and Special Board Meetings, including but not limited to continued, adjourned and emergency meetings;
  - 2. Board Committee meetings;

- Hospital District meetings at which the Board member is present as a designated Board representative (e.g., Medical Executive Committee, Bioethics Committee, IVCH Foundation, TFHS Foundation, TIRHR Board)
- 4. Meetings of governmental agencies and community organizations, etc. where the Board member is representing the TFHD (i.e., Rotary, Tahoe City Breakfast Club, Truckee Daybreak Club). To be compensated, the Board member must be on the program or speaking to an item on the agenda related to the Hospital District at the request of the Board Chair or President and Chief Executive Officer.
- 5. Conferences, seminars and other educational meetings do not qualify for meeting compensation.
- D. Members of the Board of Directors of the Tahoe Forest Hospital District and their eligible dependents shall be eligible to participate in the health, dental, vision and life insurance programs of Tahoe Forest Hospital District in a manner, including appropriate discounts, comparable to that offered to the Management Staff of the District.

#### PROCEDURE:

- A. Board members are responsible for notifying the Executive Assistant in writing of meetings attended in the prior month, noting the day and purpose of each meeting prior to the last business day of each month.
- B. Board members shall also provide brief oral reports on meetings attended at the expense of TFHD at the next regular Board meeting.
- C. Board of Directors Travel Allowance
  - 1. Meals will be reimbursed up to a daily per diem rate based on the location of the conference subject to IRS per diem guidelines.
  - 2. Air Fare for Board Members only.
  - 3. Parking and/or taxi fees and other transportation expenses will be reimbursed.
  - 4. If driving, mileage will be reimbursed at current IRS rates.
  - 5. Hotel room will be covered in full for Board Member.
    - a. If, however, the lodging is in connection with a conference or organized educational activity that does not qualify as a meeting and is conducted in compliance with California Government Code, Section 54952.2(c), including ethics training required by California Government Code, Section 53234, then lodging costs shall not exceed the maximum group rate published by the conference or activity sponsor as long as the group rate is available to the Board member at the time of booking. If the group rate is not available, then the Board member shall use comparable lodging.
  - 6. Tuition fees for Board Members will be paid in full.
  - 7. Conference educational materials (books, audio tapes, etc.) not to exceed \$50.
  - 8. Receipts are required for all reimbursable expenses.
  - 9. Board members shall use government and group rates offered by a provider of transportation or lodging services for travel and lodging when available.
  - 10. All expenses that do not fall within the adopted travel reimbursement policy of the IRS reimbursable rates shall be approved by the Board, in a public meeting before the expense is incurred.
- D. Upon election or appointment to a seat on the Board of Directors of the Tahoe Forest Hospital District, the

appropriate paperwork which is necessary to complete for enrollment will be given to the Board Member by the Human Resources Department. Coverage will begin on the first of the month following election or appointment to the Board of Directors and completion of the necessary enrollment forms

## References:

California Government Code, §§ 53232.2(d), (e), 53232.3(a), 53235(a), (b) (d). §§54950 - 54963 ; California Health & Safety Code, Section 32103

All revision dates:

01/2020, 10/2017, 11/2015, 01/2014, 01/2012, 01/

2010

#### **Attachments**

No Attachments

## **Approval Signatures**

Step Description	Approver	Date
	Harry Weis: CEO	01/2021
	Martina Rochefort: Clerk of the Board	01/2021

#### Charter

# Governance Committee Board of Directors Tahoe Forest Hospital District

#### **Purpose:**

The purpose of this document is to define the charter of the Governance Committee of the District's Board of Directors and, further, to delineate the Committee's duties and responsibilities.

#### Responsibilities:

The Governance Committee of the Board shall function as a standing committee of the Board responsible for addressing overseeing all governance-related issues. The Committee shall develop, maintain, and implement the necessary governance-related policies and procedures that define the Hospital's governance practices.

#### **Duties:**

- 1. 1. Conduct at least a biennial review of the Bylaws and submit recommendations to the Board of Directors as necessary Board policies.
- 1.2. Ensure board policies are reviewed by their respective committees as required.
- 2. Submit recommendations to the Board of Directors for changes to Bylaws and Board policies as necessary.
- 3. Develop new Board policies and procedures as necessary or as directed by the Board of Directors.
- 4. Advance best practices in board governance <u>including formal board education and board</u> orientation plans.
- 5. Ensure the an annual board self-assessment is conducted no later than December 1.
- 6. Ensure a<u>n annual</u> board goal setting process is conducted<del>-no later than April 30 and reviewed at the October board retreat</del>.

#### **Composition:**

The Committee shall be comprised of two (2) Board members appointed by the Board Chair.

The Board Chair shall serve as Chairperson of the Committee, and the second Committee member shall be appointed by the Board Chair.

#### **Meeting Frequency:**

The Committee shall meet as needed.





## The Role of the Board in Compliance:

- Duty of Care
  - ✓ Act in Good Faith
  - ✓ Prudent Person
  - ✓ Best Interest of the Corporation
- Duty of Care Oversight
  - ✓ Ask Questions
  - ✓ Take Action
- Duty of Care Decision-Making Function
  - Rational
  - ✓ Made in Good Faith
  - ✓ Due Diligence



THE FOX GROUP...





## Seven Elements of an "Effective" Program

- Written policies/Identify Risk Areas
- Oversite: Compliance Officer/Compliance Committee/Board of Directors
- Training and education
- Accessible lines of communication
- Internal Audits and Monitoring focused on Risk Areas
- Respond to detected offenses
- Disciplinary Guidelines

## TAHOE FOREST HOSPITAL SYSTEM CORPORATE COMPLIANCE PROGRAM 2022 TFHS WORK PLAN

Tahoe Forest Hospital System is committed to full compliance with all applicable laws, rules and regulations, and to conduct itself with the highest level of business and community ethics and standards.

**Objectives identified** for focus in the current year relate to the elements of an effective compliance program as defined in the Federal Sentencing Guidelines, items identified in the OIG's ongoing Work Plan, and risk areas identified by the Tahoe Forest Health System.

