



TAHOE FOREST
HOSPITAL DISTRICT

2026-02-25 Board Community Engagement Committee

Wednesday, February 25, 2026 at 2:00pm

Tahoe Forest Hospital - Eskridge Conference Room

10121 Pine Avenue, Truckee, CA 96161

Meeting Book - 2026-02-25 Board Community Engagement Committee

Agenda Packet Contents

AGENDA

2026-02-25 Board Community Engagement Committee Agenda_FINAL.pdf	3
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ITEMS 1 - 4 See Agenda

5. APPROVAL OF MINUTES

Approval of Minutes 11/12/2025

11-12-2025 Board Community Engagement Committee_FINAL Minutes.pdf	5
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6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

6.1. CHIP UPDATE/ SOCIAL DETERMINANTS OF HEALTH

6.1. Community Engagement Committee February 25, 2026-2.pdf	7
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6.2. 5000 VOICES UPDATE

CEC Presentation Feb. 2026.pdf	18
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6.3. ENVIRONMENTAL STEWARDSHIP UPDATE

No attachment associated with this item.

6.4. CHARTER REVIEW

Community Engagement Committee Charter 2025_0825 FINAL.pdf	24
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6.5. SPONSORSHIP UPDATE

Sponsorship Update for CEC 2.20.26.pdf	25
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6.6. NAVIGATION CENTER RIBBON CUTTING CEREMONY

No attachment associated with this item.

6.7. SMALL WINS

No attachment associated with this item.

7. REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS / ROUND TABLE

8. NEXT MEETING DATE

9. ADJOURN

**BOARD COMMUNITY
ENGAGEMENT COMMITTEE
AGENDA**

Wednesday, February 25, 2026, at 2:00 p.m.
Eskridge Conference Room – Tahoe Forest Hospital
10121 Pine Avenue, Truckee, CA 96161

1. CALL TO ORDER

2. ROLL CALL

Rob Darzynkiewicz, MD, Chair; Mary Brown, Board Member

3. CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA

4. INPUT – AUDIENCE

This is an opportunity for members of the public to address the Committee on items which are not on the agenda. Please state your name for the record. Comments are limited to three minutes. Written comments should be submitted to the Board Clerk 24 hours prior to the meeting to allow for distribution. Under Government Code Section 54954.2 – Brown Act, the Committee cannot take action on any item not on the agenda. The Committee may choose to acknowledge the comment or, where appropriate, briefly answer a question, refer the matter to staff, or set the item for discussion at a future meeting.

5. APPROVAL OF MINUTES OF ♦: 11/12/2025 ATTACHMENT

6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

6.1. CHIP Update/ Social Determinants of Health ATTACHMENT

The Community Engagement Committee will receive an update on the Community Health Improvement Plan along with SDOH.

6.2. 5000 Voices Update ATTACHMENT

The Community Engagement Committee will receive an update on 5,000 Voices.

6.3. Environmental Stewardship Update

The Community Engagement Committee will receive an update on environmental stewardship.

6.4. Charter Review ♦ ATTACHMENT

The Community Engagement Committee will annually review and recommend approval of the committee charter to the full TFHD Board of Directors.

6.5. Sponsorship Update ATTACHMENT

The Community Engagement Committee will review the Sponsorship Committee activities.

6.6. Navigation Center Ribbon Cutting Ceremony

The Community Engagement Committee will receive an update on the TTHAC Ribbon Cutting Ceremony.

6.7. Small Wins

The Community Engagement Committee will share recent small wins.

7. REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS / ROUND TABLE

8. NEXT MEETING DATE The next committee date and time will be confirmed.

9. ADJOURN

*Denotes material (or a portion thereof) may be distributed later.

Note: It is the policy of Tahoe Forest Hospital District to not discriminate in admissions, provisions of services, hiring, training and employment practices on the basis of color, national origin, sex, religion, age or disability including AIDS and related conditions. Equal Opportunity Employer. The telephonic meeting location is accessible to people with disabilities. Every reasonable effort will be made to accommodate participation of the disabled in all of the District's public meetings. If particular accommodations for the disabled are needed or a reasonable modification of the teleconference procedures are necessary (i.e., disability-related aids or other services), please contact the Executive Assistant at 582-3583 at least 24 hours in advance of the meeting.

◆ Denotes Action Item



BOARD COMMUNITY ENGAGEMENT COMMITTEE MINUTES

Wednesday, November 12, 2025, at 1:00 p.m.
Eskridge Conference Room – Tahoe Forest Hospital
10121 Pine Ave, Truckee, CA 96161

1. CALL TO ORDER

The meeting was called to order at 1:02 p.m.

Director Darzynkiewicz read out the Mission and Vision.

