



SPECIAL MEETING OF THE BOARD OF DIRECTORS

RETREAT MINUTES

Wednesday, October 16, 2019 at 9:00 a.m. – 3:00 p.m.

Thursday, October 17, 2019 at 9:00 a.m. – 3:00 p.m.

Truckee Tahoe Airport – Community Room A
10356 Truckee Airport Road, Truckee, CA 96161

Day 1 – Wednesday, October 16, 2019

1. CALL TO ORDER

Meeting was called to order at 9:06 a.m.

2. ROLL CALL

Board: Alyce Wong, Board Chair; Mary Brown, Vice Chair; Sarah Wolfe, Secretary; Art King, Board Member

Staff in attendance: Harry Weis, Chief Executive Officer; Judy Newland, Chief Operating Officer; Crystal Betts, Chief Financial Officer; Karen Baffone, Chief Nursing Officer; Jake Dorst, Chief Information Innovation Officer; Alex MacLennan, Chief Human Resources Officer; Scott Baker, VP of Provider Services; Ted Owens, Executive Director of Governance; Martina Rochefort, Clerk of the Board

Other: James Orlikoff

3. INPUT – AUDIENCE

No public comment was received.

4. OATH OF OFFICE

4.1. Board Member Oath of Office

Art King took his Oath of Office.

Director Chamblin joined the meeting at 9:08 a.m.

5. RETREAT ITEMS FOR BOARD DISCUSSION

No formal action will be taken by the Board of Directors; only direction to staff. Any action items will be agendaized for a Regular Meeting of the Board of Directors.

5.1. Welcome and Opening Comments by Board Chair

Board Chair welcomed everyone to the board retreat.

5.2. National Trends in Healthcare

Speaker James Orlikoff presented to the Board of Directors on national trends in healthcare.

Healthcare is a changing environment and transitioning to care models of the future: volume to value. The entire healthcare industry is caught between models and it is unknown which way it will go. Mr. Orlikoff told board members they can be prepared for inconsistent messaging that will last for a while.

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Cost control was discussed as a focus of the industry. Healthcare has focused on incremental unit cost reduction rather than total cost.

Key interrelated themes

- Total cost of care – affordability
- Consumer Engagement
- Quality and safety
- Governance and leadership

Open Session recessed at 11:00 a.m.

Open Session reconvened at 11:12 a.m.

5.3. National Trends in Healthcare continued

The Board of Directors received a presentation on consumerism and rural hospitals.

Mr. Orlikoff addressed consumerism and its impact to health systems. There is easy access to information on quality and safety.

Mr. Orlikoff reviewed challenges that rural hospitals are facing. 110 rural hospitals have closed nationwide since 2010.

Open Session recessed at 12:13 p.m.

Open Session reconvened at 12:59 p.m.

5.4. Facilitated Discussion

The Board of Directors participated in a discussion on how to remain a vibrant rural system in the face of trends and national challenges.

Access, Convenience and price are key for health care consumers, just like in other businesses. Quality, safety and increasingly patient experience will be a key differentiator.

Mr. Orlikoff discussed disruptors in the market.

The District will compete on how we define quality.

Mr. Orlikoff reviewed how innovation could be disruptive to healthcare. For example, there are Amazon patents in the works that will allow Alexa to identify when a person has a cold.

Discussion was held on super systems. The District needs to be nimble as a small system and leverage its advantages.

5.5. Wrap up of Day 1

Board Members reviewed their key takeaways from day one.

6. ADJOURN

Meeting adjourned at 2:52 p.m.

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Day 2 – Thursday, October 17, 2019

7. CALL TO ORDER

Meeting was called to order at 9:00 a.m.

8. ROLL CALL

Board: Mary Brown, Vice Chair; Sarah Wolfe, Secretary; Dale Chamblin, Treasurer; Art King, Board Member

Staff in attendance: Ted Owens, Executive Director of Governance; Martina Rochefort, Clerk of the Board

Other: James Orlikoff

9. INPUT – AUDIENCE

No public comment was received.

Director Wong joined the meeting at 9:01 a.m.

10. RETREAT ITEMS FOR BOARD DISCUSSION

No formal action will be taken by the Board of Directors; only direction to staff. Any action items will be agendaized for a regular meeting of the Board of Directors.

10.1. Effective Governance of Rural Systems

Mr. Orlikoff presented to the board on governance principles.

Harry Weis, Chief Executive Officer, joined the meeting at 9:12 a.m.

The single most important commodity for a board is their time together as they do not exist outside of meeting. The board is an entity. The authority of the board derives from the whole, not individual members.

Mr. Orlikoff reviewed the fiduciary duties of the board.

10.2. Facilitated Discussion

Discussion was held about committee structure and work plans.

The Board of Directors reviewed actions that bridge between the mission and vision.

Open Session recessed at 12:18 p.m.

Open Session reconvened at 12:43 p.m.

Judy Newland, Chief Operating Officer; Crystal Betts, Chief Financial Officer; Jake Dorst, Chief Information Innovation Officer; Alex MacLennan, Chief Human Resources Officer; Dr. Shawni Coll, Chief Medical Officer; Scott Baker, VP Provider Services and Matt Mushet, In-house Counsel joined the meeting.

10.3. Strategic Plan Update

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TFHD Administration Council reviewed the status of the strategic priorities from the 2019-2021 Strategic Plan. COO noted the process for setting the 2022-2025 Strategic Plan will begin a year from now.

Director Brown departed the meeting at 1:58 p.m.

Administrative Council departed at 2:15 p.m.

10.4. Board Governance

The Board of Directors reviewed past results of their self-assessments. The next self-assessment will be distributed before December 1.

10.5. Wrap up and Next Steps

The Board of Directors discussed future education for early 2020.

11. ADJOURN

Meeting adjourned at 2:56 p.m.