				ON CO TAR	_		STATUS
OBJECTIVE / ACTION	Assigned To	GOAL	1 <sup>ST</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr	
1. Policies & Procedures							
A. Identify, review and revise P&Ps related to Compliance	CCO/CCA	Policy approval	X	X	X	X	
2. High Level Oversight							
A. Corporate Compliance Officer provides quarterly and annual compliance reports to the Board of Directors. Report.	CEO/CCO	Quarterly and Annual report to Board	X	X	X	X	
B. Board Evaluation of Corporate Compliance Program	CEO/CCO	Evaluation of Compliance Program				X	
C. Compliance Committee Evaluation of Compliance Program	Compliance Committee	Evaluation of Compliance Program				X	
3. Education, Training, & Communication							
A. Education and Training to the Code of Conduct via Health Stream new staff only (C of C)	CHR	100% completion of C of C training	X	X	X	X	
<b>B.</b> Annual Attestation to the Code of Conduct: existing Employees and Physician	CHR/CCO	100% completion of C of C training				X	
C. Health Stream training content related to compliance and HIPAA	CHR/CCO	100% completion of Compliance/ HIPAA Training	X	X	X	X	
D. Values training including HIPAA and Compliance	CHR	100% completion of training of new hires	X	X	X	X	
E. BOD compliance training program	CCO	Annual training for Board of Directors		X			
<b>F.</b> Annual compliance training for Directors, Managers and Supervisors	CCO	Annual/Update training		X			

## TAHOE FOREST HOSPITAL SYSTEM CORPORATE COMPLIANCE PROGRAM 2022 TFHS WORK PLAN

Stream comp  H. Bi-monthly communication to staff using the Pacesetter/other methods (Privacy, Non-discrimination,	GOAL  nual update npleted icles published	ACTI  1ST  Qtr	ON CO TAR  2nd Qtr X	MPLET GET 3rd Qtr	γ 4th Otr	STATUS
G. Medical Staff annual compliance update via Health Stream CHR Annu comp H. Bi-monthly communication to staff using the Pacesetter/other methods (Privacy, Non-discrimination,	nual update npleted	1 <sup>ST</sup> Qtr	TAR 2 <sup>nd</sup> Qtr	GET 3rd	4 <sup>th</sup>	
G. Medical Staff annual compliance update via Health Stream CHR Annu comp H. Bi-monthly communication to staff using the Pacesetter/other methods (Privacy, Non-discrimination,	nual update npleted	Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup>	_	
G. Medical Staff annual compliance update via Health Stream CHR Annu comp H. Bi-monthly communication to staff using the Pacesetter/other methods (Privacy, Non-discrimination,	nual update npleted		Qtr	Qtr	_	
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H. Bi-monthly communication to staff using the Pacesetter/other methods (Privacy, Non-discrimination,		Y				
Pacesetter/other methods (Privacy, Non-discrimination,	icles published	Y				
compliance reporting, etc.)		A	X	X	X	
	stribute to all ndors annually	X	X	X	X	
	dit and Monitor	ing Sourc	e			
Into	ternal Externa	d 1 <sup>ST</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	
	Audit Audit	-	Qtr	Qtr	Qtr	
	X	- VII	201	X	201	
status (2 midnight rule)						
B. Physician payment audit (annual)	X	X				
C. Employee Access Audit - EPIC PRIVACY	X		X			
OFFICER/CCO						
<b>D.</b> Home Health documentation for PPS, including CNO/Dir of	X		X			
documentation of face-to-face visits and new COPs (pending release of new COPs)  Trans Scvs.						
	X			X		
F. Medical record documentation and billing for Transitional CNO/CCA	X	X				
Care Management/Chronic Care Management						
G. Hospice Billing: refunds for cases exceeding the inpatient CNO/Dir	X			X		
and outpatient caps Hospice						
H. Rural Health Clinic Consents (IM/Card, IVCH)  CCO/LA	X		X			
I. Truckee Surgery Center Medical Records/Billing Audit CNO	X				X	
5. Response, Investigation, Corrective Action, Reporting						
A. Respond, investigate, and follow up all Hotline calls/ CCO 100% complaints within 30 days.	% within 30 day	'S				Ongoing
	nely Submission	X				

## TAHOE FOREST HOSPITAL SYSTEM CORPORATE COMPLIANCE PROGRAM 2022 TFHS WORK PLAN

ZUZZ II IID YYOMM I ZIIY							
			ACTI	ON CO TAR	MPLE' GET	ΓΙΟΝ	STATUS
OBJECTIVE / ACTION	<b>Assigned To</b>	GOAL	1 <sup>ST</sup>	2 <sup>nd</sup>	3rd	4 <sup>th</sup>	
			Qtr	Qtr	Qtr	Qtr	
6. Enforcement and Discipline							
A. Enforce Exclusion policy for employees, medical staff	CHR/CCO	Audit for					Ongoing
and vendors		compliance					
7. Responding Promptly to Detected Offenses and Undertaking Corrective Action							
<b>A.</b> Respond, investigate, and report to State and Federal	CCO/CFO	100% timely					Ongoing
authorities for HIPAA and other Compliance issues		completion					

#### TAHOE FOREST HOSPITAL DISTRICT RESOLUTION NO. 2022-03

## RESOLUTION RECOGNIZING AND HONORING THE EFFORTS OF THE VALUED EMPLOYEES AND HEALTHCARE PROFESSIONALS OF THE TAHOE FOREST HOSPITAL DISTRICT

WHEREAS, the TAHOE FOREST HOSPITAL DISTRICT ("District") is a hospital district duly organized and existing under the "Local Health Care District Law" of the State of California; and

WHEREAS, the Tahoe Forest Hospital District mission is to make a difference in the health of our communities through excellence and compassion in all we do; and

WHEREAS, the ongoing pandemic caused by the spread of the novel coronavirus 2019, and the disease caused thereof, has created serious disruptions throughout the region and within our health system; and

WHEREAS, the 2021 Winter Holiday Season brought additional challenges for the health system with unprecedented snow fall, road closures, power outages and surging of the COVID variant "Omicron"; and

WHEREAS, the members of the healthcare team, physicians, nurses, support staff, environmental services and all employees at both Tahoe Forest Hospital and Incline Village Community Hospital worked together to maintain safe and excellent care; and

WHEREAS, throughout this especially difficult time, staff also took care of each other to cover additional staffing needs, carpooling to work and helping one another to remove snow on and around cars buried under many feet of snow; and

WHEREAS, each individual member of our District team, together, have been our first and best defense overcoming challenges twenty-four hours a day, seven days a week; and

WHEREAS, the Board of Directors acknowledges and honors our entire staff on behalf of the communities we serve, and express our gratitude for their hard work, sacrifice and tireless efforts to serve and protect our community during this historic holiday season;

THEREFORE, BE IT RESOLVED the Board of Directors of the Tahoe Forest Hospital District does hereby proclaim its most sincere appreciation and heartfelt gratitude to our health care workers for their selfless efforts and sacrifice to make a difference in the health of our community through excellence and compassion in all they did during these unprecedented and challenging times.