2. ROLL CALL

Board Members Present: Director Darzynkiewicz, MD, Chair; Director Brown, Board Member

Staff in Attendance: Anna Roth, President & CEO; Louis Ward, COO; Brian Evans, MD, Chief Medical Officer; Kim McCarl, Chief Strategy Officer; Ted Owens, Executive Director Governance; Maria Martin, Director of Community Health; Lizzy Henasey, Population Health Analyst; Hillary Bayliss, Manager of Care Coordination; Megan Shirley, Population Health Medical Director; Wendy Buchanan, Director of Occupational Health; Karli Bunnell, Executive Director of Foundations; Jen Malone, Communication Manager; Meg Rag, Director of Communications & Marketing; Sydney Shelton, Executive Assistant

3. CLEAR THE AGENDA/ITEMS NOT ON THE POSTED AGENDA

No changes were made to the agenda.

4. INPUT – AUDIENCE

No public comment was received.

5. APPROVAL OF MINUTES OF: August 25, 2025

Director Brown moved to approve the Board Community Engagement Committee minutes of August 25, 2025, seconded by Director Darzynkiewicz.

6. ITEMS FOR COMMITTEE DISCUSSION AND/OR RECOMMENDATION

6.1. Previous Committee Action Items

The committee reviewed the status of the August 2025 Action Items.

- The CEC Charter has been approved.
- TTHAC & Navigation Center: After a historical joint meeting of TFHD, Town of Truckee, Nevada, and Placer Counties, a warming shelter and additional beds were approved in the Town of Truckee. Anna Roth acknowledged TTHAC's leadership.
- Youth Vaping Resolution: ED of Governance to coordinate joint resolution with counties, TFHD, and school districts, beginning with policy development.
- Social Determinants of Health (SDOH): Director of Community Health and Medical Director of Population Health exploring capturing SDOH in intake assessments. 800 screenings for 1200 emissions in 2024 (inpatient) were inaccurate. Currently pediatric is screening for substance use.
- GOAT Trophy: The COO has ordered a new trophy.

ACTION ITEM: Identify inpatient roadblocks and solutions to screening for SDOH; Lizzy and Hillary to collaborate. Leadership to follow up with Hillary.

ACTION ITEM: Explore what is needed to operationalize SDOH assessments.

6.2. Community Engagement Presentation

The committee received an update on the following:

6.2.1 5,000 Voices

6.2.2 Environmental Stewardship Project

6.2.3 2026-2029 Community Health Improvement Plan (CHIP)

6.2.4 Community Health Index

ACTION ITEM: Kim McCarl and Leadership Team to provide 5,000 Voices update at the next CEC meeting.

ACTION ITEM: Ted Owens to reach out to CTA and report back to Kim.

ACTION ITEM: Maria Martin and team will provide a CHIP update at the next CEC meeting.

ACTION ITEM: Staff will provide data for youth substance use in clinics for discussion.

6.3. Report on Sponsorship Committee Activities FY26

The committee heard an update on the Sponsorships that have taken place beginning in July 2025 (FY26).

ACTION ITEM: Staff to include the Sponsorship update and information material in the CEC packet moving forward.

6.4. Small Wins

The committee shared recent small wins and successes from community engagement efforts.

- Louis nominated Ted for TTHAC partnership work.
- Karli nominated Lizzy and Maria for their work on CHNA.
- Ted nominated Lizzy for all the work she has done presenting in the community.
- Mary nominated the Occupation Health and Wellness team for the work they do in the community highlighting the exercise class for adults with down syndrome.
- Anna thanked TFHD leaders and managers for how everyone handled the TB exposure plan, response, and communication with patients, staff, and the community. Many of those involved are sitting amongst this group.
- The GOAT trophy was not awarded during this meeting.

