

All youth deserve access to health care.



It's hard being a teen. Childhood is ending and the path to adulthood is beginning. Academic and social expectations are high. Teens are often reluctant to access physical, mental and reproductive health services. This is the time to establish healthy habits.

The **Truckee North Tahoe (TNT) Youth Health Initiative** is committed to linking teens to health services, supports and education. We are working closely with our local health partners to better serve teens.

For help accessing services, please call our Tahoe Forest Hospital Youth Health Navigator at 530-550-6733.



wellness network

Increase community connections, support and health navigation for youth.



emotional well-being

Increase access to mental health services through school-based therapists.



oral health

Increase access to dental treatment and education for youth.



reproductive health

Increase access to reproductive health resources and teen knowledge of reproductive health issues.

Initiative Partners include: Tahoe Forest Hospital District, Tahoe Truckee Unified School District, Tahoe Truckee Community Foundation, Placer County, Nevada County and the Community Collaborative of Tahoe Truckee