PASSED AND ADOPTED at the meeting of the Tahoe Forest Hospital District Board of Directors held on the 27nd day of January, 2022 by the following vote:

AYES:		 
NOES:		

ABSENT:	
ABSTAIN:	
	ATTEST:
Alyce Wong	Michael McGarry
President, Board of Directors Tahoe Forest Hospital District	Secretary, Board of Directors Tahoe Forest Hospital District



## **Annual Report 2021**

## Wellness Neighborhood & Community Health

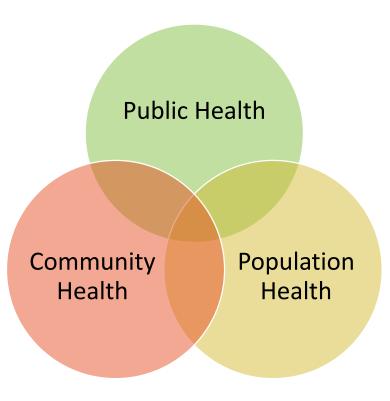
Presented by: Maria Martin, MPH, RDN, Director

# A Long-Term Approach to Health

 Public Health – protecting and improving the health of entire populations (neighborhoods, counties, states etc.); uses policy, research and broad environmental approaches

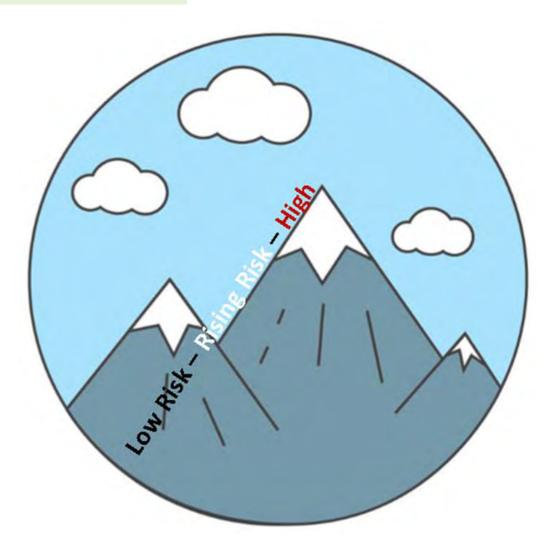
• Community Health – local geography; uses collaborative approaches to meet identified community health needs

 Population Health – Healthcare specific; uses clinicallyfocused interventions to address the needs of patients with specific diagnoses



## A Long-Term Approach to Health

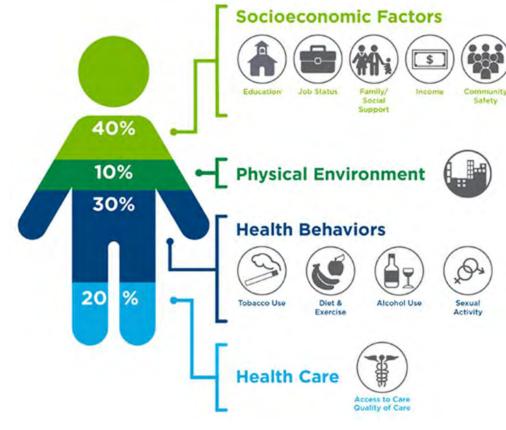
- All three use data to identify at-risk groups and interventions to best target needs.
- All three mutually benefit from understanding and working to address Social Determinants of Health.
- All three are **outcome-driven** to improve health. Outcomes range from:
  - State policies to increase immunization rates (public health),
  - Nutrition education to increase vegetable/fruit consumption (community health), or
  - Increasing depression screening and follow up rates in Primary Care (population health).



# WHY: Benefits of Addressing Population and Community Health

- 80% of health is influenced factors <u>outside</u> of healthcare access and quality of care
- Screening, early identification, and education improves patient outcomes
- Community engagement increases trust, awareness, and linkage to primary care
- Community collaborations leverage limited resources
- Demonstrates accountability to our community members

### What Goes Into Your Health?



## Community Health Needs Assessments (CHNA)

### **Focus Areas**



Mental and Chronic **Behavioral** Disease Health Management Prevention Substance and Wellness Misuse

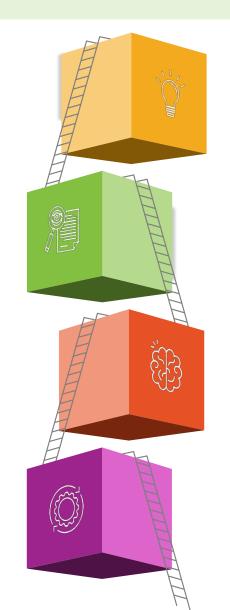
## **HOW:** Addressing Population and Community Health

#### **Individual Care Supports and Navigation**

Community Health Advocates Youth Behavioral Health Navigator Pediatric Medical Nutrition Therapy COVID Contract Tracing and Education

#### **Targeted Collaborations**

Zero Suicide Initiative
Universal Depression Screening
ACEs and Trauma Informed Care
Immunization Coalition
Dental Coalition
Suicide Prevention Coalition



#### **Individual and Group Education**

Self Management Programs
Diabetes Prevention Program
Health Coaching
Nicotine Cessation
Authentic Wellness
Cooking Club
Perinatal Education

#### **Community Outreach and Services**

Harvest of the Month and B-FIT (TTUSD) Affordable Labs Community Health Challenges Health Fairs and Health Screenings