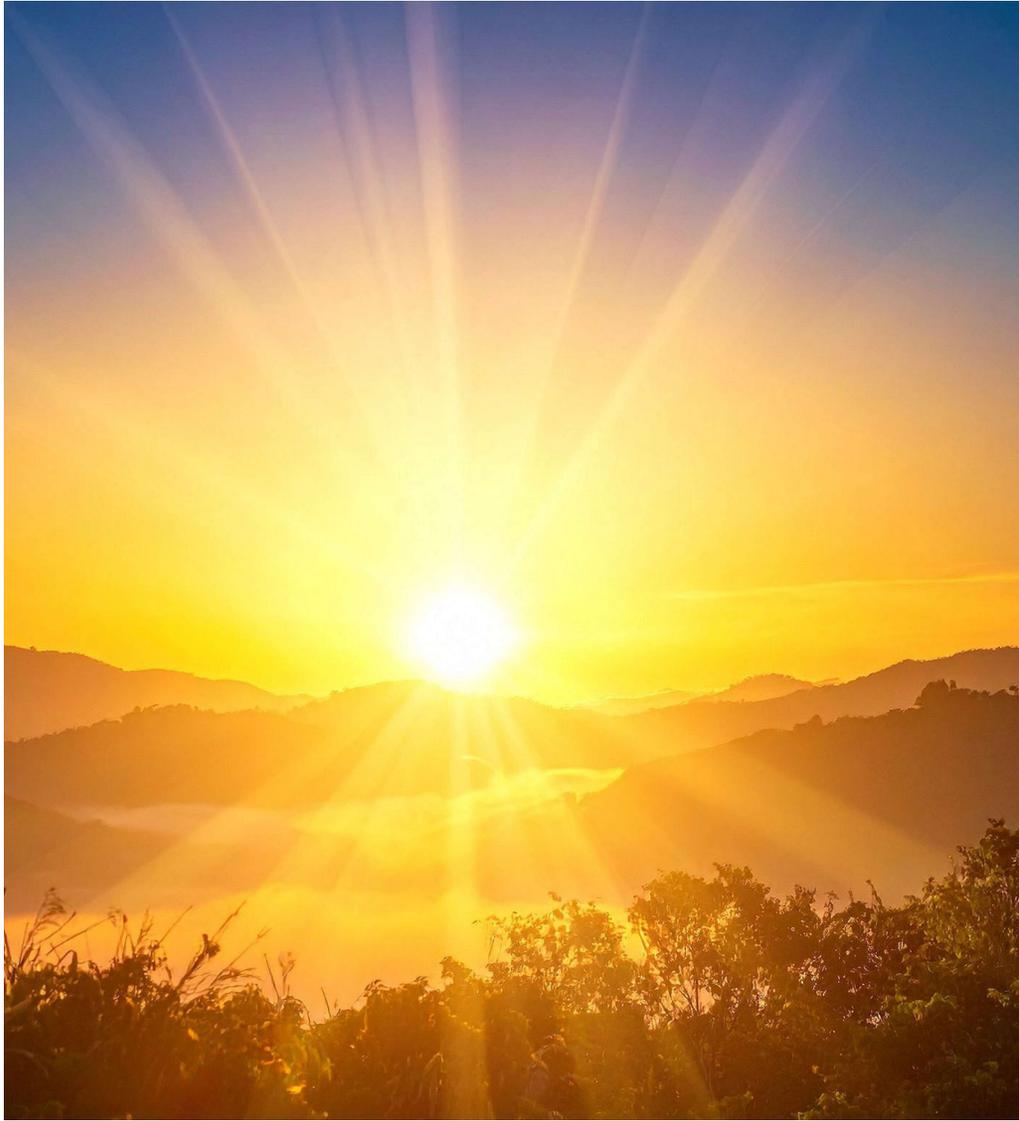
7. REVIEW FOLLOW UP ITEMS / BOARD MEETING RECOMMENDATIONS / ROUND TABLE DISCUSSION

ACTION ITEM: Anna will give the CEC committee a report on the progress of a mobile clinic.

8. NEXT MEETING DATE

The next meeting is tentatively scheduled for February 2026.

