



Fall 2020

Dear Community Supporter,

On behalf of our employees, physicians and volunteers, we hope this note finds you and your family healthy, safe and settled into a “new normal” routine during this challenging COVID-19 pandemic. We began a very careful re-opening of our services in late May, and our clinics, urgent care and emergency rooms are fully open and safe.

Whether you are new to the area or a long-time local, we encourage you to seek timely health care if you need it. We’re here to serve all the healthcare needs of the community, and you can find a full list of primary and specialty care providers on our website, tfhd.com.

If you don’t have a primary care provider in the Truckee/Lake Tahoe area and plan on staying a while, we encourage you to establish yourself with one. Making an appointment is easier than ever with our new single phone number scheduling line for all providers at (530) 582-6205.

Be sure to ask your provider about setting up a *MyChart* account. *MyChart* is an easy, confidential way to access your care team and medical information online, send messages to your provider, refill prescriptions, request appointments or referrals, access test results and much more. Creating an account is easy, it’s free, and you can access it from anywhere, making it a convenient tool to manage your health care.

While there are still some restrictions in place such as our hospital guest visitation policy, all of our services are up and running, including diagnostic imaging for mammography with the new Genius 3D Mammography technology, and also PET/CT/DEXA for screenings, MRI, ultrasound, nuclear medicine and CT services. If you’ve wondered about scheduling an appointment for these services during the pandemic, we want to assure you we’re taking all necessary precautions to keep our community safe.

Now is the time to get a flu shot too, and this year it’s more important than ever. The CDC recommends everyone over the age of six months get a flu shot. Details on our flu shot offerings can be found on our website, tfhd.com. If you have questions about COVID-19 and need assistance, visit our website to see current local statistics and other information about the virus.

We encourage you to keep in touch with us on social media for all the latest health system news, events and updates. As always, I’d like to hear from you about any topic, any time. My goal with this outreach is to communicate with you directly, and hear your feedback about our programs and services. Our mission is to offer relevant primary, specialty and wellness health care services for you and your family, right here in the community. You can reach me via email at info@tfhd.com.

Your health is our number one priority.

With warm regards,

A handwritten signature in black ink, appearing to read "Harry Weis".

Harry Weis
President & CEO
TAHOE FOREST HEALTH SYSTEM