# WHAT: Population and Community Health Achievements for FY 2021

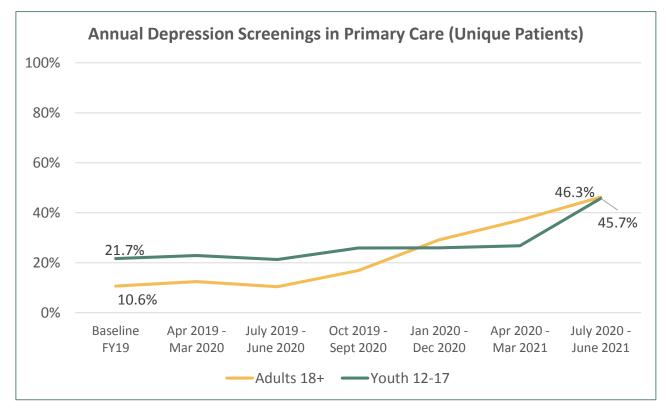
- Behavioral Health
  - Universal Depression Screening
  - Zero Suicide Initiative
- Chronic Disease
  - Health Promotores
  - Nutrition Education
- Prevention and Wellness
  - ACEs and Trauma Informed Care
- Substance Misuse
  - Community Collaboration and Medication Assisted Treatment Therapy

## Mental/Behavioral Health

Increase access to mental and behavioral health services through universal depression screening in primary care and linkage with Behavioral Health Intensivists.



- Pilot study evaluated impact of screening at every visit in adult Primary Care
- Implemented consistent PHQ screening workflow
- Biweekly team meetings to perform continuous quality improvement and refinement
- Implemented plan to assure re-screening between 4-8 months for those with an elevated score
- Demonstrated the need to add two additional Behavioral Health Intensivists, LCSWs
- Disaggregated data to identify potential disparities and areas of need (sex, ethnicity, income and age)
- Drafted the Pediatric depression screening workflow



Popluation	FY2019	FY2021
Adults Screened	982/9235	6900/14,915
Adolescents 12-17	229/1057	688/1504



- Expand suicide prevention activities through safer suicide care.
- Finalized system-wide policy
  - "Management of Patients At-Risk for Depression, Self-Harm, and/or Suicide, AGOV-2101"
    - Consolidates separate department policies into one
    - Includes newly developed practice guidelines
    - Clarifies employee roles in screening and follow up for suicide prevention
- Built <u>Talk Saves Lives for the Workplace</u> into Health Stream
  - Secured Leadership approval to require completion for all TFHS team members
    - 1.5: 1 benefit-cost ratio in investing in suicide prevention
  - Created an introductory video with diverse TFHS staff highlighting the importance of suicide prevention training
- Launched a Zero Suicide Initiative awareness campaign (Sept 2020)
  - Weekly Everyone Emails and Engagement for Suicide Prevention Month
  - Developed the Zero Suicide <u>Intranet Page</u>
  - Promoted the Know the Signs California campaign

### Substance Misuse and Prevention



Supports substance misuse prevention and treatment programs through community collaboration and medication assisted treatment/therapy.

#### **PREVENTION**

- The Basics of Youth Substance Use with Jonathan Lowe, PMH-APRN and Missy Pursel, RN
- Alcohol Edu and expanded the school-based curriculum to include a Rx Module on Opioids
- Collaboration with Tahoe Truckee Future without Drug Dependence to support the Rx Drug Take Back events
- Offered Nicotine Cessation Coaching, including virtual coaching sessions and improved bilingual, smoke-free campus signage
- Promotion of Alcohol Awareness Month and Alcohol-Free Weekend

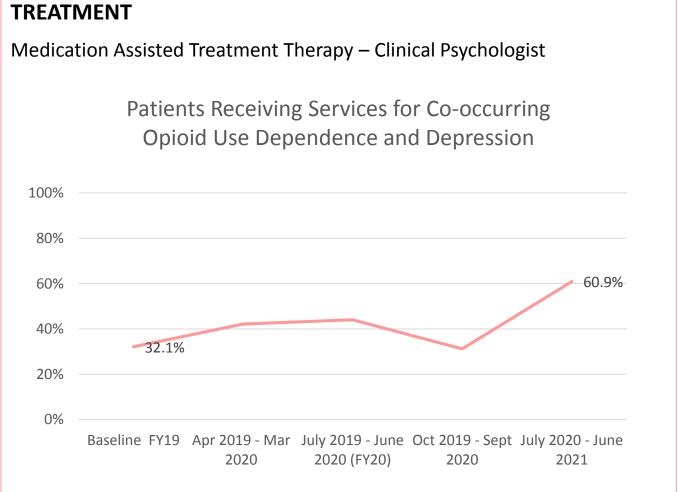
### Substance Misuse and Prevention



Expand substance misuse prevention and treatment programs through community collaboration and medication assisted treatment/therapy.

#### **PREVENTION**

- The Basics of Youth Substance Use with Jonathan Lowe, PMH-APRN and Missy Pursel, RN
- Alcohol Edu and expanded the school-based curriculum to include a Rx Module on Opioids
- Collaboration with Tahoe Truckee Future without Drug Dependence to support the Rx Drug Take Back events
- Offered Nicotine Cessation Coaching, including virtual coaching sessions and improved bilingual, smoke-free campus signage
- Promotion of Alcohol Awareness Month and Alcohol-Free Weekend



Improve health of those with chronic conditions through **Community Health Advocates/Promotores** to prevent and manage chronic disease.



### WHAT IS A HEALTH PROMOTOR/A

- Liaisons between health professionals and social organizations to improve access and address barriers to care
- Public health workers and trusted community members who are part of the TFHS Care Team
- Bilingual/Bicultural
- Trained to offer specialized services:
  - Qualified Medical Interpretation
  - Self Management Program Leaders
  - Health Coaching/Motivational Interviewing
  - Certified Community Health Worker



Improve health of those with chronic conditions through **Community Health Advocates/Promotores** to prevent and manage chronic disease.





## HOW HEALTH PROMOTORES HELP OUR PATIENTS ACHIEVE THEIR BEST HEALTH:

- Community outreach and culturally-appropriate education
- Support groups and workshops
- Assistance in accessing medical, social, and financial resources
- Advocacy on behalf of patients and families
- Helping patients understand and follow their treatment plan
- Identifying and addressing non-medical factors that impact health (i.e. transportation, food insecurity, community connectedness)

Improve general health of those with chronic conditions through **nutrition education** to prevent and manage chronic disease.