9. ADJOURN: Meeting adjourned at 2:39 p.m.

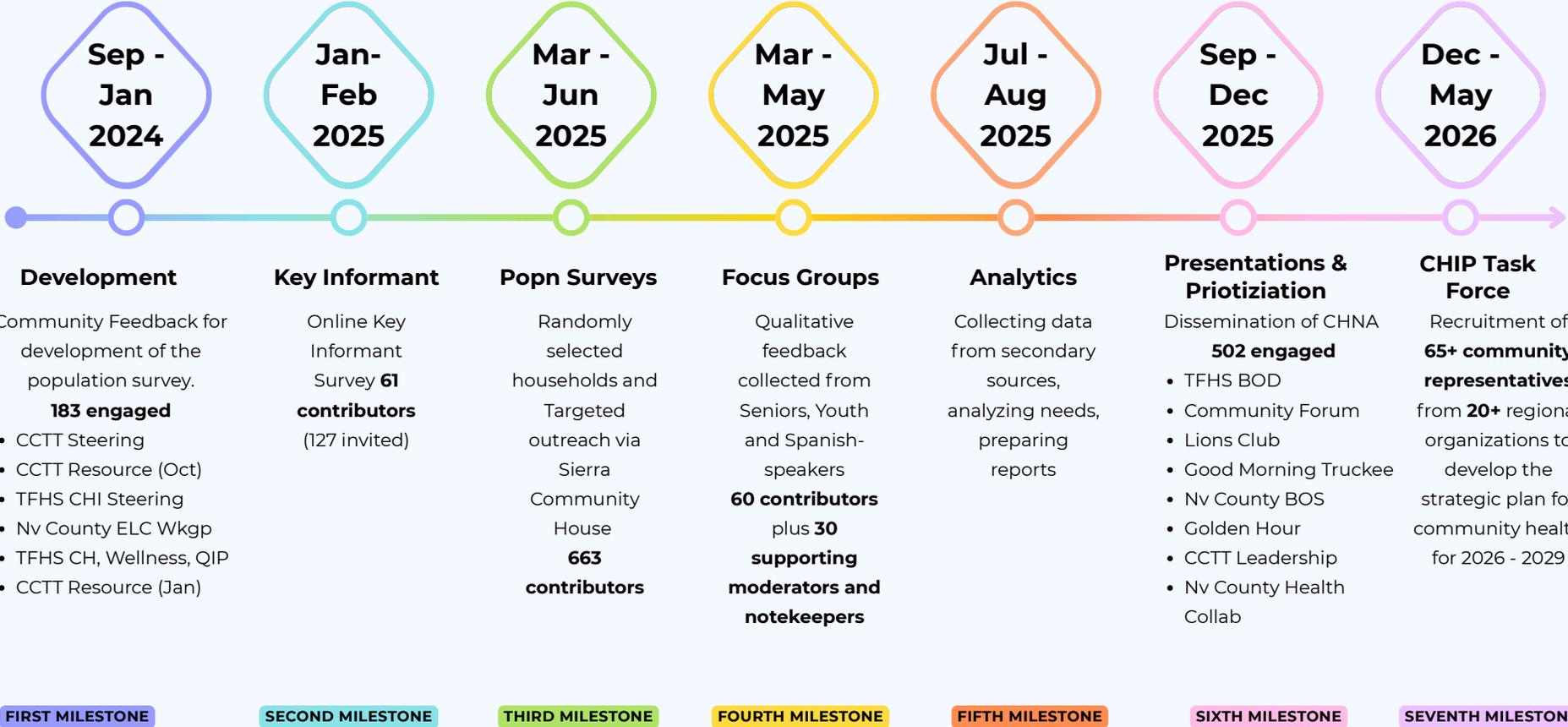


2025 Community Health Needs Assessment (CHNA) & 2026 Community Health Improvement Plan (CHIP)

Lizzy Henasey, MPH, DrPH(c)
Population Health Analyst
TFHS Community Health

Community Engagement Committee
February 25, 2026

TFHS CHNA to CHIP Timeline of Outreach and Engagement

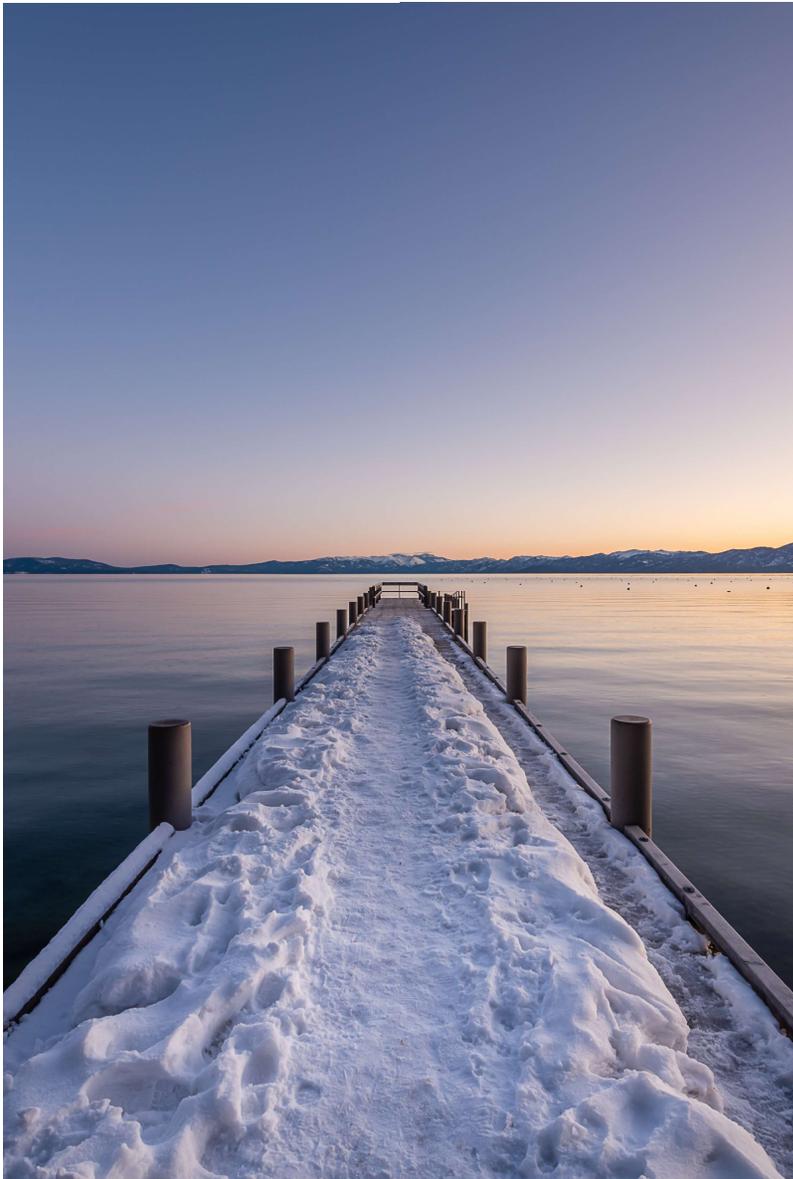


Prep and Launch

Use QR Code or Click here
for 11-minute VIDEO:
History of Community
Health Improvement Plan
Approaches

Lizzy Henasey, MPH
ehenasey@tfhd.com
December 5, 2025





As we move forward into our Kickoff meeting on Wednesday December 10th some options to contemplate:

- How many **Priority Areas** are realistic?
- How can **Goals** and **Objectives** be defined and measured? (SMART vs. Broad)
- What **Strategies** are feasible and sustainable?
 - Who is the Lead?
 - How would it be Implemented?
 - When to Start?
 - How will we measure Success?
 - What Budget and Resources are needed?