## Prevent

**Diabetes Prevention Program** 

**Cooking Club** 

Targeted Nutrition Education Across the Lifespan

Harvest of the Month and B-FIT



Improve general health of those with chronic conditions through **nutrition education** to prevent and manage chronic disease.





## Manage

Nutrition Consultations with Pediatrics, Endocrinology and at the Center for Health

Self Management Programming:
Diabetes, Chronic Disease, Cancer,
Chronic Pain, Building Better
Caregivers

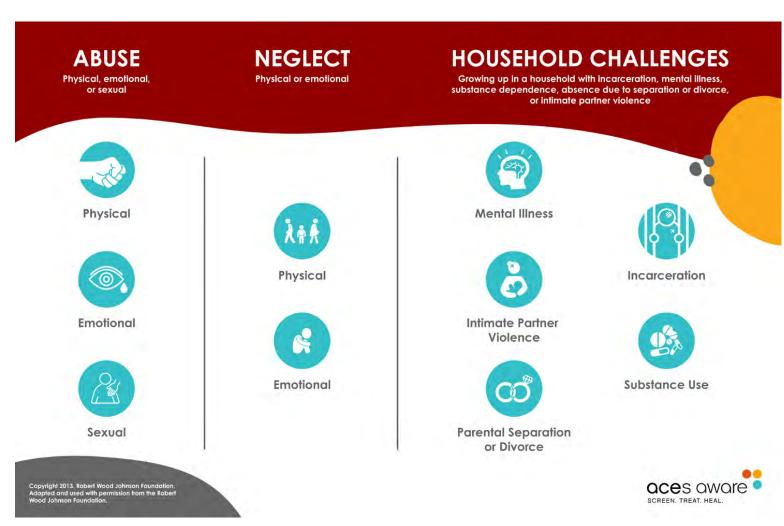
## Prevention and Wellness

Increase health screenings to identify adverse childhood experiences



### What are ACEs?

- Traumatic events that occur in childhood associated
- These events contribute to prolonged activation of the biological stress response – toxic stress
- Dose-response relationship with common health conditions
- ACEs are Common
  - 62% of Californians have experienced at least 1
  - 16% of Californians have experienced 4+



## **Prevention and Wellness**

#### ACE Associated Health Conditions



Those with 4+ ACEs are at greater risk of developing the following health symptoms or conditions.

Symptom/Condition	Odds Ratio	Wellness Strategic Area
Pediatrics		
Asthma	1.7-2.8	Chronic Disease
Overweight/Obese	2.0	Chronic Disease
Depression	3.9	Mental Health
Learning or behavior problems	32.6	Prev & Wellness
First use of alcohol at <14 years	6.2	Substance Misuse
Adults		
Cancer, any	2.3	Chronic Disease
Cardiovascular disease	2.1	Chronic Disease
Suicide attempts	37.5	Mental Health
Violence Victimization (DV, Assault)	7.5	Prev & Wellness
Illicit drug use, any	5.2	Substance Misuse
Alcohol use	6.9	Substance Misuse



## **Prevention and Wellness**





Increase health screenings to identify adverse childhood experiences

- Recipient of the ACEs Aware Trauma-Informed Network of Care Planning Grant; Awarded \$299,300 (Feb 2020 – Sept 2021)
  - Pediatric Clinical Workgroup
  - Community Network of Care Leadership Workgroup
- 21 TFHS Medical Providers completed the ACEs Aware Provider Training; certified to bill
- Developed ACE screening and follow up workflows for a Pediatric pilot; Epic integration
- Created a Network of Care with 6 Community Partners committed to alleviating the trauma of ACEs and toxic stress
  - Evaluated 4 bi-directional, referral platforms to integrate referrals between partners and better support patients, clients, students and families
  - Developed a plan to analyze the feasibility of integrating a bi-directional platform within Tahoe Forest

















## **Annual Report 2021**

## Thank you





## **Annual Report 2021**

## "Alone we can do so little; together we can do so much." - *Helen Keller*

Addressing community health needs from so many angles would not be possible without the support of multiple community collaborations and our medical provider champions. *Thank you to all our partners!* 

### **COMMUNITY PARTNERSHIPS**

ACEs Aware Network of Care

Behavioral Health Advisory Group

**Cancer Committee** 

Community Collaborative of Tahoe Truckee

Crisis Team

Diabetes Task Force

Gateway Mountain Center

Immunization Coalition

Local and County Dental Coalitions

Nevada County Public Health Department

Nevada (State) Office of Suicide Prevention

Placer County Nutrition Action Partnership

Placer County Public Health Department

Sierra Community House

Suicide Prevention Coalition

Tahoe Truckee Future Without Drug Dependence

Truckee Tahoe Perinatal Outreach Team

Tahoe Truckee Unified School District

### PROVIDER CHAMPIONS

Chris Arth, MD, Medical Director

Liana Bailey, FNP-C, Primary Care Mental Health

Chelsea Wicks, MD, ACEs

Jonathan Lowe, PMH-APRN, Zero Suicide

Katina Varzos, PMH-APRN, Zero Suicide

Jen Lang-Ree, PNP, CPNP, Immunization

Megan Shirley, PA-C, MPA, Immunization

Meggie Inouye, PNP, MN, MPH, Lactation, ACEs





### **Annual Report FY21**

Since its inception in 2012, the Wellness Neighborhood has steadfastly pursued long-term, collaborative programming to address the community health concerns identified in our triennial Community Health Needs Assessments.

The Wellness Neighborhood has supported the expansion of clinical services, facilitated new ways to identify those at risk, and implemented new interventions and outreach strategies for all life stages to support our community in achieving its best health.

The initiatives and outcomes presented in this annual report are intended to highlight programming for population health. This is not an exhaustive list of all Wellness Neighborhood and Community Health programs.

Mental and **Behavioral** Health

Chronic Disease Management

Prevention and Wellness

Substance Misuse

### 2021 Highlights

	Universal Depression Screening in Primary Care
TALK SAVES LIVES	Safer Suicide Care
	Substance Misuse Prevention and Counseling
	Nutrition Education to Prevent and Manage Chronic Disease
	Adverse Childhood Experiences
	Health Education and Outreach



#### Increase access to mental and behavioral health services through universal depression screening in primary care.

Fiscal Year 2021 continued grant-supported efforts on early identification of mental and behavioral health needs. Year two of a three-year grant focused on improving depression screening rates in Primary Care. A multi-departmental workgroup identified a consistent screening workflow for adults and secured buy-in from the Primary Care Committee for a three-month pilot to screen every patient at every visit.

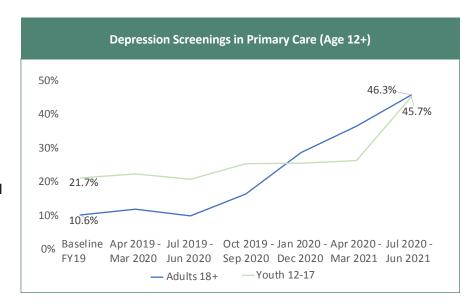
At the end of the pilot, adult Primary Care adopted depression screening at every visit as standard practice. This shift in screening practices directly increased the proportion of adults screened at least annually for depression.

By the end of FY 21, the proportion of adult patients screened increased from 10.6% (982/9235 unique patients) to 46.3% (6,900/14,915 unique patients).

Additional grant funding supported a Pediatric Behavioral Health Intensivist in December 2020 to provide pediatric behavioral health counseling. A multidisciplinary workgroup convened to increase the consistency of annual depression screenings and follow-up care for adolescents ages twelve to seventeen.

By the end of FY21, the proportion of adolescent patients screened increased from 21.7% (229/1,057 unique patients) to 45.7% (688/1,504 unique patients).

Both the adult and adolescent workgroups continue to meet monthly for ongoing collaboration and engagement in quality improvement.



## Tahoe Forest wants to support your mental wellbeing.



Just like your medical provider checks blood pressure and heart rate, providers regularly screen patients for depression.

We're here to help. Please talk to your medical provider if you have any concerns about your mental wellbeing. To set up an appointment, call (530) 582-6205.

#### Expand suicide prevention activities through safer suicide care.

#### **POLICY**

The Zero Suicide Leadership Team consolidated and refined health system policies related to suicide care into a *new system-wide policy* with clear practice guidelines for screening and follow-up.

#### **TRAININGS**

The Zero Suicide Leadership Team also secured administrative support to provide an introduction to safer suicide care *for all Tahoe Forest staff. Talk Saves Lives for the Workplace* was built into HealthStream in FY21 to launch in July 2021. Talk Saves Lives provides the most up-to-date research on suicide prevention including:

- Scope of the Problem -The latest data on suicide in the U.S. and worldwide
- **Research** Information on what causes people to consider suicide, as well as health, historical, and environmental factors that put individuals at risk
- **Prevention** An understanding of protective factors that lower suicide risk, strategies for managing mental health, and importance of self care
- What You Can Do Guidance on warning signs, behaviors to look for, and how to get help for someone in a suicidal crisis





#### **HEALTH SYSTEM ALIGNMENT**

Zero Suicide aligns with other Health System Initiatives around employee mental health including Resiliency Rounds, Peer Support, TalkSpace, and the expansion of wellness dollars for mental health services.

Cultivate an environment that protects community members from the harmful effects of substance use disorders.

## Expand substance misuse prevention and treatment programs through community collaboration and medication assisted treatment.

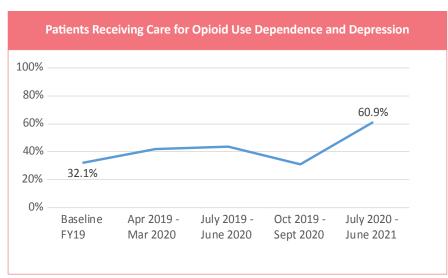
#### **PREVENTION**

The Wellness Neighborhood supports upstream approaches to substance misuse through community education and partner collaboration. Highlights include:

- The **Basics of Youth Substance Use** Community Talk with Jonathan Lowe, PMH-APRN, Psychiatric Nurse Practitioner, and Missy Pursel, RN, Pediatric Care Coordinator (68 attendees)
- Continued **Alcohol Edu** curriculum within Tahoe Truckee Unified School District and expanded this year to include a module on Prescription Drugs and Opioids (319 students)
- Ongoing collaboration with Tahoe Truckee Future without Drug Dependence to support the Prescription
   Drug Take Back events (281.2 lbs of medications collected)
- Continued offering of **Nicotine Cessation Coaching**, including virtual coaching sessions (87 sessions) and improved bilingual, smoke-free campus signage
- Promotion of Alcohol Awareness Month and Alcohol-Free Weekend

#### **TREATMENT**

Wellness supports direct patient care services by securing and managing grant funding for clinical staffing in the Medication Assisted Treatment (MAT) Program. This grant funding supports a clinical psychologist in providing MAT Therapy. The clinical psychologist addresses underlying trauma often present with substance misuse and helps people move into healthy, addiction-free lifestyles, also called recovery.



By the end of FY21, the proportion of adult patients receiving care for both opioid use dependence and depression increased from 32.1% (26/81 unique patients) to 60.9% (109/179 unique patients).



## Chronic Disease Management

Cultivate an environment that supports those with chronic disease in living life to their fullest.

Improve general health of those with chronic conditions through nutrition education to prevent and manage chronic disease.

#### **PREVENT**

- The **Diabetes Prevention Program**, or Prevent T2, is a CDCrecognized, year-long lifestyle change program for people at risk of developing diabetes. During FY21, three cohorts completed the program, and two new cohorts launched, impacting a total of 49 people over the course of 79 sessions. Prevent T2 is offered in English and Spanish.
- **Cooking Club** uses health-supportive cooking demonstrations to inspire healthy cooking creations (25 participants).
- **Nutrition Education Workshops** address nutrition needs across the lifespan including: Nutrition and Your Immune System, Nutrition for a Healthy Pregnancy, Infant and Toddler Nutrition, Eat Local, Nutrition for Cancer Prevention, Nutrition for Health and Vitality, and Thrive Through the Holidays (126 participants).