Measurement of Success:
Consensus on Priority Areas

CHIP Task Force Roles and Responsibilities

- **GOAL: By June 30, 2026 the Community Health Improvement Plan is ready to present to the TFHS Board of Directors.**
 - **Further prioritizing key areas of need** to ensure resources are directed where they can have the greatest impact.
 - **Supporting the development of goals, objectives, and strategies** to address the needs identified in the 2025 CHNA.
 - **Developing a budget and resourcing plan** for strategic initiatives prioritized through this process.
 - **Approaching problem-solving through a community-centered lens**, while appropriately balancing feasibility and long-term sustainability.

Community Ranking out of 16 health topics

1

Key Informants

1. Substance Use
2. Social Determinants
(housing, food insecurity)
3. Mental Health
4. Access to Healthcare
5. Oral Health
6. Tobacco Use

2

Community Forum

1. Mental Health
2. Food Insecurity
3. Substance Use
4. Access to Healthcare
5. Preventive Care
6. Chronic Conditions

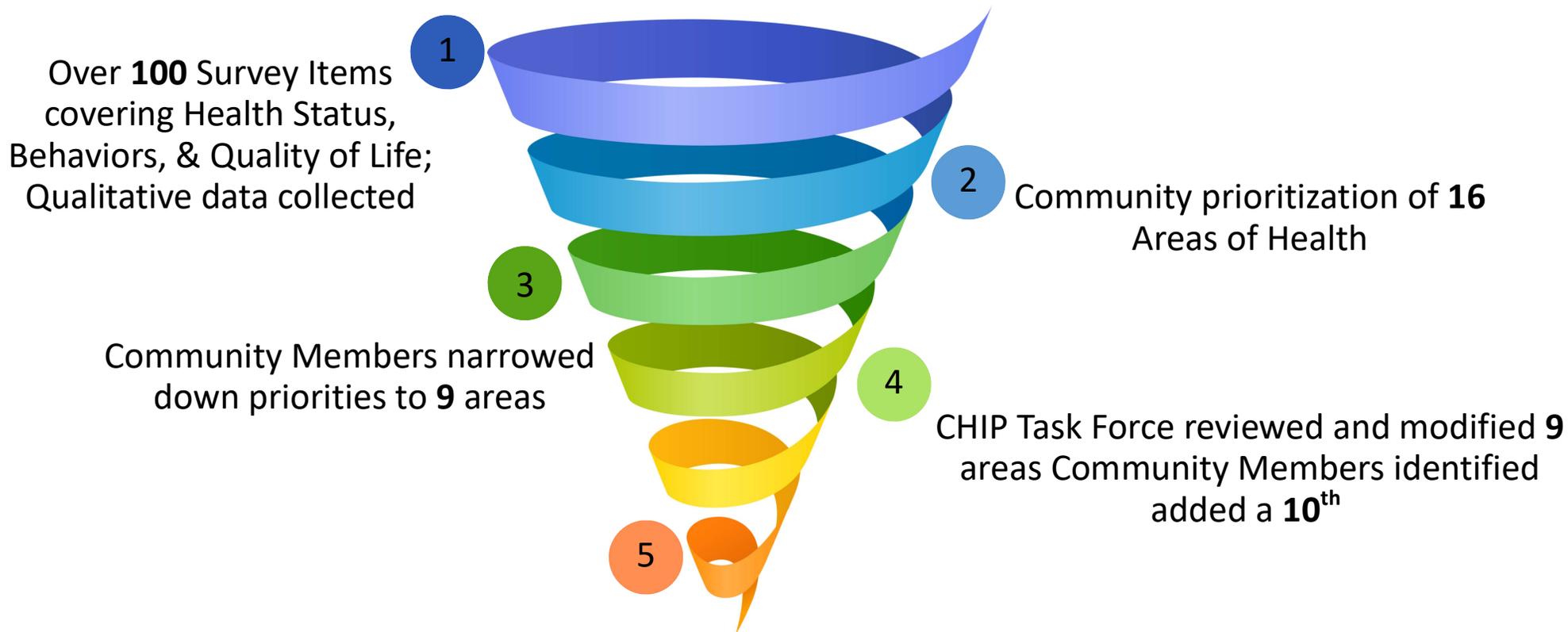
3

Lions Club Free Health Fair

1. Housing
2. Access to Healthcare
3. Oral Health
4. Mental Health
5. Preventive Care
6. Substance Use

Need	CHIP Priority Area
Access to Care	Transportation
Mental Health/Substance Use	Mental Health/Substance Use
Social Drivers of Health/Basic Needs	Food Insecurity





CHIP Priority Areas Identified:

- **Mental Health/Substance Use**
- **Food Insecurity**
- **Transportation to Access Healthcare**



CHIP Task Force

Guiding Questions for each Priority Area

- 1. What population group is most impacted by this community health need?**
- 2. What are the gaps/barriers associated with this community health need?**
- 3. What are the existing assets and resources that address this community health need?**
- 4. What are potential activities that can further address this community health need?**
- 5. How would you measure the impact of the potential activity in addressing the community health need? Partnerships? Funding?**

Timeline



1/30/26 – Mental/Substance
2/11/26 – Food Insecurity
2/25/26 – Transportation

Subcommittee CHIP
Template Discussion

3/16/26

Review of DRAFT
Goals, Objectives,
Strategies for each
Priority Area

4/22/26

Review of DRAFT
Goals, Objectives,
Strategies for each
Priority Area

5/20/26

Review of DRAFT CHIP



Thank you!

Questions?

Lizzy Henasey, MPH, DrPH(c)
Population Health Analyst
TFHS Community Health

Community Engagement Committee
February 25, 2026

Community Engagement Committee 5,000 Voices Update

Kim McCarl
February 2026



5,000 Voices

Community Sentiment

- 😊 16% positive
- 😐 35% neutral
- 😞 47% negative

What's Working

- Strong clinical quality across ER, OR, lab, pharmacy, orthopedics, OB-GYN, pediatrics
- Long-term patient loyalty and gratitude for local services



Top Concerns

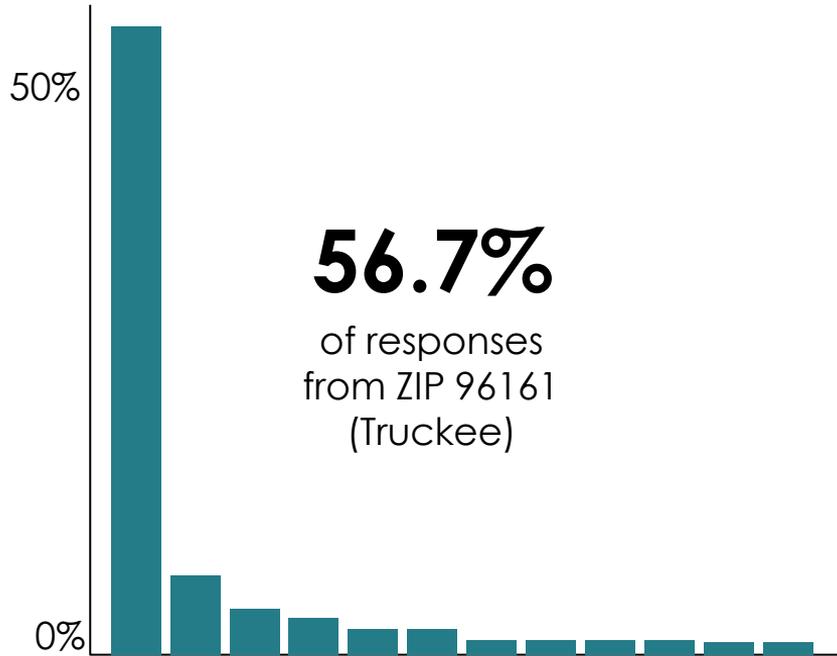
Access: wait times of 2–6 months; limited same-day availability

Cost: services perceived as significantly higher than Reno

Billing: delayed refunds, confusion over coverage

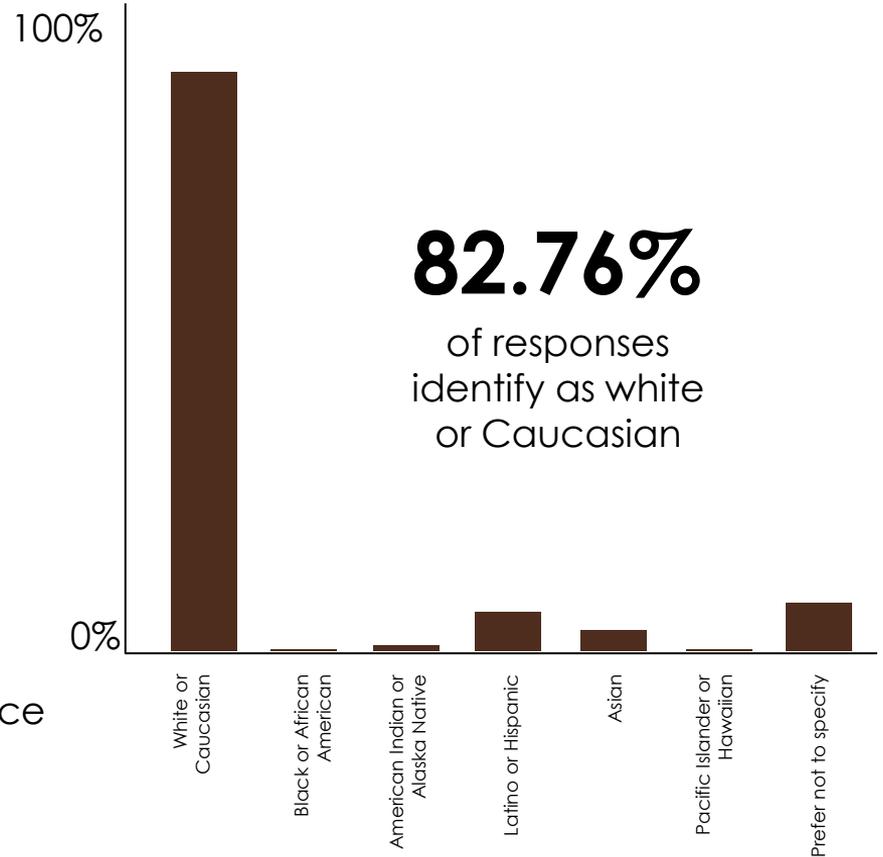
Staffing: need for more primary care providers and specialists