#### MANAGE

- Medical Nutrition Therapy supports patients in Pediatrics, Endocrinology, and at the Center for Health to create personalized plans to address health concerns, activity patterns, and lifestyle goals (768 consultations).
- In Self-Management Programming, nutrition plays a foundational role in this evidence-based, six-week program that supports patients with chronic conditions. During FY21, seven cohorts convened impacting a total of 53 people over the course of 34 sessions. Self-Management Programming is offered in English and Spanish.

#### **SUPPORT FAMILIES**

- **Building Better Caregivers** is a six-week self-management and support series for those who are a primary caregiver for someone with chronic health conditions (2 cohorts, 13 sessions, 23 participants).
- Harvest of the Month and B-FIT provide school-based nutrition, activity, and wellness programs to support healthy habits for elementary school students (reaching 74 classes and 1,446 children each month).
- Development of the BFF- Behavior, Food, and Fitness program in Pediatrics. This new multidisciplinary approach to pediatric weight management will launch in 2022.

Increase health screenings to identify adverse childhood experiences, and create a network of care to support those at risk of toxic stress.

In response to the increased stress caused by the pandemic, the Wellness Neighborhood focused on expanding health screenings, including depression screenings for youth, and planning for the implementation of new health screenings to identify those impacted by trauma and toxic stress.

The Wellness Neighborhood was awarded an ACEs Aware Trauma-Informed Network of Care Planning Grant by the Office of the California Surgeon General in February 2021. With guidance from ACEs Aware, the Wellness Neighborhood convened two workgroups to advance awareness about Adverse Childhood Experiences (ACEs). The Network of Care Workgroup focused on improving communication and linkage of community members between our community social service agencies, and the Clinical Workgroup focused on developing screening and follow-up processes within Tahoe Forest Pediatrics. Outcomes of the grant included development of an ACEs screening pilot to launch in FY22, building screening tools into Epic, and training and certifying twenty-one TFHS medical providers.



#### GRANTEE

"The objective of the Network of Care grant is to create, augment and sustain formal connections between providers, social service organizations, and community partners to effectively address toxic stress in children and adults through clinical and community interventions following an ACE screening, to prevent future ACEs, toxic stress, and inter-generational transmission, and prevent or assist in treating ACE-Associated Health Conditions."

ACEs Aware, December 2020

#### **BACKGROUND**

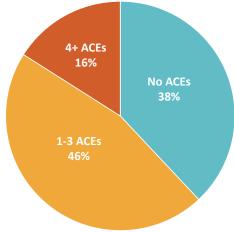
Adverse Childhood Experiences, ACEs, are potentially traumatic events that occur in childhood and fall within the categories of abuse, neglect and household challenges. ACEs

are associated, in a dose-response fashion, with common and consequential health conditions such as asthma, diabetes, depression, heart disease and cancer.

In California, 62% of adults have experienced at least one ACE, and one in six, or 16%, have experienced four or more ACEs.

A person with four or more ACEs is:

- 4.7 times more likely to suffer from depression
- 3.23 times more likely to binge drink
- 2.3 times more likely to have cancer



Prevalence of number of ACEs among California adults

When traumatic events are experienced during early life, it can lead to extended stimulation of the biological stress response. This prolonged stress response, also known as Toxic Stress, disrupts brain and other organ system development (i.e. immune, metabolic and endocrine systems), and is associated with changes in DNA which can be transmitted to future generations.

The good news is toxic stress is treatable. Those with ACEs who receive buffering protections during early childhood, such as safe, stable, and nurturing relationships and environments, may not be affected by toxic stress. Buffering protections are shown to the right in the Stress Busters wheel. Examples of feasible and attainable activities that can help reduce toxic stress and build resilience include family meals, reading with a child before bed, and spending time outdoors in nature.



**Buffering Protections** 

#### **ACES AWARE GRANT ACHIEVEMENTS IN FY21:**

- Medical providers completed and attested to the ACEs Aware Provider Training (21 providers).
- Provided Childhood Depression and Adverse Childhood Experiences, Certified Medical Education with Tracy Protell, MD, Child Psychiatrist (33 attendees).
- Clinical Workgroup trained on The Science of ACEs and Toxic Stress (16 participants).
- Facilitated thirteen collaborative sessions in eight months with Network of Care Partners to improve interagency referral processes, increase shared knowledge of ACEs, trauma-informed care and toxic stress, plan for community education, and explore community-based referral and follow-up technology.
- Facilitated fifteen collaborative sessions in eight months with Clinical ACEs Workgroup to define ACEs clinical screening and follow-up workflows, identify patient education materials and plan for the screening pilot.
- Integrated ACE screening tools into Epic, translated patient educational materials and supported community partners in implementing trauma-informed care into their agencies.



### **Health Education & Outreach**

#### A Sample of Offerings

- Total classes: 1,564
- Total contacts: 25,420



#### Community Health Outreach

Breast Cancer Awareness, Cooking Club, COVID-19 Vaccine Q&A, Healthy Diet and Blood Pressure

48 classes 1,055 participants



#### **Authentic Wellness**

21 classes 280 participants



Hydration

5 challenges 567 participants





### Harvest of the Month/BFit

1,442 (x2) students reached each month in 74 classrooms

#### Mental Health/ Substance

Depression in Adolescents, Alcohol Edu, Basics of Teen Substance Use, Mindfulness

12 classes 146 participants





#### **Chronic Disease**

Prevent T2 (English and Spanish), Building Better Caregivers, Self-Management Program

117 classes132 participants

#### **Perinatal and Family**

Prenatal Education, Breastfeeding Support, Infant & Toddler Nutrition, Infant & Toddler CPR

105 classes 334 participants





### **Community Clinical Offerings**

Affordable Labs, Flu Clinic, Nicotine Cessation, COVID-19 Contact Tracing

115 classes646 participants

#### Employee Produce Program

251 participants 1,503 shares





#### Wellness Neighborhood and Community Health

Maria Martin, MPH, RDN, Director

Eileen Knudson, RN, Director PRIME and Behavioral Health

Chris Arth, MD, Medical Director

Lizzy Henasey, MPH, Population Health Analyst

Maison Power, MS, Community Health Coordinator

Dana Dose, RDN, CDE, LD, Wellness Dietitian (Prevent T2, Pediatrics, Perinatal)