5,000 Voices



56.7%
of responses
from ZIP 96161
(Truckee)

Feedback spans the full health system service area including Incline Village, Kings Beach, Tahoe City and surrounding communities.



82.76%
of responses
identify as white
or Caucasian

5,000 Voices

Positive

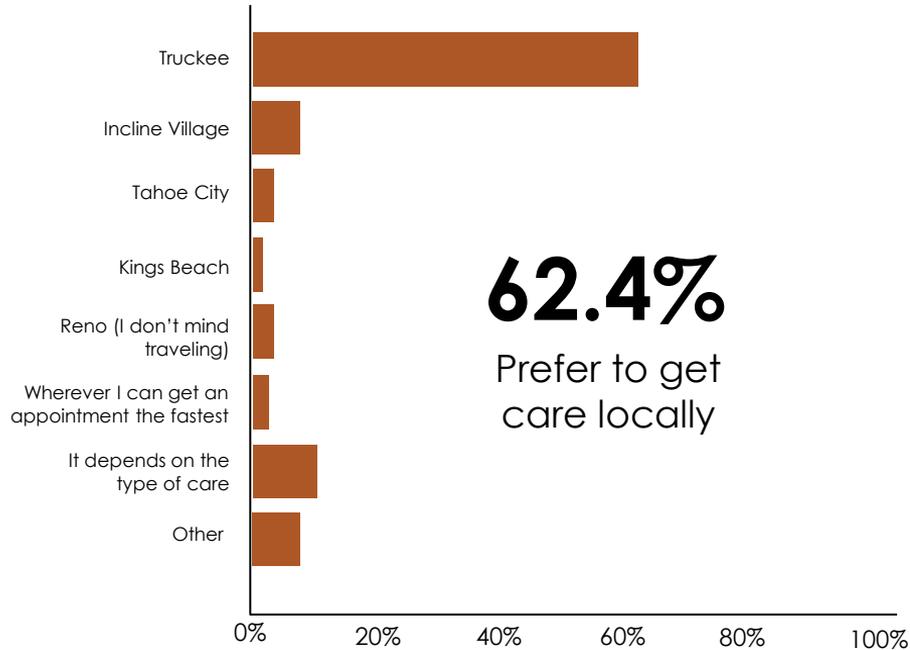
"I've been a TFH patient since 1974, and you've been growing every step of MY way. Keep up the Good Work!"

Negative

"It is super frustrating how hard it is to get an appointment for basic care - both an annual check up and a specific need. I typically have to wait six months for a basic appointment and 2-3 months for something I want to get checked out."



5,000 Voices



Key Takeaways

Community values quality of care

Priority gaps:



Access



Billing clarity



Affordability



Communication

Questions?





BOARD COMMUNITY ENGAGEMENT COMMITTEE CHARTER

Purpose

The Community Engagement Committee of the hospital district board is established to oversee and guide methods by which Tahoe Forest Health System can be an integrated partner in a more healthy community. The Committee ensures collaboration between the health system and its community partners through active listening and advocacy for our public. The Committee will support Tahoe Forest Health System's focus on health in addition to healthcare.

Responsibilities

- Aid in the identification of unmet, community health needs and the means by which those gaps can be filled.
- Assist in strategic plan and budget for the community benefit, health and wellness services offered to our community.
- Provide a collaborative space for open ideas, active listening and creative problem solving for community health and wellness.
- Aid in the identification of qualitative and quantitative metrics to track Committee engagement and progress.
- Aid in the identification of community partners to convene, discuss and collaboratively implement strategies to improve community health.
- Assist in employing various media to engage the public and regularly share Tahoe Health System's progress on and investment in community health.
- Aid in assisting a summary report for the public on all activities of the Tahoe Forest Health System as it relates to community health. This may include cost, partners, community health issues (current and future) and planning.

Guiding Principles

- Focus on Community Health
- Build Trust Through Collaboration
- Be Agile and Evolve as we Learn
- Prioritize Health over Healthcare
- Remain Curious

Composition

The committee will consist of two (2) members of the Tahoe Forest Hospital District Board of Directors.

Meeting Schedule:

The committee will meet quarterly.