Denice Hynd, RDN, Wellness Dietitian

Betsy Taylor, RDN, Wellness Dietitian (Prenatal)

Reyna Sanchez, MA, Health Promotora, Master Trainer: Self-Management Programs

Victoria Ferris, Health Promotora

Amelia Espinoza, MA, Health Promotora

Lisa Stekert, LCSW, Youth Behavioral Health Navigator

Britte Ginty, RN, Prenatal and Infant CPR Educator

Sandy Deason, RN, Prenatal Educator

Lucy Navabpour, NBC-HWC, PhD, Health Coach

Liz Schenk, NBC-HWC, MBA, Health Coach

Sunee Zrno, LMFT, Care Coordinator: Chronic Pain, PMAD Counselor

Lorna Fichter, RN, Care Coordinator: Million Hearts

Jackie Griffin, RN, Care Coordinator, Master Trainer: Self-Management Programs

Sue Train, MPH, RN, IBCLC, Perinatal Care Coordinator, Lactation Consultant

Tamaro Margraf, RN, IBCLC, Lactation Consultant

Fernanda Campos-Taylor, RN, IBCLC, Lactation Consultant

#### **Tahoe Forest Center for Health**

Wendy Buchanan, MS, *Director* 

Brandy Willoughby, *Customer Care Navigator Manager* 

Gloria Acevedo-Klenk, Customer Care Navigator

Tracy Chaney, Customer Care Navigator

# Services and resources to help you *Rethink Healthy* and achieve your best health.





## Press Ganey Results

Medical Staff Engagement

## Results at a Glance

### PHYSICIAN RESULTS OVERVIEW

Survey Admin: October – November 2021 n=110, 78% Response Rate (2019: 48%)



#### STRENGTHS

- Patient care between shifts is effective
- 90% of providers satisfied with the performance of operating room and emergency room
- High satisfaction with communication and teamwork between nurses and physicians







**♣** (i)

### **Strengths**

Strengths are identified through the application of an algorithm that considers performance score, Percent (%) Favorable, and positive difference from a designated national benchmark.

		Score	vs. Nat'l Physician Avg 2021	Responses
0	Overall, I am satisfied with the performance of the emergency department.	4.37	+0.33	107
2	There is effective teamwork between physicians and nurses at this hospital.	4.51	+0.26	96
(3)	There is effective communication between the nursing staff and physicians regarding patient care.	4.52	+0.26	99
4	Patient care between shifts is effective at this hospital.	4.27	+0.34	78
6	I am satisfied with the performance of operating room services.	4.34	+0.26	58
6	I am satisfied with the clinical care provided by hospitalists at this hospital.	4.40	+0.19	95
0	Overall, I am satisfied with the performance of the nursing staff.	4.41	+0.19	104
8	I am satisfied with the timeliness of obtaining results and/or key information from radiology services.	4.40	+0.17	105
9	I have confidence this hospital will be successful in the coming years.	4.29	+0.16	109
10	This hospital provides high-quality care and service.	4.42	+0.13	109

### Concerns

Concerns are identified through the application of an algorithm that considers performance score, Percent (%) Unfavorable, and negative difference from a designated National Benchmark.

		Score	vs. Nat'l Physician Avg 2021	Responses
0	I am satisfied with the ease of the scheduling process for my patients.	2.82	-0.99	97
2	I rarely lose sleep over work issues.	3.16	-0.31	109
3	I am able to disconnect from work communications during my free time (emails/phone etc.).	3.07	-0.30	109
0	I am satisfied with the recognition I receive.	3.42	-0.42	104
6	I am satisfied with the availability of beds at this hospital.	3.52	-0.32	84
6	I am able to free my mind from work when I am away from it.	3.13	-0.29	109
0	This organization provided training on best practices for virtual visits (e.g., advice on proper body language, lighting/visibility etc.).	2.43	*	42
8	This organization demonstrates a commitment to workforce diversity.	3.45	-0.67	107
9	This organization values physicians from different backgrounds.	3.65	-0.63	103
10	All physicians have an equal opportunity for career advancement regardless of their background.	3.67	-0.45	101

## Summary

	Score	vs. Overall Organization	vs. Nat'l Physician Avg 2021	vs. 2019
Engagement Indicator	4.17	0.00	+0.06	-0.03
Alignment Indicator	3.44	0.00	-0.44	-0.10
Resilience	3.91	0.00	-0.13	-0.04
→ Decompression	3.19	0.00	-0.27	-0.13
	4.63	0.00	+0.02	+0.04
Diversity	3.77	0.00	-0.44	-0.14

## Some comments

- Working for Tahoe Forest is my dream job!
- Have more medical providers in leadership positions, they have worked in medicine and understand Med staff needs and Workflows better than nonproviders.
- [Behavioral Health] Transitioning full time into the MSC site at IMCARD has improved collaboration.
- Hospital is doing a lot of things well. The biggest challenge is manpower and space, keep working on this.
- The leadership from a medical provider was wonderful and everyone who worked in the RIC helped each other every day. I looked forward to going to work every day.
- The way this health system managed COVID was exemplary. It took a huge burden off not having to worry about workplace safety in the midst of the pandemic.

## **Action Plans**

- Understand the data in more detail
  - Hold focus group(s) to identify opportunities for enhancing engagement, alignment and resilience.
  - Identify opportunities to improve the practice environment
    - Work to eliminate identified operational hassle factors
  - Discuss with Medical Executive Committee in detail
    - Achieve consensus on areas of focus
- Identify physician/advanced practice provider champions to assist with action plans based on feedback
- Communicate strategies and tactics that have been developed.
- Report Progress

## Other Action Items

- Collaboratively identify and implement evidence based tools to prevent burnout and enhance resiliency
  - Example: "3 good things"

## In closing

- Overall Engagement Score of 4.17 for Medical Staff which is .06 above the national average
- We had a 78% response rate
- We value the feedback and are working to understand the data in more detail so that we can thoughtfully put actions in place for improvement.
- We will continue to focus on the resilience index which measures early signs of burnout. It is important to us that all employees, including Medical staff find Joy in their work.

## Thank You!