Sponsorship Monthly Tracking

Month	Total Requested	Total Awarded
July	\$ 22,600.00	\$ 7,100.00
August	\$ 21,250.00	\$ 11,250.00
September	\$ 20,000.00	\$ 8,475.00
October	\$ 13,500.00	\$ 5,000.00
November	\$ 7,500.00	\$ 6,500.00
January	\$ 21,500.00	\$500.00
February	\$ 26,200.00	

* 4 Sponsorship Requests rolled to February

Grand Total	\$ 132,550.00	\$ 38,825.00
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	Application Date	Event Date	Organization	Event Name	Tax ID	Requested Amount	Address	GL Charged	Prior Sponsorship	Funded	Amount	Check Submitted
November	10/31/2025	12/6/2025	Glenshire Elementary PTO	Holiday Breakfast	86-1123441	\$2,000.00	10990 Dorchester Dr Truckee, CA 96161-1537	18630-707	Yes \$1,000 in FY25	YES	\$1,000.00	12/1/2025
	11/14/2025	1/1/2026	Truckee Chamber of Commerce	Good Morning Truckee	68-0017285	\$5,000.00	10065 Donner Pass Rd Ste A	18630-707	Yes \$5,000 in FY25	YES	\$5,000.00	12/1/2025
	11/13/2025	12/13/2025	Truckee Tahoe Community Chorus	Supporting two concerts 12/13-14/2025	27-1045394	\$500.00	P.O. Box 10756 Truckee, CA 96162	18630-707	No	YES	\$500.00	12/1/2025

\$7,500.00

TOTAL \$6,500.00

	Application Date	Event Date	Organization	Event Name	Tax ID	Requested Amount	Address	GL Charged	Prior Sponsorship	Funded	Amount	Check Submitted
Dec/Jan	1/21/2026	NA	Big Blue Adventure	Event production	Will Provide	TBA	P.O. Box 6676 Tahoe City, CA 96145	18630-707	Yes	Pending Additional Info		
	1/22/2026	3/28/2026	CHP Women's Running Team	Baker to Vegas Challenge Cup Relay	39-3931631	\$3,000.00	601 N 7th Street ste. A-170 Sacramento, California 95811	18630-707	No	Pending Additional Info		
	1/8/2026	6/7/2026	Joy Foundation	4th Annual Tahoe Joy Festival	38-4342601	\$1,000.00	PO Box 614 Tahoe City, CA 96145	18630-707	Yes	Yes	\$500.00	1/27/2026
	1/14/2025	5/1/2025	Mountain Area Preservation	The Wild and Scenic Film Festival (WSFF)	68-0148964	\$5,000.00	Po Box 25 Truckee, CA 96160	18630-707	Yes	Pending Additional Info		
	12/1/2025	3/2/2026	North Tahoe School	Steam Program (Science, Technology, Engineering, Art, and Math)	94-6003109	\$7,500.00	2945 Polaris Rd, Tahoe City, CA 96145	18630-707	No	Pending Additional Info		
	12/5/2025	4/15/2026	Tahoe- Truckee USD, Sierra Continuation High School	International Wild life Film Festival	68-0173169	\$5,000.00	11603 Donner Pass Road	18630-707	No	No	NA	NA

\$21,500.00

TOTAL \$500.00

	Application Date	Event Date	Organization	Event Name	Tax ID	Requested Amount	Address	GL Charged	Prior Sponsorship	Funded	Amount	Check Submitted
Feburary	1/23/2026	2/1/2026	ASC Legacy Foundation	Sponsorship of ASC Training Center	94-3049083	\$5,000.00	19749 Boreal Ridge Road Soda Springs, CA 95728	18630-707	No			
	2/3/2026	4/18/2026	Camp Kesem at University of Nevada	Make the Magic Gala	51-0454157	\$2,500.00	1664 N Virginia Street Reno, NV 89557	18630-707	No			
	1/28/2026	5/8/2026	Child Advocates of Nevada County	Evening of Promise - Fundraiser Dinner	68-0317841	\$5,000.00	200 Providence Mine Road Suite 210	18630-707	Yes, \$5,000			
	2/12/2026	7/12/2026	Friends of Truckee Boys Soccer	Tournament in Sweden	33-319806	\$3,000.00	10822 Blueberry Rd, Truckee CA 96161	18630-707	No			
	2/12/2026	3/19/2026	Sierra Expeditionary Learning School	Gratitude Night	27-1627347	\$1,000.00	11603 Donner Pass Road Truckee, CA 96161	18630-707	Yes, \$700			
	2/14/2026	NA	Tahoe Cross Country Ski Education Association	N/A General Program Request	68-0431295	\$3,500.00	PO Box 7260 Tahoe City, CA 96145	18630-707	No			
	1/30/2026	3/14/2026	Truckee Host Lions Club	12th Annual St. Paddy's Day Fundraiser	23-7408565	\$200.00	P.O. Box 3386 Truckee, CA 96160	18630-707	Yes, \$200			
	2/11/2026	1/1/2026	Truckee Little League	Season Sponsorship	68-0324705	\$6,000.00	PO Box 9739 Truckee, CA 96161	18630-707	Yes, \$6,000			

\$26,200.00

TOTAL \$0.00